

Torneio dos 100 (Cadetes)
Pombal, 16.5.2010

Prova 1
16.5.10 - 10:00

Femin., 4 x 100m Livres

Cadetes
Lista inscritos

1 Desportivo Náutico da Marinha 1	DNMG	5:31.28	5 Desportivo Náutico da Marinha 3	DNMG	6:52.90
2 Desportivo Náutico da Marinha 2	DNMG	6:09.18	6 Pimpões/Cimai 1	PIMP	NT
3 Núcleo Desporto Amador de Pombal 3	NDAP	6:43.13	7 Benedita Sport Club Natação 1	BSCN	NT
4 Alcobaça 1	CNAL	6:49.38			

Prova 2
16.5.10 - 10:07

Masc., 4 x 100m Livres

Cadetes
Lista inscritos

1 Desportivo Náutico da Marinha 1	DNMG	5:13.63	6 Pimpões/Cimai 99	PIMP	NT
2 Desportivo Náutico da Marinha 2	DNMG	5:25.46	7 Óbidos Patrimonium, E.M. 1	OP	NT
3 Pimpões/Cimai 98	PIMP	5:39.83	8 Académico de Leiria 2	ASAL	NT
4 Alcobaça 1	CNAL	5:52.08	9 Académico de Leiria 1	ASAL	NT
5 Núcleo Desporto Amador de Pombal 2	NDAP	6:58.87			

Prova 3
16.5.10 - 10:22

Femin., 100m Mariposa

Cadetes
Lista inscritos

		Ano			
1 ROCHA, Sara Mafra	99	CNAL	1:32.65	7 GOMES, Ines Faustino	00 CNAL NT
2 SILVA, Maria Santos	99	DNMG	1:37.22	8 ANJOS, Jessica Casal	00 CNAL NT
3 FERNANDES, Ana Carolina	99	NDAP	1:41.21	9 SILVA, Filipa Andreia	00 CNAL NT
4 VIEIRA, Matilde Correia	00	CNAL	1:48.34	10 PECA, Sara Conceicao	99 ASAL NT
5 RAPOSO, Mariana Luis	99	PIMP	1:58.51	11 MARTINS, Carolina Santos	99 ASAL NT
6 SILVA, Ines Rocha	00	CNAL	NT		

Prova 4
16.5.10 - 10:30

Masc., 100m Mariposa

Cadetes
Lista inscritos

		Ano			
1 SILVA, Diogo Vicente	98	DNMG	1:29.93	10 PEDROSA, Francisco Pereira	99 IDV NT
2 RODRIGUES, Diogo Filipe	98	ASAL	1:30.58	11 ALMEIDA, Pedro Alves	99 CNAL NT
3 FABIAO, Goncalo Silva	99	ASAL	1:33.70	12 TOMAS, Francisco Xavier	00 CNAL NT
4 COELHO, Andre Pereira	98	CNAL	1:35.11	13 RUIVO, Andre Vilas	00 DNMG NT
5 SANTOS, Daniel Ferreira	99	NDAP	1:39.63	14 RIBEIRO, Andre Vitorino	98 CNAL NT
6 TENREIRO, Ricardo Luis	98	ASAL	1:40.53	15 FAUSTINO, Tiago Correia	99 CNAL NT
7 CUSTOIAS, Diogo Vicente	00	BSCN	1:46.64	16 MATOS, Andre Mendes	00 CNAL NT
8 JERONIMO, L.	00	NDAP	NT	17 VICENTE, Diogo Alexandre	98 INDAL NT
9 VASCONCELOS, J.	98	ASAL	NT	18 SILVA, David Vieira	00 ADPM NT

