

Recordes Masculinos - Piscina 25m



	Cad B (8...11anos)	Cad A (12anos)	Inf B (13anos)	Inf A (14anos)	Juv B (15anos)	Juv A (16anos)	JUN (17,18anos)	SEN (19...anos)	ABS
50L	Sérgio Gomes 32.31 C. Rainha 9/5/04	António Carrigo 32.30 Pombal 12/4/10	Alexandre Vale 28.03 Alcobaça 5/5/06	João Machado 27.22 Nazaré 26/6/00	Tiago Machado 26.22 C. Rainha 11/05/08	João Machado 25.38 Nazaré 20/4/02	Tiago Machado 24.57 Mealhada 7/5/09	Francisco Ferreira 25.09 CRainha 19/12/10	Tiago Machado 24.57 Mealhada 7/5/11
100L	António Carrigo 1.12.34 C. Rainha 3/5/09	Diogo Silva 1.08.72 C. Rainha 8/5/05	Alexandre Vale 1.01.27 C. Rainha 8/7/06	Alexandre Vale 58.46 Sines 1/4/07	João Machado 56.53 Leiria 27/5/01	Afonso Santos 53.11 C Rainha 18/12/10	João Machado 54.18 Tomar 10/5/03	João Mota 54.68 Tomar 14/12/08	Afonso Santos 53.11 C Rainha 18/12/10
200L	Sérgio Gomes 2.37.39 Alcobaça 8/2/04	Francisco Ferreira 2.32.91 Leiria 7/7/01	Alexandre Vale 2.15.29 C. Rainha 8/7/06	Alexandre Vale 2.06.74 Sines 1/4/07	João Machado 2.03.97 Pinhal Novo 17/3/01	Afonso Santos 1.58.98 Leiria 18/6/11	Diogo Silva 1.59.68 Leiria 21/11/10	Filipe Meca 2.02.32 Alcobaça 21/11/09	Afonso Santos 1.58.98 Leiria 18/6/11
400L	António Carrigo 5.34.88 Alcobaça 23/05/09	Diogo Silva 5.21.63 Benedita 28/5/05	Antonio Carrigo 4.47.05 Sines 12/3/11	João M. Correia 4.30.89 Mealhada 26/2/11	João Machado 4.23.15 Leiria 26/5/01	João Machado 4.16.84 Tavira 4/5/02	Francisco Freitas 4.10.72 Tomar 13/12/08	Francisco Freitas 4.16.39 P. Sôr 12/12/09	Francisco Freitas 4.10.72 Tomar 13/12/08
800L		Nuno Santos 11.26.14 Alcobaça 23/05/09	Diogo Silva 10.06.46 C. Rainha 7/7/06	João Mota 9.27.45 CR 28/6/03	Francisco Freitas 9.09.59 Alcobaça 5/5/06	João Mota 8.53.24 Santarém 6/2/05	Francisco Freitas 8.44.60 Tomar 14/12/08	Francisco Freitas 8.59.22 Leiria 12/06/10	Francisco Freitas 8.44.60 Tomar 14/12/08
1500		Humberto Alves 22.42.38 Batalha 9/11/96	Diogo Silva 19.09.33 C. Rainha 7/7/06	João Mota 17.45.33 CR 28/6/03	Francisco Freitas 17.33.50 Alcobaça 5/5/06	Francisco Freitas 17.14.77 Óbidos 19/11/06	Francisco Freitas 16.43.73 Setúbal 27/02/09	Filipe Meca 17.10.41 Entronc. 28/11/09	Francisco Freitas 16.43.73 Setúbal 27/02/09
50M	Jorge Araújo 38.88 Alcobaça 10/5/99	Pedro Rebelo 35.61 Alcobaça 7/6/99	Alexandre Vale 32.27 Alcobaça 6/5/06	João Mota 30.61 Leiria 31/5/03	João Machado 29.44 Leiria 1/3/01	João Machado 27.22 Leiria 5/7/02	João Machado 26.83 P. Ferreira 21/11/03	João Machado 26.74 C. Rainha 25/11/05	João Machado 26.74 P.Ferreira 21/11/03
100M	Jorge Araújo 1.22.72 Alcobaça 10/5/99	Alexandre Vale 1.18.95 C. Rainha 8/5/05	Alexandre Vale 1.10.47 Alcobaça 6/5/06	João Mota 1.06.43 Leiria 31/5/03	Tiago Machado 1.03.47 C. Rainha 05/07/08	João Machado 58.53 Leiria 5/7/02	João Machado 58.96 Alcobaça 1/2/03	João Machado 59.45 Tomar 13/12/08	João Machado 58.53 Leiria 5/7/02
200M	Jorge Araújo 3.05.41 Leiria 17/5/99		João Mota 2.36.71 Leiria 6/7/02	Francisco Freitas 2.26.38 Coimbra 18/6/05	Francisco Freitas 2.17.65 Leiria 3/6/06	João Machado 2.13.39 Leiria 2/6/02	Francisco Freitas 2.10.15 Tomar 14/12/08	Francisco Freitas 2.11.51 P. Sôr 12/12/09	Francisco Freitas 2.10.15 Tomar 14/12/08
