

Prova 1
11.12.10
Femin., 400m Estilos
12 anos e mais velhos
Resultados

Pontos: FINA 2008

| Lugar | Ano | Tempo final | Pts |
|--|------------------------------|-----------------------|---------------------|
| Infantis B | | | |
| 1. ROCHA, Mariana Freitas | 99 Maritimo | 6:24.91 | 341 |
| 50m: 42.00 42.00 | 150m: 2:22.89 50.77 | 250m: 4:06.11 54.45 | 350m: 5:42.95 42.66 |
| 100m: 1:32.12 50.12 | 200m: 3:11.66 48.77 | 300m: 5:00.29 54.18 | 400m: 6:24.91 41.96 |
| 2. GOMES, Ana Margarida | 99 Clube Desportivo Nacional | 6:52.31 | 278 |
| 50m: 46.71 46.71 | 150m: 2:35.36 52.02 | 250m: 4:21.76 55.76 | 350m: 6:05.70 47.67 |
| 100m: 1:43.34 56.63 | 200m: 3:26.00 50.64 | 300m: 5:18.03 56.27 | 400m: 6:52.31 46.61 |
| 3. FREITAS, Ines Carolina | 99 Clube Desportivo Nacional | 7:01.21 | 261 |
| 50m: 49.22 49.22 | 150m: 2:35.84 50.07 | 250m: 4:27.26 1:02.19 | 350m: 6:17.09 47.00 |
| 100m: 1:45.77 56.55 | 200m: 3:25.07 49.23 | 300m: 5:30.09 1:02.83 | 400m: 7:01.21 44.12 |
| 4. AZEVEDO, Madalena Caetano | 99 Maritimo | 7:13.52 | 239 |
| 50m: 47.41 47.41 | 150m: 2:39.35 54.77 | 250m: 4:33.65 1:01.23 | 350m: 6:24.66 48.81 |
| 100m: 1:44.58 57.17 | 200m: 3:32.42 53.07 | 300m: 5:35.85 1:02.20 | 400m: 7:13.52 48.86 |
| 5. FREITAS, Angelica Jose | 99 Maritimo | 7:36.44 | 205 |
| 50m: 52.41 52.41 | 150m: 2:54.95 59.09 | 250m: 4:53.81 59.82 | 350m: 6:45.45 50.16 |
| 100m: 1:55.86 1:03.45 | 200m: 3:53.99 59.04 | 300m: 5:55.29 1:01.48 | 400m: 7:36.44 50.99 |
| DSQ BARROS, Maria Anjos | 99 Clube Desportivo Nacional | | |
| <i>Perdeu a Posição Dorsal no Percurso de Costas</i> | | | |

Infantis A

| | | | |
|--|------------------------------|---------------------|---------------------|
| 1. TEIXEIRA, Fabiana Rodrigues | 98 Maritimo | 5:58.81 | 422 |
| 50m: 39.20 39.20 | 150m: 2:14.28 44.81 | 250m: 3:50.14 55.18 | 350m: 5:23.15 40.34 |
| 100m: 1:29.47 50.27 | 200m: 2:54.96 40.68 | 300m: 4:42.81 52.67 | 400m: 5:58.81 35.66 |
| 2. MELIM, Ana Baptista | 98 Maritimo | 6:15.23 | 369 |
| 50m: 45.71 45.71 | 150m: 2:26.27 46.05 | 250m: 4:01.67 50.36 | 350m: 5:33.52 41.81 |
| 100m: 1:40.22 54.51 | 200m: 3:11.31 45.04 | 300m: 4:51.71 50.04 | 400m: 6:15.23 41.71 |
| 3. XAVIER, Carolina Sofia | 98 Clube Desportivo Nacional | 6:36.35 | 313 |
| 50m: 45.98 45.98 | 150m: 2:26.99 48.70 | 250m: 4:09.04 54.59 | 350m: 5:49.93 46.70 |
| 100m: 1:38.29 52.31 | 200m: 3:14.45 47.46 | 300m: 5:03.23 54.19 | 400m: 6:36.35 46.42 |
| 4. PEREIRA, Kelly Carolina | 98 Maritimo | 6:43.71 | 296 |
| 50m: 41.83 41.83 | 150m: 2:27.48 48.98 | 250m: 4:15.80 59.55 | 350m: 5:59.37 44.22 |
| 100m: 1:38.50 56.67 | 200m: 3:16.25 48.77 | 300m: 5:15.15 59.35 | 400m: 6:43.71 44.34 |
| DSQ TEIXEIRA, Fatima Soraia | 98 Maritimo | | |
| <i>Pernada Alternada no percurso de Mariposa</i> | | | |

Juvenis

| | | | |
|-------------------------------|---------------------|---------------------|---------------------|
| 1. LUIS, Catarina Fernandes | 97 Maritimo | 6:01.07 | 414 |
| 50m: 39.90 39.90 | 150m: 2:13.19 45.34 | 250m: 3:48.98 50.97 | 350m: 5:22.54 41.80 |
| 100m: 1:27.85 47.95 | 200m: 2:58.01 44.82 | 300m: 4:40.74 51.76 | 400m: 6:01.07 38.53 |
| 2. AGUIAR, Mariana Estanislau | 97 Maritimo | 6:05.84 | 398 |
| 50m: 39.88 39.88 | 150m: 2:17.06 48.82 | 250m: 3:55.06 51.03 | 350m: 5:27.23 39.92 |
| 100m: 1:28.24 48.36 | 200m: 3:04.03 46.97 | 300m: 4:47.31 52.25 | 400m: 6:05.84 38.61 |
| 3. NUNES, Nicolina Luis | 97 Maritimo | 6:10.21 | 384 |
| 50m: 40.32 40.32 | 150m: 2:15.71 45.30 | 250m: 3:51.11 51.15 | 350m: 5:26.99 43.93 |
| 100m: 1:30.41 50.09 | 200m: 2:59.96 44.25 | 300m: 4:43.06 51.95 | 400m: 6:10.21 43.22 |
| 4. BELO, Paula Boschini | 97 Naval do Funchal | 6:13.51 | 374 |
| 50m: 40.81 40.81 | 150m: 2:21.06 50.38 | 250m: 3:58.22 49.29 | 350m: 5:33.23 44.09 |
| 100m: 1:30.68 49.87 | 200m: 3:08.93 47.87 | 300m: 4:49.14 50.92 | 400m: 6:13.51 40.28 |

Prova 1, Femin., 400m Estilos, Juvenis

| Lugar | | | Ano | | | | | Tempo final | Pts |
|-------|--|---------------|-------|---------------------------|-------|-------|-----------------|----------------|---------------|
| 5. | JARDIM, Maria Beatriz | | 97 | Clube Desportivo Nacional | | | | 6:16.08 | 366 |
| | 50m: | 36.79 36.79 | 150m: | 2:09.04 | 49.30 | 250m: | 3:53.94 56.95 | 350m: | 5:34.22 42.71 |
| | 100m: | 1:19.74 42.95 | 200m: | 2:56.99 | 47.95 | 300m: | 4:51.51 57.57 | 400m: | 6:16.08 41.86 |
| 6. | LUIIS, Filipa Bettencourt | | 97 | Maritimo | | | | 6:25.91 | 339 |
| | 50m: | 43.68 43.68 | 150m: | 2:22.53 | 45.93 | 250m: | 4:04.47 56.59 | 350m: | 5:44.13 43.59 |
| | 100m: | 1:36.60 52.92 | 200m: | 3:07.88 | 45.35 | 300m: | 5:00.54 56.07 | 400m: | 6:25.91 41.78 |
| 7. | ORNELAS, Beatriz Gomes | | 97 | Naval do Funchal | | | | 6:27.91 | 334 |
| | 50m: | 44.14 44.14 | 150m: | 2:23.96 | 48.06 | 250m: | 4:06.69 55.85 | 350m: | 5:45.43 43.21 |
| | 100m: | 1:35.90 51.76 | 200m: | 3:10.84 | 46.88 | 300m: | 5:02.22 55.53 | 400m: | 6:27.91 42.48 |
| 8. | GOMES, Catarina Filipa | | 97 | Maritimo | | | | 6:36.44 | 313 |
| | 50m: | 44.93 44.93 | 150m: | 2:29.51 | 47.91 | 250m: | 4:10.89 54.98 | 350m: | 5:52.19 45.14 |
| | 100m: | 1:41.60 56.67 | 200m: | 3:15.91 | 46.40 | 300m: | 5:07.05 56.16 | 400m: | 6:36.44 44.25 |
| 9. | GONCALVES, Rita Pinheiro | | 97 | Clube Desportivo Nacional | | | | 6:40.51 | 303 |
| | 50m: | 46.92 46.92 | 150m: | 2:32.33 | 49.94 | 250m: | 4:18.32 55.65 | 350m: | 5:58.81 44.51 |
| | 100m: | 1:42.39 55.47 | 200m: | 3:22.67 | 50.34 | 300m: | 5:14.30 55.98 | 400m: | 6:40.51 41.70 |
| 10. | TEIXEIRA, Catarina Sousa | | 97 | Clube Desportivo Nacional | | | | 6:55.72 | 271 |
| | 50m: | 47.43 47.43 | 150m: | 2:34.00 | 49.97 | 250m: | 4:23.81 1:00.03 | 350m: | 6:12.46 46.20 |
| | 100m: | 1:44.03 56.60 | 200m: | 3:23.78 | 49.78 | 300m: | 5:26.26 1:02.45 | 400m: | 6:55.72 43.26 |
| DSQ | BARROS, Ana Carolina | | 97 | Naval do Funchal | | | | | |
| | <i>Não tocou com as mãos em simultaneo na viragem dos 300m</i> | | | | | | | | |