Prova 5
16.5.10 - 10:40

Femin., 100m Costas

Cadetes
Lista inscritos

		Ano			
1 PEREIRA, Joana Sousa	99	ASAL	1:23.17	12 MIRRA, Diana Sofia	00 ASAL 1:45.45
2 FERREIRA, Ana Sofia	99	PIMP	1:25.80	13 ABREU, Marta Beatriz	99 DNMG 1:49.47
3 FERREIRA, Ines Cunha	99	DNMG	1:29.99	14 MARQUES, Carolina Correia	99 BSCN 1:52.01
4 VARGAS, Giovanna Vaz	00	DNMG	1:31.78	15 REBELO, Ana Sofia	00 BSCN 1:52.30
5 MONTEIRO, Frederica Dinis	99	AHBVCR	1:31.84	16 REGO, Madalena Amador	01 CNPE 1:53.38
6 MENDES, Tania Cristina	99	IDV	1:31.98	17 VITORINO, Rita Agostinho	01 CNPE 1:55.74
7 CONCEICAO, Margarida Neves	00	CNPE	1:38.88	18 MARREIROS, Ana Joao	00 NDAP 1:56.56
8 SOUSA, Alice Margarida	00	DNMG	1:41.35	19 CRISTOVAO, Mariana Rosendo	99 OP 1:58.73
9 MARTINS, Lara Ferreira	00	DNMG	1:43.71	20 FERREIRA, Catarina Reis	00 OP 1:59.53
10 LIMA, Ana Carolina	99	IDV	1:44.52	21 LUIS, Ines Oliveira	01 PIMP 2:09.48
11 CORREIA, Joana Mota	00	AHBVCR	1:45.13	22 RODRIGUES, Constanca Filipa	02 BSCN NT

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Prova 5, Femin., 100m Costas

23 VIEIRA, Jacinta Correia	01	CNAL	NT	28 LEONARDO, Sara Santos	00	AHBVCR	NT
24 FRANCISCO, Soraia Filipa	01	APEEECA	NT	29 LOPES, Sara Patricia	01	NDA	NT
25 ROMAO, Diana Violante	02	CNAL	NT	30 FONSECA, Ana Ines	00	BSCN	NT
26 DELGADO, Ana Raquel	00	CNAL	NT	31 CORREIA, Maria Margarida	00	PIMP	NT
27 NEVES, Bruna Duarte	00	PIMP	NT	32 MENESES, Ana Margarida	00	ADPM	NT

Prova 6

16.5.10 - 10:55

Masc., 100m Costas

Cadetes

Lista inscritos

		Ano					
1 KOT, Victor	98	DNMG	1:19.05	30 RAMOS, Joao Afonso	99	CNPE	1:49.67
2 OLIVEIRA, Tiago Ricardo	98	CNPE	1:21.01	31 MACHADO, Andre Filipe	00	CNPE	1:51.71
3 CLEMENTE, Bernardo Santos	98	ASAL	1:23.75	32 CORREIA, Pedro Alexandre	00	PIMP	1:52.65
4 BARBOSA, Pedro Miguel	98	AHBVCR	1:23.91	33 CARRICO, Pedro Fernandes	00	PIMP	1:53.00
5 TORMENTA, B.	98	CNPE	1:24.24	34 GOMES, Sebastiao Mendes	00	PIMP	1:53.10
6 COELHO, Ricardo Pereira	98	CNAL	1:25.22	35 FIALHO, Miguel Jose	00	BSCN	1:53.22
7 PINA, Guilherme Filipe	98	BSCN	1:25.56	36 CORREIA, Francisco Mota	01	AHBVCR	1:54.05
8 COELHO, Diogo Pereira	98	CNAL	1:25.87	37 DOMINGUES, Bruno Pinto	00	ASAL	1:54.51
9 CARRICO, Antonio Fernandes	98	PIMP	1:26.45	38 GOMES, Hugo Santos	01	ASAL	1:55.32
10 BERNARDINO, Joao Antonio	98	DNMG	1:28.75	39 DUARTE, Joao Miguel	00	ASAL	1:55.34
11 SANTOS, Francisco Rogerio	98	BSCN	1:29.17	40 COSTA, Joao Carlos	01	CNPE	2:01.98
12 BRITO, Rui Pedro	99	DNMG	1:29.93	41 NAZARE, Ruben Miguel	99	AHBVCR	2:13.09
13 SILVA, Joao Tomas	99	AHBVCR	1:32.76	42 MENINO, Marcelo Jose	99	APEEECA	2:14.44
14 PEDRO, Ivan Figueiredo	98	NDAP	1:33.99	43 PEREIRA, Joao Filipe	00	CNAL	NT
15 REPOLHO, Goncalo Manuel	98	ASAL	1:35.17	44 SILVA, Pedro Isidoro	99	PIMP	NT
16 PEDRO, Daniel Marques	99	OP	1:35.28	45 PIMENTA, Lourenco Nicolau	02	BSCN	NT
17 STASHKO, Nazar	98	AHBVCR	1:35.34	46 RIBEIRO, Goncalo Vitorino	99	CNAL	NT
18 SANTANA, Joao Miguel	00	CNPE	1:35.44	47 CARVALHO, Manuel Lourenco	00	NDA	NT
19 PEREIRA, Antonio Maria	99	PIMP	1:37.85	48 SILVA, Andre Lopes	99	IDV	NT
20 PEREIRA, Francisco Marques	00	DNMG	1:38.40	49 CUSTODIO, Goncalo Maximo	99	AHBVCR	NT
21 FIGUEIREDO, Vasco Guerra	99	IDV	1:38.67	50 RODRIGUES, A.	01	APEEECA	NT
22 MATEUS, Diogo Tiago	99	PIMP	1:40.80	51 FRANCISCO, Sandro Emanuel	99	IDV	NT
23 PEREIRA, Bernardo Sousa	01	AHBVCR	1:43.70	52 LAMANE, Sergio Gabriel	99	IDV	NT
24 FORTUNATO, Andre Silva	98	AHBVCR	1:44.46	53 DRABETS, Vladyslav	99	OP	NT
25 MOITAL, Jose Pedro	00	NDAP	1:46.36	54 VICENTE, Rui Pedro	98	ADPM	NT
26 CALADO, Vicente Azevedo	99	PIMP	1:47.01	55 FERREIRA, Joao Pedro	98	CNAL	NT
27 JOB, Joao Mendes	99	NDAP	1:47.15	56 GOUVEIA, Luis Pereira	02	APEEECA	NT
28 MOREIRA, António Jose	00	OP	1:47.40	57 LOPES, Tiago Joaquinho	01	ADPM	NT
29 VODYANY, Pavlo	99	ASAL	1:48.86				

