Sum§rio de resultados Piscina curta (25m),

Brandao Pedro Reis	98 :	50m Costas		48.24	*45.30*	88%		Pt.
		100m Costas		1:40.84	*1:44.55*	107%	RP	Pt.
Calado Vicente Azevedo	99 :	50m Livres	Est	38.37	*37.97*	98%		Pt.
		50m Livres	8	38.48	*37.97*	97%		Pt.
		50m Costas		45.45	*46.56*	105%	RP	Pt.
Carrico Antonio Fernandes	98 :	50m Livres		33.73	*32.30*	92%		Pt.
		100m Livres	3	1:11.54	*1:10.87*	98%		Pt.
		50m Mariposa		39.83	*39.63*	99%		Pt.
		100m Mariposa	5	1:28.57	*1:28.65*	100%	RP	Pt.
Carrico Pedro Fernandes	00 :	50m Livres		46.13	*47.31*	105%	RP	Pt.
		50m Costas		49.76	*53.06*	114%	RP	Pt.
Correia Maria Margarida	00 :	50m Livres	7	47.12	*--.--*		RP	Pt.
		50m Costas	10	57.59	*58.33*	103%	RP	Pt.
Correia Pedro Alexandre	00 :	50m Livres		45.61	*46.10*	102%	RP	Pt.
		50m Costas		47.83	*48.15*	101%	RP	Pt.
Fernandes Tiago Santos	98 :	50m Costas		41.93	*41.50*	98%		Pt.
		100m Costas	3	1:25.82	*1:25.55*	99%		Pt.
		50m Bru- os		39.48	*39.94*	102%	RP	Pt.
		100m Bru- os	1	1:26.56	*1:27.24*	102%	RP	Pt.
Ferreira Ana Sofia	99 :	50m Livres		34.98	*33.85*	94%		Pt.
		100m Livres	2	1:12.65	*1:14.19*	104%	RP	Pt.
		50m Mariposa		41.89	*38.23*	83%		Pt.
		100m Mariposa	2	1:31.24	*1:29.02*	95%		Pt.
Gomes Sebastiao Mendes	00 :	50m Costas		46.62	*50.99*	120%	RP	Pt.
		50m Bru- os		58.76	*1:01.49*	110%	RP	Pt.
Lopes Bernardo Filipe	98 :	50m Costas		53.54	*--.--*		RP	Pt.
		100m Costas		1:52.08	*--.--*		RP	Pt.
		50m Bru- os		51.00	*--.--*		RP	Pt.
		100m Bru- os		1:55.17	*--.--*		RP	Pt.
Lucas Pedro Miguel	00 :	50m Livres		46.20	*49.21*	113%	RP	Pt.
		50m Costas		49.00	*55.18*	127%	RP	Pt.
Luis Ines Oliveira	01 :	50m Bru- os	9	1:04.12	*1:01.20*	91%		Pt.
		50m Mariposa	9	56.77	*1:04.30*	128%	RP	Pt.
Mateus Diogo Tiago	99 :	50m Livres		39.49	*41.44*	110%	RP	Pt.
		50m Mariposa	10	49.29	*59.83*	147%	RP	Pt.
Pedras Leonor Castanheira	99 :	50m Livres		41.42	*45.92*	123%	RP	Pt.
		100m Livres		1:31.85	*1:41.05*	121%	RP	Pt.
		50m Costas		46.98	*48.98*	109%	RP	Pt.
		100m Costas	Est	1:38.64	*1:42.49*	108%	RP	Pt.
Pereira Antonio Maria	99 :	50m Costas	5	43.82	*45.99*	110%	RP	Pt.
		50m Bru- os	9	51.28	*51.53*	101%	RP	Pt.
Pinto Antonio Azevedo	00 :	50m Costas		48.28	*50.65*	110%	RP	Pt.
		50m Bru- os		52.61	*59.40*	127%	RP	Pt.
Raposo Mariana Luis	99 :	50m Costas		51.34	*49.38*	93%		Pt.
		100m Costas	7	1:41.44	*1:39.65*	97%		Pt.
		50m Bru- os		56.16	*55.82*	99%		Pt.
		100m Bru- os	7	1:57.41	*1:57.89*	101%	RP	Pt.

4 x 50m Livres Misto	:	Calado Vicente Azevedo Ferreira Ana Sofia	38.37 34.22	Raposo Mariana Luis Carrico Antonio Fernandes	39.90	4	2:25.02
4 x 100m Estilos Misto	:	Pedras Leonor Castanheira Pereira Antonio Maria	1:38.64 1:48.51	Fernandes Tiago Santos Luis Ines Oliveira	1:31.33	4	6:47.34

Total 47 resultados individuais, desempenho m®dio: 104,9%
0 novos rec. Clube, 32 novos rec. pessoais
Maior melhoria: Mateus Diogo Tiago, 50m Mariposa 49.29