Juniores

| | | | | | | | | | |
|----|--------------------------|---------------|-------|---------------------------|-------|-------|---------------|----------------|---------------|
| 1. | REBELO, Mariana Soares | | 96 | Naval do Funchal | | | | 5:53.89 | 439 |
| | 50m: | 40.35 40.35 | 150m: | 2:17.24 | 46.95 | 250m: | 3:49.47 46.02 | 350m: | 5:16.11 40.05 |
| | 100m: | 1:30.29 49.94 | 200m: | 3:03.45 | 46.21 | 300m: | 4:36.06 46.59 | 400m: | 5:53.89 37.78 |
| 2. | MARGARIDO, Ines Tomas | | 96 | Naval do Funchal | | | | 5:59.13 | 420 |
| | 50m: | 36.86 36.86 | 150m: | 2:07.52 | 44.25 | 250m: | 3:45.85 54.96 | 350m: | 5:20.89 40.39 |
| | 100m: | 1:23.27 46.41 | 200m: | 2:50.89 | 43.37 | 300m: | 4:40.50 54.65 | 400m: | 5:59.13 38.24 |
| 3. | GOMES, Mariana Goncalves | | 96 | Naval do Funchal | | | | 6:04.32 | 403 |
| | 50m: | 40.22 40.22 | 150m: | 2:18.33 | 50.25 | 250m: | 3:53.20 47.67 | 350m: | 5:24.12 43.20 |
| | 100m: | 1:28.08 47.86 | 200m: | 3:05.53 | 47.20 | 300m: | 4:40.92 47.72 | 400m: | 6:04.32 40.20 |
| 4. | HENRIQUES, Laura Costa | | 96 | Naval do Funchal | | | | 6:04.47 | 402 |
| | 50m: | 39.64 39.64 | 150m: | 2:16.88 | 48.05 | 250m: | 3:55.22 52.10 | 350m: | 5:25.42 40.12 |
| | 100m: | 1:28.83 49.19 | 200m: | 3:03.12 | 46.24 | 300m: | 4:45.30 50.08 | 400m: | 6:04.47 39.05 |
| 5. | FREITAS, Margarida Telo | | 96 | Naval do Funchal | | | | 6:13.06 | 375 |
| | 50m: | 41.22 41.22 | 150m: | 2:23.31 | 51.77 | 250m: | 4:01.21 49.01 | 350m: | 5:33.04 40.64 |
| | 100m: | 1:31.54 50.32 | 200m: | 3:12.20 | 48.89 | 300m: | 4:52.40 51.19 | 400m: | 6:13.06 40.02 |
| 6. | FARIA, Claudia Goncalves | | 96 | Naval do Funchal | | | | 6:14.28 | 371 |
| | 50m: | 40.01 40.01 | 150m: | 2:16.80 | 46.18 | 250m: | 3:56.97 56.44 | 350m: | 5:33.57 41.90 |
| | 100m: | 1:30.62 50.61 | 200m: | 3:00.53 | 43.73 | 300m: | 4:51.67 54.70 | 400m: | 6:14.28 40.71 |
| 7. | FERREIRA, Tatiana Araujo | | 96 | Clube Desportivo Nacional | | | | 6:27.34 | 335 |
| | 50m: | 41.41 41.41 | 150m: | 2:25.43 | 50.43 | 250m: | 4:06.96 51.19 | 350m: | 5:45.29 44.83 |
| | 100m: | 1:35.00 53.59 | 200m: | 3:15.77 | 50.34 | 300m: | 5:00.46 53.50 | 400m: | 6:27.34 42.05 |

Prova 2
11.12.10

Masc., 1500m Livres

13 anos e mais velhos
Resultados

Pontos: FINA 2008

| Lugar | | | Ano | | | Tempo final | Pts | |
|-------------------|------------------------------------|-----------------|-------|----------------------------------|--------|------------------|------------|------------------|
| Infantis B | | | | | | | | |
| 1. | VARGAS, Henrique Luis | | 98 | Naval do Funchal | | 19:54.38 | 383 | |
| | 100m: | 1:12.29 1:12.29 | 500m: | 6:23.45 1:19.47 | 900m: | 11:46.76 1:20.85 | 1300m: | 17:14.46 1:20.69 |
| | 200m: | 2:29.45 1:17.16 | 600m: | 7:44.36 1:20.91 | 1000m: | 13:09.19 1:22.43 | 1400m: | 18:34.05 1:19.59 |
| | 300m: | 3:45.35 1:15.90 | 700m: | 9:05.03 1:20.67 | 1100m: | 14:31.37 1:22.18 | 1500m: | 19:54.38 1:20.33 |
| | 400m: | 5:03.98 1:18.63 | 800m: | 10:25.91 1:20.88 | 1200m: | 15:53.77 1:22.40 | | |
| 2. | RODRIGUES, Joao Afonso | | 98 | Naval do Funchal | | 20:57.27 | 328 | |
| | 100m: | 1:19.63 1:19.63 | 500m: | 6:59.64 1:25.04 | 900m: | 12:37.44 1:24.22 | 1300m: | 18:13.10 1:24.55 |
| | 200m: | 2:43.83 1:24.20 | 600m: | 8:24.39 1:24.75 | 1000m: | 14:01.20 1:23.76 | 1400m: | 19:38.02 1:24.92 |
| | 300m: | 4:09.00 1:25.17 | 700m: | 9:48.68 1:24.29 | 1100m: | 15:24.48 1:23.28 | 1500m: | 20:57.27 1:19.25 |
| | 400m: | 5:34.60 1:25.60 | 800m: | 11:13.22 1:24.54 | 1200m: | 16:48.55 1:24.07 | | |
| 3. | MENDES, Eduardo Luis | | 98 | Maritimo | | 21:36.64 | 299 | |
| | 100m: | 1:23.67 1:23.67 | 500m: | 7:12.80 1:27.00 | 900m: | 13:05.35 1:27.62 | 1300m: | 18:54.39 1:25.19 |
| | 200m: | 2:50.19 1:26.52 | 600m: | 8:40.56 1:27.76 | 1000m: | 14:34.32 1:28.97 | 1400m: | 20:19.30 1:24.91 |
| | 300m: | 4:17.95 1:27.76 | 700m: | 10:10.11 1:29.55 | 1100m: | 16:01.26 1:26.94 | 1500m: | 21:36.64 1:17.34 |
| | 400m: | 5:45.80 1:27.85 | 800m: | 11:37.73 1:27.62 | 1200m: | 17:29.20 1:27.94 | | |
| 4. | RODRIGUES, Martim Silveira | | 98 | Maritimo | | 22:01.99 | 282 | |
| | 100m: | 1:18.41 1:18.41 | 500m: | 7:12.30 1:27.44 | 900m: | 13:03.91 1:28.21 | 1300m: | 19:04.55 1:31.31 |
| | 200m: | 2:47.04 1:28.63 | 600m: | 8:40.29 1:27.99 | 1000m: | 14:32.69 1:28.78 | 1400m: | 20:35.33 1:30.78 |
| | 300m: | 4:15.99 1:28.95 | 700m: | 10:07.60 1:27.31 | 1100m: | 16:02.72 1:30.03 | 1500m: | 22:01.99 1:26.66 |
| | 400m: | 5:44.86 1:28.87 | 800m: | 11:35.70 1:28.10 | 1200m: | 17:33.24 1:30.52 | | |
| 5. | SANTOS, Jesus Andrade | | 98 | Maritimo | | 22:19.42 | 271 | |
| | 100m: | 1:20.07 1:20.07 | 500m: | 7:12.63 1:29.64 | 900m: | 13:17.59 1:31.84 | 1300m: | 19:23.32 1:30.53 |
| | 200m: | 2:46.21 1:26.14 | 600m: | 8:44.09 1:31.46 | 1000m: | 14:49.31 1:31.72 | 1400m: | 20:52.85 1:29.53 |
| | 300m: | 4:14.35 1:28.14 | 700m: | 10:16.73 1:32.64 | 1100m: | 16:21.30 1:31.99 | 1500m: | 22:19.42 1:26.57 |
| | 400m: | 5:42.99 1:28.64 | 800m: | 11:45.75 1:29.02 | 1200m: | 17:52.79 1:31.49 | | |
| 6. | QUARESMA, Luis Cardoso | | 98 | Maritimo | | 22:24.21 | 268 | |
| | 100m: | 1:26.38 1:26.38 | 500m: | 7:33.90 1:32.00 | 900m: | 13:30.94 1:29.30 | 1300m: | 19:31.26 1:28.81 |
| | 200m: | 2:57.63 1:31.25 | 600m: | 9:03.38 1:29.48 | 1000m: | 15:01.70 1:30.76 | 1400m: | 20:59.30 1:28.04 |
| | 300m: | 4:29.63 1:32.00 | 700m: | 10:31.54 1:28.16 | 1100m: | 16:31.35 1:29.65 | 1500m: | 22:24.21 1:24.91 |
| | 400m: | 6:01.90 1:32.27 | 800m: | 12:01.64 1:30.10 | 1200m: | 18:02.45 1:31.10 | | |
| 7. | HENRIQUES, Bernardo Stephen | | 98 | Clube Desportivo Nacional | | 23:19.54 | 238 | |
| | 100m: | 1:26.45 1:26.45 | 500m: | 7:44.34 1:35.51 | 900m: | 14:02.12 1:34.66 | 1300m: | 20:20.14 1:34.40 |
| | 200m: | 3:00.10 1:33.65 | 600m: | 9:20.09 1:35.75 | 1000m: | 15:37.67 1:35.55 | 1400m: | 21:52.24 1:32.10 |
| | 300m: | 4:33.82 1:33.72 | 700m: | 10:53.94 1:33.85 | 1100m: | 17:12.22 1:34.55 | 1500m: | 23:19.54 1:27.30 |
| | 400m: | 6:08.83 1:35.01 | 800m: | 12:27.46 1:33.52 | 1200m: | 18:45.74 1:33.52 | | |
| 8. | FREITAS, Luis Guilherme | | 98 | Clube Desportivo Nacional | | 23:22.10 | 236 | |
| | 100m: | 1:30.16 1:30.16 | 500m: | 7:46.09 1:34.88 | 900m: | 14:04.32 1:35.45 | 1300m: | 20:23.01 1:32.01 |
| | 200m: | 3:02.28 1:32.12 | 600m: | 9:21.79 1:35.70 | 1000m: | 15:40.71 1:36.39 | 1400m: | 21:55.48 1:32.47 |
| | 300m: | 4:36.73 1:34.45 | 700m: | 10:57.08 1:35.29 | 1100m: | 17:16.35 1:35.64 | 1500m: | 23:22.10 1:26.62 |
| | 400m: | 6:11.21 1:34.48 | 800m: | 12:28.87 1:31.79 | 1200m: | 18:51.00 1:34.65 | | |
| 9. | RODRIGUES, Pedro Helder | | 98 | Maritimo | | 24:39.14 | 201 | |
| | 100m: | 1:31.13 1:31.13 | 500m: | 8:07.24 1:40.82 | 900m: | 14:47.24 1:41.11 | 1300m: | 21:27.84 1:39.60 |
| | 200m: | 3:09.34 1:38.21 | 600m: | 9:46.84 1:39.60 | 1000m: | 16:27.33 1:40.09 | 1400m: | 23:07.76 1:39.92 |
| | 300m: | 4:49.23 1:39.89 | 700m: | 11:26.39 1:39.55 | 1100m: | 18:07.77 1:40.44 | 1500m: | 24:39.14 1:31.38 |
| | 400m: | 6:26.42 1:37.19 | 800m: | 13:06.13 1:39.74 | 1200m: | 19:48.24 1:40.47 | | |
| 10. | ALVES, Bernardo Silva | | 98 | Maritimo | | 26:55.35 | 155 | |
| | 100m: | 1:39.18 1:39.18 | 500m: | 8:46.75 1:46.20 | 900m: | 16:01.39 1:50.00 | 1300m: | 23:21.52 1:46.67 |
| | 200m: | 3:24.76 1:45.58 | 600m: | 10:35.61 1:48.86 | 1000m: | 17:52.84 1:51.45 | 1400m: | 25:11.47 1:49.95 |
| | 300m: | 5:12.29 1:47.53 | 700m: | 12:23.00 1:47.39 | 1100m: | 19:43.12 1:50.28 | 1500m: | 26:55.35 1:43.88 |
| | 400m: | 7:00.55 1:48.26 | 800m: | 14:11.39 1:48.39 | 1200m: | 21:34.85 1:51.73 | | |