Prova 7

16.5.10 - 11:10

Femin., 100m Bruços

Cadetes

Lista inscritos

		Ano					
1 ROCHA, Sara Mafra	99	CNAL	1:37.21	12 MIRRA, Diana Sofia	00	ASAL	2:11.46
2 FERNANDES, Ana Carolina	99	NDAP	1:39.65	13 FRANCISCO, Claudia carreira	99	APEEECA	2:16.35
3 PEREIRA, Joana Sousa	99	ASAL	1:42.22	14 LAGOA, Filipa Narciso	00	ASAL	2:21.92
4 ROCHA, Filipa Sarreira	00	CNPE	1:43.14	15 REBELO, Ana Sofia	00	BSCN	NT
5 TEODOSIO, Barbara Coimbra	99	DNMG	1:44.35	16 SANTOS, Carolina Silva	01	DNMG	NT
6 DOMINGUES, Monica Seara	00	DNMG	1:45.75	17 SILVA, Catarina Alexandra	99	NDA	NT
7 COSTA, Adriana Trigo	99	OP	1:51.19	18 FRANCISCO, Soraia Filipa	01	APEEECA	NT
8 RUIVACO, Maria Saraiva	00	IDV	1:53.77	19 VIEIRA, Jacinta Correia	01	CNAL	NT
9 DOMINGUES, Maria Joao	99	DNMG	1:54.09	20 GOMES, Bruna Martinho	99	ASAL	NT
10 PEDRAS, Leonor Castanheira	99	PIMP	2:00.70	21 DIAS, Daniela Carreira	00	ASAL	NT
11 JORDÃO, Lara Silva	00	DNMG	2:11.24	22 RODRIGUES, Constanca Filipa	02	BSCN	NT

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Prova 8 Masc., 100m Bruços Cadetes
16.5.10 - 11:20 Lista inscritos