50C	Diogo Silva 36.60 C. Rainha 9/5/04	Diogo Silva 37.11 Nazaré 17/4/05	Alexandre Vale 33.12 Benedita 5/2/06	João M. Correia 32.01 Leiria 18/6/11	Tiago Machado 30.97 Benedita 5/1/08	João Machado 29.56 Leiria 5/6/02	Diogo Silva 28.63 Guarda 11/12/10	Wilson Pinto 30.00 Leiria 3/3/01	Diogo Silva 28.63 Guarda 11/12/10
100C	Diogo Silva 1.22.69 Benedita 22/5/04	Diogo Silva 1.17.21 C. Rainha 8/5/05	Alexandre Vale 1.10.55 Leiria 1/4/06	João M. Correia 1.05.46 Sines 11/3/11	Tiago Machado 1.04.29 Estoril 17/02/08	Afonso Santos 1.00.84 Benedita 12/02/11	Diogo Silva 59.40 C Rainha 18/12/10	Wilson Pinto 1.02.42 Leiria 27/5/01	Diogo Silva 59.40 C Rainha 18/12/10
200C	David Bernardino 3.09.62 Nazaré 25/5/97	Miguel Marques 2.53.94 Alcobaça 7/6/98	Alexandre Vale 2.33.36 Alcobaça 18/2/06	João M. Correia 2.20.39 Alcobaça 22/01/11	Tiago Machado 2.20.68 Viseu 2/12/07	Diogo Silva 2.14.40 Nazaré 16/5/09	Diogo Silva 2.07.67 CRainha 19/12/10	Wilson Pinto 2.16.22 Leiria 27/5/01	Diogo Silva 2.07.67 CRainha 19/12/10
50B	António Carrigo 42.55 C. Rainha 3/5/09	João Vieira 39.01 C. Rainha 8/5/05	João Vieira 36.30 C. Rainha 8/7/06	João Vieira 35.09 C. Rainha 28/4/07	Pedro Rebelo 32.74 Tavira 4/5/02	Pedro Rebelo 31.59 Benedita 13/7/03	Tiago Machado 30.48 Guarda 11/12/10	Pedro Rebelo 30.43 Tomar 11/12/05	Pedro Rebelo 30.43 Tomar 11/12/05
100B	Sérgio Gomes 1.31.97 Benedita 22/5/04	João Vieira 1.24.42 C. Rainha 8/5/05	João Vieira 1.15.82 C. Rainha 8/7/06	Alexandre Santos 1.14.73 C.Rainha 9/7/05	Pedro Rebelo 1.09.78 Tavira 4/5/02	Afonso Santos 1.08.26 P.Mós 23/10/10	Tiago Machado 1.06.83 C Rainha 18/12/10	Pedro Rebelo 1.06.93 P.Ferreira 18/12/05	Tiago Machado 1.06.83 C Rainha 18/12/10
200B	Miguel Marques 3.29.81 Nazaré 25/5/97	Miguel Marques 3.14.80 Alcobaça 14/2/98	António Carrigo 2.42.46 Leiria 18/6/11	André Madeira 2.40.58 Alcobaça 5/3/99	Pedro Rebelo 2.36.52 Tavira 4/5/02	Afonso Santos 2.26.60 C. Rainha 19/12/10	Pedro Rebelo 2.30.99 Abrantes 1/2/04	Pedro Rebelo 2.31.60 P. Ferreira 19/12/05	Afonso Santos 2.26.60 CRainha 19/12/10
100E	Sérgio Gomes 1.22.65 Benedita 22/5/04	Diogo Silva 1.19.68 Louriçal 12/2/05	Alexandre Vale 1.10.93 C. Rainha 13/5/06	Tiago Machado 1.07.47 C. Rainha 28/4/07	Tiago Machado 1.03.88 C. Rainha 3/05/08	Tiago Machado 1.02.65 C. Rainha 2/3/09	Diogo Silva 1.00.94 Benedita 12/02/11	Pedro Rebelo 1.02.40 Tomar 11/12/05	Diogo Silva 1.00.94 Benedita 12/02/11
200E	Sérgio Gomes 2.59.71 Alcobaça 8/2/04	Pedro Rebelo 2.46.55 Leiria 19/1/99	António Carrigo 2.33.81 Alcobaça 4/6/11	João M. Correia 2.22.86 Sines 13/3/11	Tiago Machado 2.20.13 Leiria 07/06/08	Afonso Santos 2.10.53 CRainha 19/12/10	Diogo Silva 2.13.40 C. Rainha 8/05/10	Pedro Rebelo 2.15.65 P. Ferreira 19/12/05	Afonso Santos 2.10.53 CRainha 19/12/10
400E	Jorge Araújo 6.33.40 Alcobaça 15/2/99	Humberto Alves 6.42.90 Batalha 9/11/96	António Carrigo 5.20.23 Alcobaça 4/6/11	João M. Correia 4.58.89 Sines 11/3/11	Francisco Freitas 5.03.42 Alcobaça 6/5/06	Afonso Santos 4.48.28 Óbidos 12/12/2010	Diogo Silva 4.43.54 Nazaré 22/05/10	Francisco Freitas 4.57.21 Entronc. 28/11/09	Diogo Silva 4.43.54 Nazaré 22/05/10

Recordes batidos esta época

19-06-2011