Prova 2, Masc., 1500m Livres, Infantis B

| Lugar | | | Ano | | | | | Tempo final | Pts | | | |
|-------|-------------------|---------|---------|---------------------------|----------|---------|----------|-----------------|---------|----------|----------|---------|
| 11. | COSTA, Joao Pedro | | 98 | Clube Desportivo Nacional | | | | 29:15.96 | 120 | | | |
| | 100m: | 1:39.55 | 500m: | 9:12.90 | 1:56.93 | 900m: | 17:17.62 | 2:03.82 | 1300m: | 25:28.77 | 1:58.97 | |
| | 200m: | 3:28.69 | 1:49.14 | 600m: | 11:13.04 | 2:00.14 | 1000m: | 19:22.93 | 2:05.31 | 1400m: | 27:29.39 | 2:00.62 |
| | 300m: | 5:21.80 | 1:53.11 | 700m: | 13:12.89 | 1:59.85 | 1100m: | 21:29.71 | 2:06.78 | 1500m: | 29:15.96 | 1:46.57 |
| | 400m: | 7:15.97 | 1:54.17 | 800m: | 15:13.80 | 2:00.91 | 1200m: | 23:29.80 | 2:00.09 | | | |

Infantis A

| | | | | | | | | | | | | |
|-----|--------------------------|---------|---------|---------------------------|----------|---------|--------|-----------------|---------|--------|----------|---------|
| 1. | CAMARA, Joao Vieira | | 97 | Maritimo | | | | 18:28.92 | 478 | | | |
| | 100m: | 1:10.45 | 1:10.45 | 500m: | 6:06.56 | 1:14.13 | 900m: | 11:03.82 | 1:14.65 | 1300m: | 16:01.83 | 1:14.02 |
| | 200m: | 2:24.25 | 1:13.80 | 600m: | 7:21.02 | 1:14.46 | 1000m: | 12:18.58 | 1:14.76 | 1400m: | 17:16.36 | 1:14.53 |
| | 300m: | 3:38.17 | 1:13.92 | 700m: | 8:35.20 | 1:14.18 | 1100m: | 13:33.17 | 1:14.59 | 1500m: | 18:28.92 | 1:12.56 |
| | 400m: | 4:52.43 | 1:14.26 | 800m: | 9:49.17 | 1:13.97 | 1200m: | 14:47.81 | 1:14.64 | | | |
| 2. | FERNANDES, Joao Manuel | | 97 | Naval do Funchal | | | | 18:42.46 | 461 | | | |
| | 100m: | 1:10.51 | 1:10.51 | 500m: | 6:07.66 | 1:14.98 | 900m: | 11:09.05 | 1:15.67 | 1300m: | 16:12.40 | 1:15.98 |
| | 200m: | 2:24.24 | 1:13.73 | 600m: | 7:22.77 | 1:15.11 | 1000m: | 12:24.80 | 1:15.75 | 1400m: | 17:28.04 | 1:15.64 |
| | 300m: | 3:38.46 | 1:14.22 | 700m: | 8:38.04 | 1:15.27 | 1100m: | 13:40.61 | 1:15.81 | 1500m: | 18:42.46 | 1:14.42 |
| | 400m: | 4:52.68 | 1:14.22 | 800m: | 9:53.38 | 1:15.34 | 1200m: | 14:56.42 | 1:15.81 | | | |
| 3. | SILVA, Francisco Pestana | | 97 | Naval do Funchal | | | | 19:23.11 | 414 | | | |
| | 100m: | 1:09.17 | 1:09.17 | 500m: | | | 900m: | | | 1300m: | | |
| | 200m: | 2:26.40 | 1:17.23 | 600m: | | | 1000m: | | | 1400m: | | |
| | 300m: | | | 700m: | | | 1100m: | | | 1500m: | 19:23.11 | |
| | 400m: | 5:03.23 | | 800m: | 10:18.11 | | 1200m: | | | | | |
| 4. | NOBREGA, Diogo Duarte | | 97 | Maritimo | | | | 19:34.13 | 403 | | | |
| | 100m: | 1:10.28 | 1:10.28 | 500m: | 6:23.15 | 1:18.29 | 900m: | 11:41.33 | 1:19.24 | 1300m: | 16:58.64 | 1:19.55 |
| | 200m: | 2:28.04 | 1:17.76 | 600m: | 7:42.54 | 1:19.39 | 1000m: | 13:00.54 | 1:19.21 | 1400m: | 18:17.76 | 1:19.12 |
| | 300m: | 3:45.90 | 1:17.86 | 700m: | 9:02.18 | 1:19.64 | 1100m: | 14:19.65 | 1:19.11 | 1500m: | 19:34.13 | 1:16.37 |
| | 400m: | 5:04.86 | 1:18.96 | 800m: | 10:22.09 | 1:19.91 | 1200m: | 15:39.09 | 1:19.44 | | | |
| 5. | VIEIRA, Francisco Tomas | | 97 | Clube Desportivo Nacional | | | | 19:48.53 | 388 | | | |
| | 100m: | 1:14.26 | 1:14.26 | 500m: | 6:33.48 | 1:19.86 | 900m: | 11:52.06 | 1:19.47 | 1300m: | 17:11.30 | 1:21.10 |
| | 200m: | 2:34.08 | 1:19.82 | 600m: | 7:53.97 | 1:20.49 | 1000m: | 13:11.43 | 1:19.37 | 1400m: | 18:32.78 | 1:21.48 |
| | 300m: | 3:54.01 | 1:19.93 | 700m: | 9:13.05 | 1:19.08 | 1100m: | 14:30.23 | 1:18.80 | 1500m: | 19:48.53 | 1:15.75 |
| | 400m: | 5:13.62 | 1:19.61 | 800m: | 10:32.59 | 1:19.54 | 1200m: | 15:50.20 | 1:19.97 | | | |
| 6. | PITA, Joao Francisco | | 97 | Clube Desportivo Nacional | | | | 19:57.45 | 380 | | | |
| | 100m: | 1:14.14 | 1:14.14 | 500m: | | | 900m: | | | 1300m: | | |
| | 200m: | 2:34.67 | 1:20.53 | 600m: | | | 1000m: | | | 1400m: | | |
| | 300m: | | | 700m: | | | 1100m: | | | 1500m: | 19:57.45 | |
| | 400m: | 5:15.71 | | 800m: | 10:41.04 | | 1200m: | | | | | |
| 7. | PINTO, Paulo Morgado | | 97 | Clube Desportivo Nacional | | | | 20:21.54 | 358 | | | |
| | 100m: | 1:12.19 | 1:12.19 | 500m: | | | 900m: | | | 1300m: | | |
| | 200m: | 2:32.27 | 1:20.08 | 600m: | | | 1000m: | | | 1400m: | | |
| | 300m: | | | 700m: | | | 1100m: | | | 1500m: | 20:21.54 | |
| | 400m: | 5:13.38 | | 800m: | 10:43.97 | | 1200m: | | | | | |
| 8. | SILVA, Luis Henrique | | 97 | Naval do Funchal | | | | 20:45.75 | 337 | | | |
| | 100m: | 1:16.86 | 1:16.86 | 500m: | 6:49.07 | 1:22.57 | 900m: | 12:24.30 | 1:23.94 | 1300m: | 17:59.94 | 1:23.50 |
| | 200m: | 2:40.22 | 1:23.36 | 600m: | 8:12.40 | 1:23.33 | 1000m: | 13:48.82 | 1:24.52 | 1400m: | 19:24.11 | 1:24.17 |
| | 300m: | 4:03.13 | 1:22.91 | 700m: | 9:36.78 | 1:24.38 | 1100m: | 15:11.43 | 1:22.61 | 1500m: | 20:45.75 | 1:21.64 |
| | 400m: | 5:26.50 | 1:23.37 | 800m: | 11:00.36 | 1:23.58 | 1200m: | 16:36.44 | 1:25.01 | | | |
| 9. | AGUIAR, Joao Menezes | | 97 | Naval do Funchal | | | | 20:52.81 | 332 | | | |
| | 100m: | 1:13.32 | 1:13.32 | 500m: | 6:42.03 | 1:23.84 | 900m: | 12:19.70 | 1:25.07 | 1300m: | 18:03.63 | 1:26.08 |
| | 200m: | 2:33.80 | 1:20.48 | 600m: | 8:05.49 | 1:23.46 | 1000m: | 13:46.00 | 1:26.30 | 1400m: | 19:29.75 | 1:26.12 |
| | 300m: | 3:56.01 | 1:22.21 | 700m: | 9:30.21 | 1:24.72 | 1100m: | 15:11.79 | 1:25.79 | 1500m: | 20:52.81 | 1:23.06 |
| | 400m: | 5:18.19 | 1:22.18 | 800m: | 10:54.63 | 1:24.42 | 1200m: | 16:37.55 | 1:25.76 | | | |
| 10. | SOUSA, Alexandre Gomes | | 97 | Maritimo | | | | 21:03.48 | 323 | | | |
| | 100m: | 1:11.02 | 1:11.02 | 500m: | | | 900m: | | | 1300m: | | |
| | 200m: | 2:34.13 | 1:23.11 | 600m: | | | 1000m: | | | 1400m: | | |
| | 300m: | | | 700m: | | | 1100m: | | | 1500m: | 21:03.48 | |
| | 400m: | 5:22.83 | | 800m: | 11:06.71 | | 1200m: | | | | | |

