Sum§rio de resultados Piscina curta (25m),

Brandao Pedro Reis	98 :	50m Livres	Est	41.21	*42.61*	107%	RP	Pt.
		50m Livres		42.40	*42.61*	101%	RP	Pt.
		100m Livres		1:31.87	*1:28.64*	93%		Pt.
		200m Livres	8	3:13.84	*3:25.91*	113%	RP	Pt.
Calado Vicente Azevedo	99 :	50m Livres		43.81	*39.41*	81%		Pt.
		100m Livres	7	1:36.69	*1:44.40*	117%	RP	Pt.
Carrico Antonio Fernandes	98 :	50m Livres		36.77	*32.81*	80%		Pt.
		100m Livres		1:18.55	*1:12.34*	85%		Pt.
		200m Livres		2:43.81	*2:40.83*	96%		Pt.
		400m Livres	2	5:32.02	*5:34.88*	102%	RP	Pt.
		50m Costas		44.27	*42.06*	90%		Pt.
		100m Costas	Est	1:30.80	*1:26.45*	91%		Pt.
		100m Estilos	1	1:24.52	*1:24.61*	100%	RP	Pt.
Fernandes Tiago Santos	98 :	50m Bru- os		40.69	*43.45*	114%	RP	Pt.
		100m Bru- os	1	1:28.70	*1:33.46*	111%	RP	Pt.
		50m Mariposa		40.76	*40.94*	101%	RP	Pt.
		200m Estilos	3	3:04.22	*3:22.22*	120%	RP	Pt.
Ferreira Ana Sofia	99 :	50m Livres		36.90	*35.34*	92%		Pt.
		100m Livres		1:17.85	*1:17.06*	98%		Pt.
		200m Livres	1	2:43.44	*2:49.18*	107%	RP	Pt.
		50m Mariposa		41.78	*42.08*	101%	RP	Pt.
		200m Estilos	2	3:09.52	*3:25.88*	118%	RP	Pt.
Luis Ines Oliveira	01 :	50m Livres		51.63	*50.88*	97%		Pt.
		100m Livres	9	1:52.30	*1:52.90*	101%	RP	Pt.
		50m Costas		1:02.10	*1:02.92*	103%	RP	Pt.
		100m Costas	10	2:09.48	*--.--*		RP	Pt.
Pedras Leonor Castanheira	99 :	100m Estilos	7	1:52.68	*--.--*		RP	Pt.
Pereira Antonio Maria	99 :	50m Costas		49.42	*45.99*	87%		Pt.
		100m Costas	6	1:37.85	*--.--*		RP	Pt.
		50m Mariposa	8	47.18	*49.54*	110%	RP	Pt.
Raposo Mariana Luis	99 :	50m Livres	Est	42.66	*41.30*	94%		Pt.
		50m Bru- os		1:00.17	*55.82*	86%		Pt.
		100m Bru- os	5	2:06.84	*2:04.22*	96%		Pt.
		50m Mariposa		55.59	*53.80*	94%		Pt.
		100m Mariposa	5	2:00.96	*--.--*		RP	Pt.

4 x 50m Livres Masc.	:	Brandao Pedro Reis	41.21	Mateus Diogo Tiago	42.55	6	2:52.06
		Calado Vicente Azevedo	42.16	Correia Pedro Alexandre	46.14		
4 x 50m Livres Femin.	:	Raposo Mariana Luis	42.66	Pedras Leonor Castanheira	46.06	5	2:56.49
		Luis Ines Oliveira	52.20	Ferreira Ana Sofia	35.57		
4 x 100m Estilos Masc.	:	Carrico Antonio Fernandes	1:30.80	Fernandes Tiago Santos	1:35.09	6	6:29.16
		Carrico Pedro Fernandes	1:54.74	Brandao Pedro Reis	1:28.53		

Total 35 resultados individuais, desempenho m®dio: 99,6%
0 novos rec. Clube, 20 novos rec. pessoais
Maior melhoria: Fernandes Tiago Santos, 200m Estilos 3:04.22