		Ano					
1	FERNANDES, Tiago Santos	98	PIMP	1:26.56	21	GONCALVES, Roberto Dias	00 NDAP 2:00.78
2	FONSECA, Jose Diogo	98	DNMG	1:32.01	22	FERREIRA, Jose Xavier	98 APEEECA 2:00.98
3	CLEMENTE, Bernardo Santos	98	ASAL	1:36.68	23	SANTOS, Joao Miguel	98 APEEECA 2:01.92
4	COELHO, Ricardo Pereira	98	CNAL	1:36.72	24	VODYANY, Pavlo	99 ASAL 2:04.89
5	VASCONCELOS, J.	98	ASAL	1:40.54	25	GONCALVES, Jorge Manuel	99 NDAP 2:06.47
6	SILVA, Diogo Vicente	98	DNMG	1:40.71	26	FIALHO, Miguel Jose	00 BSCN 2:06.48
7	OLIVEIRA, Tomas Gomes	99	DNMG	1:42.78	27	GAMEIRO, Bernardo Ferreira	99 NDAP 2:06.95
8	COELHO, Andre Pereira	98	CNAL	1:43.25	28	DUARTE, Joao Miguel	00 ASAL 2:07.94
9	TOMAS, Francisco Xavier	00	CNAL	1:44.35	29	GOMES, Hugo Santos	01 ASAL 2:09.88
10	KHOMENKO, Dmytro	98	ASAL	1:44.43	30	DOMINGUES, Bruno Pinto	00 ASAL 2:10.10
11	TENREIRO, Ricardo Luis	98	ASAL	1:46.06	31	SANTOS, Tiago Andre	00 ASAL 2:19.98
12	BRANDAO, Pedro Reis	98	PIMP	1:46.51	32	DIOGO, Luis Martinho	00 NDA NT
13	AGOSTINHO, Eduardo Belo	00	BSCN	1:47.44	33	JORGE, Tiago Andre	00 ASAL NT
14	RIBEIRO, Gil Moura	99	OP	1:48.10	34	PIMENTA, Lourenco Nicolau	02 BSCN NT
15	GEFFROY, Fabio Ponte	99	NDAP	1:50.03	35	CARVALHO, Bernardo Vieira	00 DNMG NT
16	FABIAO, Goncalo Silva	99	ASAL	1:52.21	36	LOPES, Miguel Duarte	98 NDA NT
17	PEDRO, Daniel Marques	99	OP	1:52.38	37	RIBEIRO, Goncalo Vitorino	99 CNAL NT
18	RODRIGUES, Ruben Miguel	99	DNMG	1:54.27	38	VICENTE, Rui Pedro	98 ADPM NT
19	CACHADO, Henrique Marques	00	CNPE	1:56.35	39	LOPES, Tiago Joaquinho	01 ADPM NT
20	MATOS, Andre Mendes	00	CNAL	1:59.29	40	SANTOS, Fabio Andre	99 NDA NT