Prova 2, Masc., 1500m Livres, Infantis A

| Lugar | Ano | Tempo final | Pts |
|---------------------------------|------------------------------|-------------------------|-------------------------|
| 11. RAMOS, Tiago Nuno | 97 Maritimo | 21:51.93 | 289 |
| 100m: 1:17.23 1:17.23 | 500m: 900m: | 1300m: | |
| 200m: 2:43.42 1:26.19 | 600m: 1000m: | 1400m: | |
| 300m: 700m: | 1100m: | 1500m: 21:51.93 | |
| 400m: 5:38.65 | 800m: 11:34.48 | 1200m: | |
| 12. LUIS, Daniel Gomes | 97 Naval do Funchal | 21:59.24 | 284 |
| 100m: 1:19.34 1:19.34 | 500m: 7:10.70 1:28.63 | 900m: 13:08.83 1:30.46 | 1300m: 19:06.62 1:29.25 |
| 200m: 2:45.86 1:26.52 | 600m: 8:39.04 1:28.34 | 1000m: 14:38.43 1:29.60 | 1400m: 20:34.64 1:28.02 |
| 300m: 4:13.93 1:28.07 | 700m: 10:08.82 1:29.78 | 1100m: 16:08.20 1:29.77 | 1500m: 21:59.24 1:24.60 |
| 400m: 5:42.07 1:28.14 | 800m: 11:38.37 1:29.55 | 1200m: 17:37.37 1:29.17 | |
| 13. CARVALHO, Tiago Miguel | 97 Clube Desportivo Nacional | 22:00.49 | 283 |
| 100m: 1:20.11 1:20.11 | 500m: 7:07.48 1:27.72 | 900m: 12:59.36 1:28.14 | 1300m: 18:58.04 1:30.19 |
| 200m: 2:46.01 1:25.90 | 600m: 8:35.06 1:27.58 | 1000m: 14:28.62 1:29.26 | 1400m: 20:28.34 1:30.30 |
| 300m: 4:12.08 1:26.07 | 700m: 10:03.36 1:28.30 | 1100m: 15:57.55 1:28.93 | 1500m: 22:00.49 1:32.15 |
| 400m: 5:39.76 1:27.68 | 800m: 11:31.22 1:27.86 | 1200m: 17:27.85 1:30.30 | |
| 14. RUAS, Francisco Campos | 97 Maritimo | 23:07.52 | 244 |
| 100m: 1:25.39 1:25.39 | 500m: 7:33.46 1:31.79 | 900m: 13:48.75 1:34.46 | 1300m: 20:04.75 1:32.69 |
| 200m: 2:57.18 1:31.79 | 600m: 9:04.74 1:31.28 | 1000m: 15:22.90 1:34.15 | 1400m: 21:39.71 1:34.96 |
| 300m: 4:29.04 1:31.86 | 700m: 10:38.71 1:33.97 | 1100m: 16:57.74 1:34.84 | 1500m: 23:07.52 1:27.81 |
| 400m: 6:01.67 1:32.63 | 800m: 12:14.29 1:35.58 | 1200m: 18:32.06 1:34.32 | |
| 15. BYENLINSKYI, Volodymyr | 97 Maritimo | 23:26.68 | 234 |
| 100m: 1:30.89 1:30.89 | 500m: 7:53.12 1:36.71 | 900m: 14:11.72 1:32.38 | 1300m: 20:25.55 1:32.82 |
| 200m: 3:05.99 1:35.10 | 600m: 9:29.63 1:36.51 | 1000m: 15:45.65 1:33.93 | 1400m: 21:58.70 1:33.15 |
| 300m: 4:40.68 1:34.69 | 700m: 11:04.86 1:35.23 | 1100m: 17:19.19 1:33.54 | 1500m: 23:26.68 1:27.98 |
| 400m: 6:16.41 1:35.73 | 800m: 12:39.34 1:34.48 | 1200m: 18:52.73 1:33.54 | |
| DSQ VALE, Luis Filipe | 97 Naval do Funchal | | |
| <i>Não Completou o Percurso</i> | | | |

Juvenis B

| | | | |
|-----------------------------|------------------------------|-------------------------|-------------------------|
| 1. ABREU, Joao Goncalo | 96 Clube Desportivo Nacional | 18:19.48 | 490 |
| 100m: 1:09.57 1:09.57 | 500m: 6:02.30 1:13.16 | 900m: 10:57.58 1:13.97 | 1300m: 15:54.01 1:13.96 |
| 200m: 2:23.34 1:13.77 | 600m: 7:16.16 1:13.86 | 1000m: 12:11.51 1:13.93 | 1400m: 17:06.84 1:12.83 |
| 300m: 3:36.01 1:12.67 | 700m: 8:29.82 1:13.66 | 1100m: 13:25.86 1:14.35 | 1500m: 18:19.48 1:12.64 |
| 400m: 4:49.14 1:13.13 | 800m: 9:43.61 1:13.79 | 1200m: 14:40.05 1:14.19 | |
| 2. SOUSA, Francisco Gouveia | 96 Naval do Funchal | 18:22.80 | 486 |
| 100m: 1:07.47 1:07.47 | 500m: 5:56.32 1:13.15 | 900m: 10:51.76 1:14.35 | 1300m: 15:52.18 1:15.33 |
| 200m: 2:19.07 1:11.60 | 600m: 7:10.12 1:13.80 | 1000m: 12:06.63 1:14.87 | 1400m: 17:07.65 1:15.47 |
| 300m: 3:30.71 1:11.64 | 700m: 8:23.37 1:13.25 | 1100m: 13:21.46 1:14.83 | 1500m: 18:22.80 1:15.15 |
| 400m: 4:43.17 1:12.46 | 800m: 9:37.41 1:14.04 | 1200m: 14:36.85 1:15.39 | |
| 3. MARQUES, Miguel Freitas | 96 Maritimo | 18:49.86 | 452 |
| 100m: 1:11.40 1:11.40 | 500m: 6:15.08 1:15.52 | 900m: 11:18.40 1:16.02 | 1300m: 16:23.23 1:15.56 |
| 200m: 2:26.97 1:15.57 | 600m: 7:30.65 1:15.57 | 1000m: 12:34.60 1:16.20 | 1400m: 17:39.42 1:16.19 |
| 300m: 3:43.14 1:16.17 | 700m: 8:46.37 1:15.72 | 1100m: 13:51.18 1:16.58 | 1500m: 18:49.86 1:10.44 |
| 400m: 4:59.56 1:16.42 | 800m: 10:02.38 1:16.01 | 1200m: 15:07.67 1:16.49 | |
| 4. ABREU, Sergio Gomes | 96 Naval do Funchal | 19:08.00 | 431 |
| 100m: 1:10.51 1:10.51 | 500m: 6:16.22 1:16.87 | 900m: 11:24.07 1:17.68 | 1300m: 16:36.02 1:18.49 |
| 200m: 2:26.05 1:15.54 | 600m: 7:32.72 1:16.50 | 1000m: 12:41.50 1:17.43 | 1400m: 17:52.58 1:16.56 |
| 300m: 3:42.31 1:16.26 | 700m: 8:49.81 1:17.09 | 1100m: 13:59.34 1:17.84 | 1500m: 19:08.00 1:15.42 |
| 400m: 4:59.35 1:17.04 | 800m: 10:06.39 1:16.58 | 1200m: 15:17.53 1:18.19 | |
| 5. FARIA, Diogo Emanuel | 96 Naval do Funchal | 19:22.46 | 415 |
| 100m: 1:10.95 1:10.95 | 500m: 6:25.97 1:19.71 | 900m: 11:41.99 1:19.34 | 1300m: 16:53.93 1:18.54 |
| 200m: 2:28.55 1:17.60 | 600m: 7:44.70 1:18.73 | 1000m: 12:59.23 1:17.24 | 1400m: 18:11.17 1:17.24 |
| 300m: 3:46.49 1:17.94 | 700m: 9:03.73 1:19.03 | 1100m: 14:17.10 1:17.87 | 1500m: 19:22.46 1:11.29 |
| 400m: 5:06.26 1:19.77 | 800m: 10:22.65 1:18.92 | 1200m: 15:35.39 1:18.29 | |

