

Session Two – Complete before Friday

Project A (15 minutes – Complete individually and then share together)

A Modern Stone-Age Family

Read the following case study and discuss thoughts that might complete the blanks at the end.

Case Study

Wilma was getting fed up. Every night Fred came home from a hard day at the quarry and plopped in front of the TV to watch Championship Rock-Wrestling. He barely uttered a grunt the whole evening except for the noises he made while chowing down the brontosaurus ribs Wilma had prepared. Fred often ignored Pebbles and Dino, and he left Wilma to bear the brunt of the cavework and parenting chores. Wilma was so tired at night that she usually was asleep before Fred came to bed. Finally Wilma was ready to explode, and one Saturday she confronted Fred.

Wilma says:

Fred responds:

Wilma counters:

Fred says:

After a few minutes of having fun with this scenario, discuss the following questions:

- What kinds of communication problems are Fred and Wilma experiencing?
- How have their priorities affected their communication? their relationship?
- How could they improve their communication?

Project B (Throughout the week - Complete individually)

Time inventory.

Trying to be as disciplined in this task as your interest and commitment to your marriage may inspire you, log in the chart below how many hours do you spend each day doing the type of activities described. Try to be as accurate as possible. We'll share together the results the next time we meet.

	1st Week							
	F	S	S	M	T	W	T	
Sleeping								
Working (from home leave to home arrive)								
... in traffic to other places								
Church activities Sunday morning, Sunday night, Small groups etc								
Personal hobbies - sports								
Tv and pers entert								
Personal Bible study and devotional time								
Family activities								
Home chores								
Time with spouse to just hang out								
Intimate time with spouse (.....)								
Other								
Other								

	2nd Week							
	F	S	S	M	T	W	T	
Sleeping								
Working (from home leave to home arrive)								
... in traffic to other places								
Church activities Sunday morning, Sunday night, Small groups etc								
Personal hobbies - sports								
Tv and pers entert								
Personal Bible study and devotional time								
Family activities								
Home chores								
Time with spouse to just hang out								
Intimate time with spouse (.....)								
Other								
Other								