Prova 9 Femin., 100m Livres Cadetes
16.5.10 - 11:35 Lista inscritos

		Ano					
1	FERREIRA, Ana Sofia	99	PIMP	1:12.65	25	GOMES, Ines Faustino	00 CNAL 1:38.31
2	COSTA, Adriana Trigo	99	OP	1:19.28	26	MARREIROS, Ana Joao	00 NDAP 1:38.93
3	MENDES, Tania Cristina	99	IDV	1:20.88	27	MARTINS, Lara Ferreira	00 DNMG 1:39.32
4	VARGAS, Giovanna Vaz	00	DNMG	1:21.15	28	ANJOS, Jessica Casal	00 CNAL 1:41.07
5	SILVA, Maria Santos	99	DNMG	1:21.17	29	JORDÃO, Lara Silva	00 DNMG 1:41.80
6	PECA, Sara Conceicao	99	ASAL	1:21.36	30	ABREU, Marta Beatriz	99 DNMG 1:42.67
7	MONTEIRO, Frederica Dinis	99	AHBVCR	1:24.09	31	REGO, Madalena Amador	01 CNPE 1:48.66
8	TEODOSIO, Barbara Coimbra	99	DNMG	1:24.34	32	FRANCISCO, Claudia carreira	99 APEEECA 1:51.75
9	MARTINS, Carolina Santos	99	ASAL	1:24.45	33	SANTOS, Carolina Silva	01 DNMG 1:54.90
10	FERREIRA, Ines Cunha	99	DNMG	1:24.62	34	FERREIRA, Catarina Reis	00 OP 1:55.09
11	CONCEICAO, Margarida Neves	00	CNPE	1:25.29	35	LAGOA, Filipa Narciso	00 ASAL 2:03.16
12	SILVA, Ines Rocha	00	CNAL	1:26.25	36	GOMES, Andreia Gameiro	00 NDAP 2:05.57
13	LIMA, Ana Carolina	99	IDV	1:29.58	37	DELGADO, Ana Raquel	00 CNAL NT
14	VIEIRA, Matilde Correia	00	CNAL	1:29.80	38	CARREIRA, Filipa Mendes	99 APEEECA NT
15	SILVA, Filipa Andreia	00	CNAL	1:31.18	39	GONCALVES, Ema Pinto	00 DNMG NT
16	PEDRAS, Leonor Castanheira	99	PIMP	1:31.85	40	ROMAO, Diana Violante	02 CNAL NT
17	RUIVACO, Maria Saraiva	00	IDV	1:33.39	41	SILVA, Catarina Alexandra	99 NDA NT
18	MARQUES, Carolina Correia	99	BSCN	1:33.44	42	LEONARDO, Sara Santos	00 AHBVCR NT
19	SOUSA, Alice Margarida	00	DNMG	1:33.53	43	FONSECA, Ana Ines	00 BSCN NT
20	RAPOSO, Mariana Luis	99	PIMP	1:33.76	44	VITORINO, Rita Agostinho	01 CNPE NT
21	CORREIA, Joana Mota	00	AHBVCR	1:34.08	45	GOMES, Bruna Martinho	99 ASAL NT
22	ROCHA, Filipa Sarreira	00	CNPE	1:35.30	46	MATIAS, Ines Beatriz	00 NDAP NT
23	CRISTOVAO, Mariana Rosendo	99	OP	1:35.60	47	DIAS, Daniela Carreira	00 ASAL NT
24	JORGE, Sandra Gameiro	99	NDAP	1:35.66	48	MENESES, Ana Margarida	00 ADPM NT