Prova 2, Masc., 1500m Livres, Juvenis B

| Lugar | Nome | | Ano | Clube | Tempo final | Pts |
|--------|--------------------------------|---------|----------------|---------------------------|-----------------|---------|
| 6. | DIAS, Lourenco Drumond | | 96 | Naval do Funchal | 19:25.78 | 411 |
| | 100m: 1:09.50 | 1:09.50 | 500m: 6:14.60 | 1:16.84 | 900m: 11:27.14 | 1:20.60 |
| | 200m: 2:25.53 | 1:16.03 | 600m: 7:31.29 | 1:16.69 | 1000m: 12:47.65 | 1:20.51 |
| | 300m: 3:41.31 | 1:15.78 | 700m: 8:47.97 | 1:16.68 | 1100m: 14:08.90 | 1:21.25 |
| | 400m: 4:57.76 | 1:16.45 | 800m: 10:06.54 | 1:18.57 | 1200m: 15:30.08 | 1:21.18 |
| 1300m: | | | | | 16:51.24 | 1:21.16 |
| 1400m: | | | | | 18:10.95 | 1:19.71 |
| 1500m: | | | | | 19:25.78 | 1:14.83 |
| 7. | ENCARNACAO, Vitor Hugo | | 96 | Clube Desportivo Nacional | 19:51.97 | 385 |
| | 100m: 1:10.11 | 1:10.11 | 500m: | | 900m: | |
| | 200m: 2:24.72 | 1:14.61 | 600m: | | 1000m: | |
| | 300m: | | 700m: | | 1100m: | |
| | 400m: 4:54.31 | | 800m: 10:08.75 | | 1200m: | |
| 1300m: | | | | | 19:51.97 | |
| 1400m: | | | | | | |
| 1500m: | | | | | | |
| 8. | AGUIAR, Diogo Guilherme | | 96 | Naval do Funchal | 19:53.99 | 383 |
| | 100m: 1:12.00 | 1:12.00 | 500m: 6:28.80 | 1:20.44 | 900m: 11:48.93 | 1:20.26 |
| | 200m: 2:29.81 | 1:17.81 | 600m: 7:48.75 | 1:19.95 | 1000m: 13:10.20 | 1:21.27 |
| | 300m: 3:48.53 | 1:18.72 | 700m: 9:09.21 | 1:20.46 | 1100m: 14:31.08 | 1:20.88 |
| | 400m: 5:08.36 | 1:19.83 | 800m: 10:28.67 | 1:19.46 | 1200m: 15:53.39 | 1:22.31 |
| 1300m: | | | | | 17:15.70 | 1:22.31 |
| 1400m: | | | | | 18:36.41 | 1:20.71 |
| 1500m: | | | | | 19:53.99 | 1:17.58 |
| 9. | NACHYCHKO, Vitaliy Vasylyovych | | 96 | Maritimo | 19:57.42 | 380 |
| | 100m: 1:12.58 | 1:12.58 | 500m: | | 900m: | |
| | 200m: 2:34.13 | 1:21.55 | 600m: | | 1000m: | |
| | 300m: | | 700m: | | 1100m: | |
| | 400m: 5:16.72 | | 800m: 10:43.49 | | 1200m: | |
| 1300m: | | | | | 19:57.42 | |
| 1400m: | | | | | | |
| 1500m: | | | | | | |
| 10. | CAMACHO, Caio Neves | | 96 | Clube Desportivo Nacional | 20:49.09 | 334 |
| | 100m: 1:14.95 | 1:14.95 | 500m: 6:50.35 | 1:25.30 | 900m: 12:32.60 | 1:26.78 |
| | 200m: 2:37.40 | 1:22.45 | 600m: 8:16.72 | 1:26.37 | 1000m: 13:58.74 | 1:26.14 |
| | 300m: 4:00.71 | 1:23.31 | 700m: 9:40.41 | 1:23.69 | 1100m: 15:25.52 | 1:26.78 |
| | 400m: 5:25.05 | 1:24.34 | 800m: 11:05.82 | 1:25.41 | 1200m: 16:47.88 | 1:22.36 |
| 1300m: | | | | | 18:09.32 | 1:21.44 |
| 1400m: | | | | | 19:30.14 | 1:20.82 |
| 1500m: | | | | | 20:49.09 | 1:18.95 |
| 11. | CAETANO, Paulo Pereira | | 96 | Maritimo | 21:26.22 | 306 |
| | 100m: 1:19.79 | 1:19.79 | 500m: 7:07.59 | 1:26.25 | 900m: 12:57.73 | 1:26.94 |
| | 200m: 2:47.46 | 1:27.67 | 600m: 8:35.19 | 1:27.60 | 1000m: 14:25.26 | 1:27.53 |
| | 300m: 4:14.08 | 1:26.62 | 700m: 10:02.96 | 1:27.77 | 1100m: 15:51.60 | 1:26.34 |
| | 400m: 5:41.34 | 1:27.26 | 800m: 11:30.79 | 1:27.83 | 1200m: 17:16.57 | 1:24.97 |
| 1300m: | | | | | 18:41.05 | 1:24.48 |
| 1400m: | | | | | 20:05.01 | 1:23.96 |
| 1500m: | | | | | 21:26.22 | 1:21.21 |
| 12. | SILVA, Vitor Fernandes | | 96 | Clube Desportivo Nacional | 22:18.95 | 272 |
| | 100m: 1:21.34 | 1:21.34 | 500m: 7:14.51 | 1:30.32 | 900m: 13:16.15 | 1:32.44 |
| | 200m: 2:48.30 | 1:26.96 | 600m: 8:40.92 | 1:26.41 | 1000m: 14:48.14 | 1:31.99 |
| | 300m: 4:16.61 | 1:28.31 | 700m: 10:13.86 | 1:32.94 | 1100m: 16:18.91 | 1:30.77 |
| | 400m: 5:44.19 | 1:27.58 | 800m: 11:43.71 | 1:29.85 | 1200m: 17:52.41 | 1:33.50 |
| 1300m: | | | | | 19:24.09 | 1:31.68 |
| 1400m: | | | | | 20:55.77 | 1:31.68 |
| 1500m: | | | | | 22:18.95 | 1:23.18 |
| 13. | FREITAS, Abel Henrique | | 96 | Maritimo | 24:58.51 | 194 |
| | 100m: 1:32.33 | 1:32.33 | 500m: 8:13.84 | 1:40.43 | 900m: 14:59.14 | 1:39.57 |
| | 200m: 3:12.53 | 1:40.20 | 600m: 9:54.22 | 1:40.38 | 1000m: 16:38.95 | 1:39.81 |
| | 300m: 4:53.39 | 1:40.86 | 700m: 11:37.38 | 1:43.16 | 1100m: 18:18.73 | 1:39.78 |
| | 400m: 6:33.41 | 1:40.02 | 800m: 13:19.57 | 1:42.19 | 1200m: 19:59.82 | 1:41.09 |
| 1300m: | | | | | 21:39.53 | 1:39.71 |
| 1400m: | | | | | 23:19.79 | 1:40.26 |
| 1500m: | | | | | 24:58.51 | 1:38.72 |

Juvenis A

| | | | | | | |
|--------|-----------------------|---------|---------------|---------------------------|-----------------|---------|
| 1. | VIEIRA, Duarte Nuno | | 95 | Clube Desportivo Nacional | 16:49.20 | 634 |
| | 100m: 1:03.39 | 1:03.39 | 500m: 5:34.75 | 1:07.76 | 900m: 10:08.16 | 1:08.34 |
| | 200m: 2:10.99 | 1:07.60 | 600m: 6:42.63 | 1:07.88 | 1000m: 11:15.81 | 1:07.65 |
| | 300m: 3:19.09 | 1:08.10 | 700m: 7:51.35 | 1:08.72 | 1100m: 12:23.50 | 1:07.69 |
| | 400m: 4:26.99 | 1:07.90 | 800m: 8:59.82 | 1:08.47 | 1200m: 13:30.92 | 1:07.42 |
| 1300m: | | | | | 14:37.47 | 1:06.55 |
| 1400m: | | | | | 15:44.21 | 1:06.74 |
| 1500m: | | | | | 16:49.20 | 1:04.99 |
| 2. | SILVA, Lourenco Moniz | | 95 | Naval do Funchal | 17:46.36 | 538 |
| | 100m: 1:05.11 | 1:05.11 | 500m: 5:54.08 | 1:12.39 | 900m: 10:41.34 | 1:11.49 |
| | 200m: 2:16.69 | 1:11.58 | 600m: 7:06.45 | 1:12.37 | 1000m: 11:53.58 | 1:12.24 |
| | 300m: 3:28.90 | 1:12.21 | 700m: 8:18.31 | 1:11.86 | 1100m: 13:04.37 | 1:10.79 |
| | 400m: 4:41.69 | 1:12.79 | 800m: 9:29.85 | 1:11.54 | 1200m: 14:15.70 | 1:11.33 |
| 1300m: | | | | | 15:27.02 | 1:11.32 |
| 1400m: | | | | | 16:38.03 | 1:11.01 |
| 1500m: | | | | | 17:46.36 | 1:08.33 |
| 3. | MONTEIRO, Joao Pedro | | 95 | Clube Desportivo Nacional | 17:55.42 | 524 |
| | 100m: 1:05.03 | 1:05.03 | 500m: 5:53.50 | 1:13.07 | 900m: 10:44.05 | 1:12.69 |
| | 200m: 2:16.05 | 1:11.02 | 600m: 7:06.47 | 1:12.97 | 1000m: 11:56.77 | 1:12.72 |
| | 300m: 3:28.17 | 1:12.12 | 700m: 8:19.20 | 1:12.73 | 1100m: 13:09.76 | 1:12.99 |
| | 400m: 4:40.43 | 1:12.26 | 800m: 9:31.36 | 1:12.16 | 1200m: 14:22.23 | 1:12.47 |
| 1300m: | | | | | 15:34.45 | 1:12.22 |
| 1400m: | | | | | 16:46.03 | 1:11.58 |
| 1500m: | | | | | 17:55.42 | 1:09.39 |

