Sum§rio de resultados Piscina curta (25m),

Batista Bruno Miguel	97 :	50m Livres		39.90	*40.71*	104%	RP	Pt.
		100m Livres	8	1:26.15	*1:31.56*	113%	RP	Pt.
		50m Costas		42.78	*44.88*	110%	RP	Pt.
		100m Costas	14	1:30.46	*1:38.23*	118%	RP	Pt.
Duque Debora Filipa	96 :	50m Mariposa		36.07	*34.56*	92%		Pt.
		50m Mariposa		35.15	*34.56*	97%		Pt.
		100m Mariposa	3	1:13.59	*1:12.75*	98%		Pt.
		200m Estilos	3	2:43.56	*2:45.17*	102%	RP	Pt.
Ferraz Francisco Maria	97 :	50m Costas		41.40	*40.97*	98%		Pt.
		100m Costas	10	1:25.46	*1:28.71*	108%	RP	Pt.
		50m Mariposa		40.56	*43.11*	113%	RP	Pt.
		200m Estilos	11	3:02.08	*3:12.38*	112%	RP	Pt.
Ferreira Ricardo Filipe	95 :	50m Mariposa		34.85	*31.98*	84%		Pt.
		50m Mariposa		32.98	*31.98*	94%		Pt.
		100m Mariposa	7	1:12.46	*1:09.75*	93%		Pt.
		200m Estilos	5	2:40.41	*2:44.36*	105%	RP	Pt.
Figueiredo David Filipe	97 :	50m Mariposa		38.56	*40.71*	111%	RP	Pt.
		50m Mariposa		40.12	*40.71*	103%	RP	Pt.
		100m Mariposa	7	1:28.32	*1:33.19*	111%	RP	Pt.
		200m Estilos	12	3:02.51	*3:11.99*	111%	RP	Pt.
Luis Beatriz Oliveira	97 :	50m Bru- os		43.89	*44.99*	105%	RP	Pt.
		100m Bru- os	5	1:31.56	*1:37.48*	113%	RP	Pt.
		50m Mariposa		40.80	*38.79*	90%		Pt.
		200m Estilos	6	2:53.82	*2:57.51*	104%	RP	Pt.
Luzio Mariana Sofia	98 :	50m Livres		40.97	*43.10*	111%	RP	Pt.
		100m Livres	8	1:26.44	*1:47.79*	155%	RP	Pt.
		50m Costas		44.51	*42.08*	89%		Pt.
		100m Costas	6	1:30.54	*1:34.60*	109%	RP	Pt.
Monteiro Joana Margarida	91 :	50m Livres		31.53	*32.16*	104%	RP	Pt.
		50m Livres	4	30.82	*32.16*	109%	RP	Pt.
		100m Livres	3	1:04.83	*1:06.66*	106%	RP	Pt.
Pinto Francisco Gouveia	95 :	50m Costas		37.62	*39.05*	108%	RP	Pt.
		100m Costas	4	1:16.66	*1:18.97*	106%	RP	Pt.
		50m Mariposa		36.09	*35.49*	97%		Pt.
		200m Estilos	6	2:41.31	*2:41.52*	100%	RP	Pt.
Santos Cristina Paris	94 :	50m Mariposa		33.56	*32.83*	96%		Pt.
		50m Mariposa	1	32.45	*32.83*	102%	RP	Pt.
		100m Mariposa	1	1:12.94	*1:09.32*	90%		Pt.
Santos Joao Paris	97 :	50m Costas		38.33	*41.08*	115%	RP	Pt.
		100m Costas	3	1:18.56	*1:24.95*	117%	RP	Pt.
		50m Mariposa		37.03	*34.77*	88%		Pt.
		200m Estilos	5	2:52.34	*2:49.60*	97%		Pt.
Santos Nuno Miguel	97 :	50m Costas		38.74	*38.21*	97%		Pt.
		100m Costas	4	1:18.82	*1:22.61*	110%	RP	Pt.
		50m Mariposa		40.83	*42.14*	107%	RP	Pt.
		200m Estilos	6	2:52.85	*2:56.22*	104%	RP	Pt.
Silva Mariana Maia e	94 :	50m Livres		33.24	*31.36*	89%		Pt.
		50m Livres	1	31.23	*31.36*	101%	RP	Pt.
		100m Livres	1	1:09.05	*1:08.30*	98%		Pt.

Tomas Edgar Neves	94 :	50m Livres		31.30	*28.84*	85%		Pt.
		100m Livres	7	1:05.61	*1:01.34*	87%		Pt.
		50m Costas		34.89	*35.33*	103%	RP	Pt.
		100m Costas	3	1:14.04	*1:13.08*	97%		Pt.
Vale Alexandre Galveias	93 :	50m Mariposa		30.48	*29.44*	93%		Pt.
		50m Mariposa	2	28.94	*29.44*	103%	RP	Pt.
		100m Mariposa	2	1:05.89	*1:03.78*	94%		Pt.

Total 56 resultados individuais, desempenho m®dio: 102,8%
0 novos rec. Clube, 34 novos rec. pessoais
Maior melhoria: Luzio Mariana Sofia, 100m Livres 1:26.44