Torneio dos 100 (Cadetes)
Pombal, 16.5.2010

Prova 10 Masc., 100m Livres Cadetes
16.5.10 - 11:50 Lista inscritos

		Ano					
1	KOT, Victor	98	DNMG	1:08.78	38	MOREIRA, António Jose	00 OP 1:37.47
2	VICENTE, Diogo Alexandre	98	INDAL	1:10.38	39	GEFFROY, Fabio Ponte	99 NDAP 1:38.38
3	CARRICO, Antonio Fernandes	98	PIMP	1:10.87	40	JOB, Joao Mendes	99 NDAP 1:41.64
4	TORMENTA, B.	98	CNPE	1:13.54	41	PEREIRA, Antonio Maria	99 PIMP 1:42.59
5	FERNANDES, Tiago Santos	98	PIMP	1:13.82	42	SISMEIRO, Tomas Perdigao	99 NDAP 1:42.62
6	BARBOSA, Pedro Miguel	98	AHBVCR	1:14.84	43	MATEUS, Diogo Tiago	99 PIMP 1:45.75
7	BRITO, Rui Pedro	99	DNMG	1:15.64	44	RAMOS, Joao Afonso	99 CNPE 1:46.57
8	COELHO, Diogo Pereira	98	CNAL	1:16.82	45	GONCALVES, Jorge Manuel	99 NDAP 1:46.60
9	KHOMENKO, Dmytro	98	ASAL	1:17.46	46	CARRICO, Pedro Fernandes	00 PIMP 1:48.01
10	PINA, Guilherme Filipe	98	BSCN	1:18.16	47	GONCALVES, Roberto Dias	00 NDAP 1:48.01
11	RUIVO, Andre Vilas	00	DNMG	1:19.17	48	CORREIA, Francisco Mota	01 AHBVCR 1:48.50
12	FAUSTINO, Tiago Correia	99	CNAL	1:19.18	49	JARDIM, Miguel Goncalves	00 NDAP 1:48.62
13	OLIVEIRA, Tiago Ricardo	98	CNPE	1:19.73	50	SANTOS, Tiago Andre	00 ASAL 1:48.83
14	FIGUEIREDO, Vasco Guerra	99	IDV	1:20.40	51	MACHADO, Andre Filipe	00 CNPE 1:55.41
15	BERNARDINO, Joao Antonio	98	DNMG	1:20.89	52	PEREIRA, Andre Filipe	00 DNMG 1:56.28
16	SANTOS, Francisco Rogerio	98	BSCN	1:22.99	53	COSTA, Joao Carlos	01 CNPE 1:57.37
17	STASHKO, Nazar	98	AHBVCR	1:23.64	54	FERREIRA, Jose Xavier	98 APEEECA 2:01.54
18	ALMEIDA, Pedro Alves	99	CNAL	1:23.77	55	MENINO, Marcelo Jose	99 APEEECA 2:07.02
19	SANTOS, Daniel Ferreira	99	NDAP	1:24.60	56	SANTOS, Joao Miguel	98 APEEECA 2:13.84
20	RODRIGUES, Diogo Filipe	98	ASAL	1:24.95	57	PEREIRA, João Filipe	00 CNAL NT
21	MOITAL, Jose Pedro	00	NDAP	1:27.05	58	NAZARE, Ruben Miguel	99 AHBVCR NT
22	REPOLHO, Goncalo Manuel	98	ASAL	1:27.81	59	CUSTOIAS, Diogo Vicente	00 BSCN NT
23	PEDRO, Ivan Figueiredo	98	NDAP	1:28.04	60	CARVALHO, Manuel Lourenco	00 NDA NT
24	PEDROSA, Francisco Pereira	99	IDV	1:28.30	61	CORREIA, Pedro Alexandre	00 PIMP NT
25	BRANDAO, Pedro Reis	98	PIMP	1:28.64	62	CUSTODIO, Goncalo Maximo	99 AHBVCR NT
26	LAMANDE, Sergio Gabriel	99	IDV	1:29.39	63	LOPES, Miguel Duarte	98 NDA NT
27	RIBEIRO, Gil Moura	99	OP	1:29.86	64	DIOGO, Luis Martinho	00 NDA NT
28	CACHADO, Henrique Marques	00	CNPE	1:30.02	65	SILVA, Andre Lopes	99 IDV NT
29	PEREIRA, Francisco Marques	00	DNMG	1:30.31	66	FRANCISCO, Sandro Emanuel	99 IDV NT
30	RIBEIRO, Andre Vitorino	98	CNAL	1:32.97	67	SANTOS, Fabio Andre	99 NDA NT
31	SILVA, Joao Tomas	99	AHBVCR	1:33.26	68	RODRIGUES, A.	01 APEEECA NT
32	JERONIMO, L.	00	NDAP	1:35.20	69	DRABETS, Vladyslav	99 OP NT
33	FORTUNATO, Andre Silva	98	AHBVCR	1:35.36	70	GOMES, Sebastiao Mendes	00 PIMP NT
34	PEREIRA, Bernardo Sousa	01	AHBVCR	1:35.50	71	FERREIRA, João Pedro	98 CNAL NT
35	SANTANA, Joao Miguel	00	CNPE	1:35.82	72	GOUVEIA, Luis Pereira	02 APEEECA NT
36	CALADO, Vicente Azevedo	99	PIMP	1:36.69	73	JORGE, Tiago Andre	00 ASAL NT
37	AGOSTINHO, Eduardo Belo	00	BSCN	1:37.10	74	SILVA, David Vieira	00 ADPM NT

Prova 11 Femin., 4 x 100m Estilos Cadetes
16.5.10 - 12:20 Lista inscritos

1	Académico de Leiria 1	ASAL	6:15.87
2	Alcobaça 1	CNAL	6:21.53

Prova 12 Masc., 4 x 100m Estilos Cadetes
16.5.10 - 12:27 Lista inscritos

1	Académico de Leiria 1	ASAL	5:49.45	3	Núcleo Desporto Amador de Pombal 1	NDAP	NT
2	Alcobaça 1	CNAL	5:56.88	4	Benedita Sport Club Natação 1	BSCN	NT