Prova 2, Masc., 1500m Livres, Juvenis A

| Lugar | Ano | | Tempo final | | Pts |
|--------------------------------|---------|---------------------------|-----------------|-----------------|---------|
| 4. GOMES, Andre Goncalo | 95 | Clube Desportivo Nacional | 19:04.81 | 434 | |
| 100m: 1:09.02 | 1:09.02 | 500m: 6:11.03 | 1:16.77 | 900m: 11:18.41 | 1:17.11 |
| 200m: 2:24.97 | 1:15.95 | 600m: 7:28.54 | 1:17.51 | 1000m: 12:35.35 | 1:16.94 |
| 300m: 3:39.81 | 1:14.84 | 700m: 8:44.88 | 1:16.34 | 1100m: 13:53.60 | 1:18.25 |
| 400m: 4:54.26 | 1:14.45 | 800m: 10:01.30 | 1:16.42 | 1200m: 15:11.91 | 1:18.31 |
| 1300m: 16:30.81 | 1:18.90 | | | 1400m: 17:49.19 | 1:18.38 |
| 1500m: 19:04.81 | 1:15.62 | | | | |
| 5. CAMARA, Lauro Arruda | 95 | Naval do Funchal | 19:13.03 | 425 | |
| 100m: 1:08.30 | 1:08.30 | 500m: 6:11.39 | 1:16.76 | 900m: 11:21.88 | 1:18.72 |
| 200m: 2:22.57 | 1:14.27 | 600m: 7:28.09 | 1:16.70 | 1000m: 12:40.13 | 1:18.25 |
| 300m: 3:38.53 | 1:15.96 | 700m: 8:45.43 | 1:17.34 | 1100m: 14:00.60 | 1:20.47 |
| 400m: 4:54.63 | 1:16.10 | 800m: 10:03.16 | 1:17.73 | 1200m: 15:19.65 | 1:19.05 |
| 1300m: 16:39.31 | 1:19.66 | | | 1400m: 17:57.77 | 1:18.46 |
| 1500m: 19:13.03 | 1:15.26 | | | | |
| 6. LUIS, Joao Rodrigues | 95 | Naval do Funchal | 19:26.89 | 410 | |
| 100m: 1:08.73 | 1:08.73 | 500m: 6:18.79 | 1:19.30 | 900m: 11:39.10 | 1:19.88 |
| 200m: 2:25.10 | 1:16.37 | 600m: 7:38.62 | 1:19.83 | 1000m: 12:57.91 | 1:18.81 |
| 300m: 3:42.01 | 1:16.91 | 700m: 8:58.34 | 1:19.72 | 1100m: 14:17.21 | 1:19.30 |
| 400m: 4:59.49 | 1:17.48 | 800m: 10:19.22 | 1:20.88 | 1200m: 15:34.42 | 1:17.21 |
| 1300m: 16:53.26 | 1:18.84 | | | 1400m: 18:12.12 | 1:18.86 |
| 1500m: 19:26.89 | 1:14.77 | | | | |
| 7. MARQUES, Joao Luis | 95 | Naval do Funchal | 19:42.76 | 394 | |
| 100m: 1:09.44 | 1:09.44 | 500m: 6:19.41 | 1:19.58 | 900m: 11:42.04 | 1:20.68 |
| 200m: 2:25.05 | 1:15.61 | 600m: 7:40.56 | 1:21.15 | 1000m: 13:02.71 | 1:20.67 |
| 300m: 3:41.14 | 1:16.09 | 700m: 9:00.86 | 1:20.30 | 1100m: 14:23.87 | 1:21.16 |
| 400m: 4:59.83 | 1:18.69 | 800m: 10:21.36 | 1:20.50 | 1200m: 15:43.34 | 1:19.47 |
| 1300m: 17:04.49 | 1:21.15 | | | 1400m: 18:25.32 | 1:20.83 |
| 1500m: 19:42.76 | 1:17.44 | | | | |
| 8. CALISTO, Francisco Marques | 95 | Naval do Funchal | 20:07.08 | 371 | |
| 100m: 1:10.92 | 1:10.92 | 500m: | | 900m: | |
| 200m: 2:09.09 | 58.17 | 600m: | | 1000m: | |
| 300m: | | 700m: | | 1100m: | |
| 400m: 5:10.17 | | 800m: 10:37.82 | | 1200m: | |
| 1300m: | | | | 1400m: | |
| 1500m: 20:07.08 | | | | | |
| 9. COSTA, Fabricio Xavier | 95 | Maritimo | 20:36.62 | 345 | |
| 100m: 1:15.89 | 1:15.89 | 500m: 6:43.14 | 1:22.37 | 900m: 12:14.79 | 1:24.19 |
| 200m: 2:36.67 | 1:20.78 | 600m: 8:04.76 | 1:21.62 | 1000m: 13:38.96 | 1:24.17 |
| 300m: 3:58.49 | 1:21.82 | 700m: 9:27.17 | 1:22.41 | 1100m: 15:03.99 | 1:25.03 |
| 400m: 5:20.77 | 1:22.28 | 800m: 10:50.60 | 1:23.43 | 1200m: 16:28.43 | 1:24.44 |
| 1300m: 17:52.47 | 1:24.04 | | | 1400m: 19:15.58 | 1:23.11 |
| 1500m: 20:36.62 | 1:21.04 | | | | |
| 10. FREITAS, Ricardo Nuno | 95 | Clube Desportivo Nacional | 21:33.70 | 301 | |
| 100m: 1:22.87 | 1:22.87 | 500m: 7:11.72 | 1:27.26 | 900m: 13:01.26 | 1:27.31 |
| 200m: 2:50.09 | 1:27.22 | 600m: 8:38.97 | 1:27.25 | 1000m: 14:29.34 | 1:28.08 |
| 300m: 4:17.34 | 1:27.25 | 700m: 10:06.44 | 1:27.47 | 1100m: 15:56.95 | 1:27.61 |
| 400m: 5:44.46 | 1:27.12 | 800m: 11:33.95 | 1:27.51 | 1200m: 17:23.56 | 1:26.61 |
| 1300m: 18:49.82 | 1:26.26 | | | 1400m: 20:14.93 | 1:25.11 |
| 1500m: 21:33.70 | 1:18.77 | | | | |
| 11. RAMOS, Antonio Luis | 95 | Clube Desportivo Nacional | 22:09.24 | 278 | |
| 100m: 1:21.35 | 1:21.35 | 500m: | | 900m: | |
| 200m: 2:50.25 | 1:28.90 | 600m: | | 1000m: | |
| 300m: | | 700m: | | 1100m: | |
| 400m: 5:50.58 | | 800m: 11:52.28 | | 1200m: | |
| 1300m: | | | | 1400m: | |
| 1500m: 22:09.24 | | | | | |
| 12. FARIA, Guilherme Nunes | 95 | Clube Desportivo Nacional | 24:03.86 | 217 | |
| 100m: 1:20.35 | 1:20.35 | 500m: 7:42.45 | 1:38.66 | 900m: 14:28.48 | 1:42.57 |
| 200m: 2:52.10 | 1:31.75 | 600m: 9:23.37 | 1:40.92 | 1000m: 16:09.75 | 1:41.27 |
| 300m: 4:26.83 | 1:34.73 | 700m: 11:04.43 | 1:41.06 | 1100m: 17:49.59 | 1:39.84 |
| 400m: 6:03.79 | 1:36.96 | 800m: 12:45.91 | 1:41.48 | 1200m: 19:28.91 | 1:39.32 |
| 1300m: 21:03.30 | 1:34.39 | | | 1400m: 22:36.08 | 1:32.78 |
| 1500m: 24:03.86 | 1:27.78 | | | | |
| 13. GONCALVES, Pedro Henriques | 95 | Clube Desportivo Nacional | 25:12.49 | 188 | |
| 100m: 1:24.97 | 1:24.97 | 500m: 8:01.06 | 1:42.98 | 900m: 14:55.08 | 1:43.66 |
| 200m: 3:02.89 | 1:37.92 | 600m: 9:42.96 | 1:41.90 | 1000m: 16:39.44 | 1:44.36 |
| 300m: 4:40.71 | 1:37.82 | 700m: 11:26.64 | 1:43.68 | 1100m: 18:25.31 | 1:45.87 |
| 400m: 6:18.08 | 1:37.37 | 800m: 13:11.42 | 1:44.78 | 1200m: 20:09.95 | 1:44.64 |
| 1300m: 21:54.30 | 1:44.35 | | | 1400m: 23:40.00 | 1:45.70 |
| 1500m: 25:12.49 | 1:32.49 | | | | |
| 14. MENDES, Diogo Alexandre | 95 | Clube Desportivo Nacional | 27:03.36 | 152 | |
| 100m: 1:30.23 | 1:30.23 | 500m: 8:41.67 | 1:50.35 | 900m: 15:59.05 | 1:51.94 |
| 200m: 3:15.41 | 1:45.18 | 600m: 10:28.98 | 1:47.31 | 1000m: 17:51.86 | 1:52.81 |
| 300m: 5:01.85 | 1:46.44 | 700m: 12:17.16 | 1:48.18 | 1100m: 19:43.27 | 1:51.41 |
| 400m: 6:51.32 | 1:49.47 | 800m: 14:07.11 | 1:49.95 | 1200m: 21:33.19 | 1:49.92 |
| 1300m: 23:25.59 | 1:52.40 | | | 1400m: 25:13.93 | 1:48.34 |
| 1500m: 27:03.36 | 1:49.43 | | | | |

Prova 2, Masc., 1500m Livres

Juniores

| | | | | |
|-----------------------------|------------------------|---------------------------|-------------------------|-----|
| 1. VIEIRA, Joao Pedro | 94 | Naval do Funchal | 17:16.58 | 585 |
| 100m: 1:04.93 1:04.93 | 500m: 5:37.66 1:08.18 | 900m: 10:15.25 1:09.38 | 1300m: 14:56.92 1:10.05 | |
| 200m: 2:13.10 1:08.17 | 600m: 6:46.47 1:08.81 | 1000m: 11:25.31 1:10.06 | 1400m: 16:07.97 1:11.05 | |
| 300m: 3:21.02 1:07.92 | 700m: 7:55.75 1:09.28 | 1100m: 12:35.60 1:10.29 | 1500m: 17:16.58 1:08.61 | |
| 400m: 4:29.48 1:08.46 | 800m: 9:05.87 1:10.12 | 1200m: 13:46.87 1:11.27 | | |
| 2. DIAS, Andre Miguel | 93 | Naval do Funchal | 17:50.06 | 532 |
| 100m: 1:07.56 1:07.56 | 500m: 5:55.92 1:11.63 | 900m: 10:41.70 1:12.07 | 1300m: 15:30.21 1:11.16 | |
| 200m: 2:19.44 1:11.88 | 600m: 7:07.00 1:11.08 | 1000m: 11:53.62 1:11.92 | 1400m: 16:41.42 1:11.21 | |
| 300m: 3:32.13 1:12.69 | 700m: 8:18.30 1:11.30 | 1100m: 13:06.32 1:12.70 | 1500m: 17:50.06 1:08.64 | |
| 400m: 4:44.29 1:12.16 | 800m: 9:29.63 1:11.33 | 1200m: 14:19.05 1:12.73 | | |
| 3. PRUDENTE, Andre Nunes | 94 | Naval do Funchal | 18:25.04 | 483 |
| 100m: 1:06.21 1:06.21 | 500m: 5:56.23 1:13.78 | 900m: 10:54.48 1:14.61 | 1300m: 15:55.17 1:15.61 | |
| 200m: 2:17.89 1:11.68 | 600m: 7:10.61 1:14.38 | 1000m: 12:09.37 1:14.89 | 1400m: 17:10.74 1:15.57 | |
| 300m: 3:29.70 1:11.81 | 700m: 8:25.11 1:14.50 | 1100m: 13:25.15 1:15.78 | 1500m: 18:25.04 1:14.30 | |
| 400m: 4:42.45 1:12.75 | 800m: 9:39.87 1:14.76 | 1200m: 14:39.56 1:14.41 | | |
| 4. FREITAS, Joao Costa | 93 | Naval do Funchal | 18:59.40 | 441 |
| 100m: 1:06.50 1:06.50 | 500m: 6:05.38 1:16.84 | 900m: 11:16.96 1:18.33 | 1300m: 16:28.37 1:16.78 | |
| 200m: 2:19.25 1:12.75 | 600m: 7:22.71 1:17.33 | 1000m: 12:35.64 1:18.68 | 1400m: 17:44.27 1:15.90 | |
| 300m: 3:33.24 1:13.99 | 700m: 8:40.67 1:17.96 | 1100m: 13:53.89 1:18.25 | 1500m: 18:59.40 1:15.13 | |
| 400m: 4:48.54 1:15.30 | 800m: 9:58.63 1:17.96 | 1200m: 15:11.59 1:17.70 | | |
| 5. GOUVEIA, Henrique Xavier | 93 | Clube Desportivo Nacional | 22:27.07 | 267 |
| 100m: 1:15.17 1:15.17 | 500m: 7:08.49 1:30.34 | 900m: 13:16.71 1:32.81 | 1300m: 19:28.25 1:33.22 | |
| 200m: 2:40.71 1:25.54 | 600m: 8:39.11 1:30.62 | 1000m: 14:50.34 1:33.63 | 1400m: 20:59.66 1:31.41 | |
| 300m: 4:08.81 1:28.10 | 700m: 10:11.42 1:32.31 | 1100m: 16:22.53 1:32.19 | 1500m: 22:27.07 1:27.41 | |
| 400m: 5:38.15 1:29.34 | 800m: 11:43.90 1:32.48 | 1200m: 17:55.03 1:32.50 | | |
| 6. CORREIA, Vasco Nobrega | 94 | Clube Desportivo Nacional | 23:24.20 | 235 |
| 100m: 1:20.50 1:20.50 | 500m: | 900m: | 1300m: | |
| 200m: 2:50.98 1:30.48 | 600m: | 1000m: | 1400m: | |
| 300m: | 700m: | 1100m: | 1500m: 23:24.20 | |
| 400m: 5:53.87 | 800m: 12:09.41 | 1200m: | | |

Seniores

| | | | | |
|---------------------------|------------------------|---------------------------|-------------------------|-----|
| 1. JORGE, Andre Camara | 90 | Maritimo | 18:34.70 | 471 |
| 100m: 1:07.07 1:07.07 | 500m: 6:05.74 1:15.42 | 900m: 11:08.89 1:15.28 | 1300m: 16:09.88 1:14.63 | |
| 200m: 2:20.30 1:13.23 | 600m: 7:21.54 1:15.80 | 1000m: 12:24.57 1:15.68 | 1400m: 17:24.17 1:14.29 | |
| 300m: 3:35.03 1:14.73 | 700m: 8:37.87 1:16.33 | 1100m: 13:39.92 1:15.35 | 1500m: 18:34.70 1:10.53 | |
| 400m: 4:50.32 1:15.29 | 800m: 9:53.61 1:15.74 | 1200m: 14:55.25 1:15.33 | | |
| 2. AGUIAR, Vitor Hugo | 89 | Clube Desportivo Nacional | 18:51.65 | 450 |
| 100m: 1:09.48 1:09.48 | 500m: 6:10.57 1:14.73 | 900m: 11:13.30 1:15.74 | 1300m: 16:20.63 1:17.06 | |
| 200m: 2:25.10 1:15.62 | 600m: 7:26.12 1:15.55 | 1000m: 12:29.15 1:15.85 | 1400m: 17:38.33 1:17.70 | |
| 300m: 3:40.91 1:15.81 | 700m: 8:41.61 1:15.49 | 1100m: 13:46.03 1:16.88 | 1500m: 18:51.65 1:13.32 | |
| 400m: 4:55.84 1:14.93 | 800m: 9:57.56 1:15.95 | 1200m: 15:03.57 1:17.54 | | |
| 3. FREITAS, Antonio Diogo | 92 | Clube Desportivo Nacional | 19:10.48 | 428 |
| 100m: 1:08.73 1:08.73 | 500m: 6:14.07 1:16.89 | 900m: 11:26.46 1:17.50 | 1300m: 16:38.63 1:18.54 | |
| 200m: 2:23.81 1:15.08 | 600m: 7:32.33 1:18.26 | 1000m: 12:43.71 1:17.25 | 1400m: 17:56.73 1:18.10 | |
| 300m: 3:39.83 1:16.02 | 700m: 8:51.12 1:18.79 | 1100m: 14:01.25 1:17.54 | 1500m: 19:10.48 1:13.75 | |
| 400m: 4:57.18 1:17.35 | 800m: 10:08.96 1:17.84 | 1200m: 15:20.09 1:18.84 | | |
| 4. GONCALVES, Fabio Gomes | 79 | Clube Desportivo Nacional | 23:34.56 | 230 |
| 100m: 1:23.57 1:23.57 | 500m: 7:42.90 1:35.31 | 900m: 14:07.06 1:35.96 | 1300m: 20:30.81 1:35.52 | |
| 200m: 2:57.07 1:33.50 | 600m: 9:19.36 1:36.46 | 1000m: 15:43.23 1:36.17 | 1400m: 22:06.06 1:35.25 | |
| 300m: 4:32.11 1:35.04 | 700m: 10:55.42 1:36.06 | 1100m: 17:19.25 1:36.02 | 1500m: 23:34.56 1:28.50 | |
| 400m: 6:07.59 1:35.48 | 800m: 12:31.10 1:35.68 | 1200m: 18:55.29 1:36.04 | | |
| 5. PESTANA, Artur Gomes | 79 | Naval do Funchal | 24:01.46 | 218 |
| 100m: 1:24.02 1:24.02 | 500m: 7:42.93 1:36.68 | 900m: 14:07.48 1:36.50 | 1300m: 20:45.39 1:40.50 | |
| 200m: 2:57.48 1:33.46 | 600m: 9:18.85 1:35.92 | 1000m: 15:45.97 1:38.49 | 1400m: 22:25.93 1:40.54 | |
| 300m: 4:30.57 1:33.09 | 700m: 10:54.49 1:35.64 | 1100m: 17:24.79 1:38.82 | 1500m: 24:01.46 1:35.53 | |
| 400m: 6:06.25 1:35.68 | 800m: 12:30.98 1:36.49 | 1200m: 19:04.89 1:40.10 | | |

Prova 2, Masc., 1500m Livres, Seniores

| Lugar | Ano | Tempo final | Pts |
|--------------------------------|------------------------------|-------------------------|-------------------------|
| 6. GONCALVES, Antonio Humberto | 72 Clube Desportivo Nacional | 31:05.87 | 100 |
| 100m: 1:45.41 1:45.41 | 500m: 10:10.76 2:04.81 | 900m: 18:38.03 2:08.54 | 1300m: 26:58.63 2:03.66 |
| 200m: 3:47.92 2:02.51 | 600m: 12:17.02 2:06.26 | 1000m: 20:44.13 2:06.10 | 1400m: 29:03.36 2:04.73 |
| 300m: 5:57.70 2:09.78 | 700m: 14:22.67 2:05.65 | 1100m: 22:50.75 2:06.62 | 1500m: 31:05.87 2:02.51 |
| 400m: 8:05.95 2:08.25 | 800m: 16:29.49 2:06.82 | 1200m: 24:54.97 2:04.22 | |

Prova 3 Masc., 400m Estilos 13 anos e mais velhos Resultados

Pontos: FINA 2008

| Lugar | Ano | Tempo final | Pts |
|--------------------------------|------------------------------|-----------------------|---------------------|
| Infantis B | | | |
| 1. VARGAS, Henrique Luis | 98 Naval do Funchal | 5:45.70 | 347 |
| 50m: 33.63 33.63 | 150m: 2:00.50 47.05 | 250m: 3:36.19 49.83 | 350m: 5:08.39 40.16 |
| 100m: 1:13.45 39.82 | 200m: 2:46.36 45.86 | 300m: 4:28.23 52.04 | 400m: 5:45.70 37.31 |
| 2. RODRIGUES, Martim Silveira | 98 Maritimo | 6:06.54 | 291 |
| 50m: 37.39 37.39 | 150m: 2:15.48 46.53 | 250m: 3:51.77 50.23 | 350m: 5:25.45 43.09 |
| 100m: 1:28.95 51.56 | 200m: 3:01.54 46.06 | 300m: 4:42.36 50.59 | 400m: 6:06.54 41.09 |
| 3. RODRIGUES, Joao Afonso | 98 Naval do Funchal | 6:09.41 | 284 |
| 50m: 39.30 39.30 | 150m: 2:14.58 45.73 | 250m: 3:54.51 54.16 | 350m: 5:31.56 41.70 |
| 100m: 1:28.85 49.55 | 200m: 3:00.35 45.77 | 300m: 4:49.86 55.35 | 400m: 6:09.41 37.85 |
| 4. MENDES, Eduardo Luis | 98 Maritimo | 6:26.42 | 248 |
| 50m: 45.62 45.62 | 150m: 2:33.08 50.88 | 250m: 4:12.76 51.94 | 350m: 5:47.98 42.42 |
| 100m: 1:42.20 56.58 | 200m: 3:20.82 47.74 | 300m: 5:05.56 52.80 | 400m: 6:26.42 38.44 |
| 5. SANTOS, Jesus Andrade | 98 Maritimo | 6:36.04 | 231 |
| 50m: 41.18 41.18 | 150m: 2:26.90 52.06 | 250m: 4:11.30 53.71 | 350m: 5:52.05 44.53 |
| 100m: 1:34.84 53.66 | 200m: 3:17.59 50.69 | 300m: 5:07.52 56.22 | 400m: 6:36.04 43.99 |
| 6. FREITAS, Luis Guilherme | 98 Clube Desportivo Nacional | 6:41.54 | 221 |
| 50m: 41.06 41.06 | 150m: 2:21.94 51.02 | 250m: 4:11.12 58.82 | 350m: 5:56.61 46.48 |
| 100m: 1:30.92 49.86 | 200m: 3:12.30 50.36 | 300m: 5:10.13 59.01 | 400m: 6:41.54 44.93 |
| 7. HENRIQUES, Bernardo Stephen | 98 Clube Desportivo Nacional | 6:48.07 | 211 |
| 50m: 39.03 39.03 | 150m: 2:28.44 54.45 | 250m: 4:17.94 57.61 | 350m: 6:04.16 45.21 |
| 100m: 1:33.99 54.96 | 200m: 3:20.33 51.89 | 300m: 5:18.95 1:01.01 | 400m: 6:48.07 43.91 |
| 8. QUARESMA, Luis Cardoso | 98 Maritimo | 6:52.63 | 204 |
| 50m: 50.75 50.75 | 150m: 2:38.65 50.82 | 250m: 4:24.10 55.65 | 350m: 6:09.55 45.39 |
| 100m: 1:47.83 57.08 | 200m: 3:28.45 49.80 | 300m: 5:24.16 1:00.06 | 400m: 6:52.63 43.08 |
| 9. RODRIGUES, Pedro Helder | 98 Maritimo | 6:56.81 | 198 |
| 50m: 52.48 52.48 | 150m: 2:42.55 49.73 | 250m: 4:27.92 56.32 | 350m: 6:11.75 47.72 |
| 100m: 1:52.82 1:00.34 | 200m: 3:31.60 49.05 | 300m: 5:24.03 56.11 | 400m: 6:56.81 45.06 |
| 10. COSTA, Joao Pedro | 98 Clube Desportivo Nacional | 7:15.91 | 173 |
| 50m: 48.31 48.31 | 150m: 2:42.30 52.70 | 250m: 4:33.48 59.15 | 350m: 6:24.78 51.15 |
| 100m: 1:49.60 1:01.29 | 200m: 3:34.33 52.03 | 300m: 5:33.63 1:00.15 | 400m: 7:15.91 51.13 |
| 11. ALVES, Bernardo Silva | 98 Maritimo | 8:01.17 | 129 |
| 50m: 55.96 55.96 | 150m: 3:03.59 1:02.13 | 250m: 5:11.64 1:08.28 | 350m: 7:10.77 51.52 |
| 100m: 2:01.46 1:05.50 | 200m: 4:03.36 59.77 | 300m: 6:19.25 1:07.61 | 400m: 8:01.17 50.40 |

Prova 3, Masc., 400m Estilos

Infantis A

| | | | | | |
|-----|--|---------------|---------------------------|----------------|---------|
| 1. | CAMARA, Joao Vieira | 97 | Maritimo | 5:31.71 | 392 |
| | 50m: 34.86 34.86 | 150m: 2:00.38 | 43.42 | 250m: 3:32.98 | 49.62 |
| | 100m: 1:16.96 42.10 | 200m: 2:43.36 | 42.98 | 300m: 4:21.21 | 48.23 |
| | | | | 350m: 4:57.48 | 36.27 |
| | | | | 400m: 5:31.71 | 34.23 |
| 2. | SILVA, Luis Henrique | 97 | Naval do Funchal | 5:36.41 | 376 |
| | 50m: 35.86 35.86 | 150m: 1:57.50 | 41.11 | 250m: 3:30.36 | 51.76 |
| | 100m: 1:16.39 40.53 | 200m: 2:38.60 | 41.10 | 300m: 4:20.55 | 50.19 |
| | | | | 350m: 4:58.70 | 38.15 |
| | | | | 400m: 5:36.41 | 37.71 |
| 3. | FERNANDES, Joao Manuel | 97 | Naval do Funchal | 5:41.69 | 359 |
| | 50m: 34.14 34.14 | 150m: 1:56.62 | 41.44 | 250m: 3:31.41 | 53.16 |
| | 100m: 1:15.18 41.04 | 200m: 2:38.25 | 41.63 | 300m: 4:25.99 | 54.58 |
| | | | | 350m: 5:04.20 | 38.21 |
| | | | | 400m: 5:41.69 | 37.49 |
| 4. | NOBREGA, Diogo Duarte | 97 | Maritimo | 5:43.08 | 355 |
| | 50m: 35.09 35.09 | 150m: 2:04.33 | 45.46 | 250m: 3:37.66 | 48.87 |
| | 100m: 1:18.87 43.78 | 200m: 2:48.79 | 44.46 | 300m: 4:27.22 | 49.56 |
| | | | | 350m: 5:06.76 | 39.54 |
| | | | | 400m: 5:43.08 | 36.32 |
| 5. | AGUIAR, Joao Menezes | 97 | Naval do Funchal | 5:45.32 | 348 |
| | 50m: 32.73 32.73 | 150m: 1:55.43 | 45.38 | 250m: 3:30.55 | 51.99 |
| | 100m: 1:10.05 37.32 | 200m: 2:38.56 | 43.13 | 300m: 4:23.42 | 52.87 |
| | | | | 350m: 5:05.41 | 41.99 |
| | | | | 400m: 5:45.32 | 39.91 |
| 6. | PITA, Joao Francisco | 97 | Clube Desportivo Nacional | 5:49.69 | 335 |
| | 50m: 36.20 36.20 | 150m: 2:05.98 | 45.53 | 250m: 3:42.67 | 50.85 |
| | 100m: 1:20.45 44.25 | 200m: 2:51.82 | 45.84 | 300m: 4:33.72 | 51.05 |
| | | | | 350m: 5:13.38 | 39.66 |
| | | | | 400m: 5:49.69 | 36.31 |
| 7. | VIEIRA, Francisco Tomas | 97 | Clube Desportivo Nacional | 5:50.87 | 332 |
| | 50m: 36.81 36.81 | 150m: 2:06.64 | 47.52 | 250m: 3:41.61 | 50.00 |
| | 100m: 1:19.12 42.31 | 200m: 2:51.61 | 44.97 | 300m: 4:33.11 | 51.50 |
| | | | | 350m: 5:13.67 | 40.56 |
| | | | | 400m: 5:50.87 | 37.20 |
| 8. | PINTO, Paulo Morgado | 97 | Clube Desportivo Nacional | 5:53.81 | 323 |
| | 50m: 40.33 40.33 | 150m: 2:14.78 | 44.61 | 250m: 3:45.53 | 47.90 |
| | 100m: 1:30.17 49.84 | 200m: 2:57.63 | 42.85 | 300m: 4:34.27 | 48.74 |
| | | | | 350m: 5:15.28 | 41.01 |
| | | | | 400m: 5:53.81 | 38.53 |
| 9. | VALE, Luis Filipe | 97 | Naval do Funchal | 5:58.70 | 310 |
| | 50m: 36.47 36.47 | 150m: 2:11.31 | 47.99 | 250m: 3:46.91 | 49.19 |
| | 100m: 1:23.32 46.85 | 200m: 2:57.72 | 46.41 | 300m: 4:39.05 | 52.14 |
| | | | | 350m: 5:20.85 | 41.80 |
| | | | | 400m: 5:58.70 | 37.85 |
| 10. | LUIS, Daniel Gomes | 97 | Naval do Funchal | 6:21.54 | 258 |
| | 50m: 43.32 43.32 | 150m: 2:28.65 | 52.40 | 250m: 4:08.14 | 49.11 |
| | 100m: 1:36.25 52.93 | 200m: 3:19.03 | 50.38 | 300m: 4:58.32 | 50.18 |
| | | | | 350m: 5:41.53 | 43.21 |
| | | | | 400m: 6:21.54 | 40.01 |
| 11. | RAMOS, Tiago Nuno | 97 | Maritimo | 6:41.91 | 221 |
| | 50m: 41.63 41.63 | 150m: 2:27.50 | 50.90 | 250m: 4:18.88 | 1:01.56 |
| | 100m: 1:36.60 54.97 | 200m: 3:17.32 | 49.82 | 300m: 5:18.56 | 59.68 |
| | | | | 350m: 6:01.28 | 42.72 |
| | | | | 400m: 6:41.91 | 40.63 |
| 12. | BYENLINSKYI, Volodymyr | 97 | Maritimo | 6:58.78 | 195 |
| | 50m: 47.87 47.87 | 150m: 2:40.55 | 53.76 | 250m: 4:29.51 | 57.14 |
| | 100m: 1:46.79 58.92 | 200m: 3:32.37 | 51.82 | 300m: 5:25.66 | 56.15 |
| | | | | 350m: 6:13.33 | 47.67 |
| | | | | 400m: 6:58.78 | 45.45 |
| DSQ | SILVA, Francisco Pestana | 97 | Naval do Funchal | | |
| | <i>O nadador fez braçada alternada na chegada do percurso mariposa</i> | | | | |
| DSQ | SOUSA, Alexandre Gomes | 97 | Maritimo | | |
| | <i>Falsa Partida</i> | | | | |

Juvenis B

| | | | | | |
|----|--------------------------|---------------|---------------------------|----------------|-------|
| 1. | SOUSA, Francisco Gouveia | 96 | Naval do Funchal | 5:13.72 | 464 |
| | 50m: 31.72 31.72 | 150m: 1:51.30 | 41.07 | 250m: 3:15.43 | 44.17 |
| | 100m: 1:10.23 38.51 | 200m: 2:31.26 | 39.96 | 300m: 4:01.94 | 46.51 |
| | | | | 350m: 4:38.45 | 36.51 |
| | | | | 400m: 5:13.72 | 35.27 |
| 2. | MARQUES, Miguel Freitas | 96 | Maritimo | 5:26.76 | 411 |
| | 50m: 33.58 33.58 | 150m: 1:55.52 | 42.62 | 250m: 3:25.05 | 48.49 |
| | 100m: 1:12.90 39.32 | 200m: 2:36.56 | 41.04 | 300m: 4:14.46 | 49.41 |
| | | | | 350m: 4:51.86 | 37.40 |
| | | | | 400m: 5:26.76 | 34.90 |
| 3. | ABREU, Joao Goncalo | 96 | Clube Desportivo Nacional | 5:30.68 | 396 |
| | 50m: 34.87 34.87 | 150m: 2:01.58 | 43.05 | 250m: 3:30.89 | 47.57 |
| | 100m: 1:18.53 43.66 | 200m: 2:43.32 | 41.74 | 300m: 4:20.16 | 49.27 |
| | | | | 350m: 4:56.12 | 35.96 |
| | | | | 400m: 5:30.68 | 34.56 |

Prova 3, Masc., 400m Estilos, Juvenis B

| Lugar | | | Ano | | | | | Tempo final | Pts |
|-------|---|---------------|-------|---------------------------|-------|-------|---------------|----------------|---------------|
| 4. | NACHYCHKO, Vitaliy Vasylyovych | | 96 | Maritimo | | | | 5:31.32 | 394 |
| | 50m: | 34.51 34.51 | 150m: | 2:01.27 | 44.37 | 250m: | 3:30.38 46.75 | 350m: | 4:55.46 38.51 |
| | 100m: | 1:16.90 42.39 | 200m: | 2:43.63 | 42.36 | 300m: | 4:16.95 46.57 | 400m: | 5:31.32 35.86 |
| 5. | FARIA, Diogo Emanuel | | 96 | Naval do Funchal | | | | 5:32.45 | 390 |
| | 50m: | 35.54 35.54 | 150m: | 2:03.90 | 44.08 | 250m: | 3:30.89 43.65 | 350m: | 4:55.90 38.96 |
| | 100m: | 1:19.82 44.28 | 200m: | 2:47.24 | 43.34 | 300m: | 4:16.94 46.05 | 400m: | 5:32.45 36.55 |
| 6. | ABREU, Sergio Gomes | | 96 | Naval do Funchal | | | | 5:33.82 | 385 |
| | 50m: | 34.69 34.69 | 150m: | 1:57.44 | 41.50 | 250m: | 3:27.42 49.61 | 350m: | 4:57.14 38.05 |
| | 100m: | 1:15.94 41.25 | 200m: | 2:37.81 | 40.37 | 300m: | 4:19.09 51.67 | 400m: | 5:33.82 36.68 |
| 7. | DIAS, Lourenco Drumond | | 96 | Naval do Funchal | | | | 5:37.89 | 371 |
| | 50m: | 33.55 33.55 | 150m: | 1:59.37 | 46.08 | 250m: | 3:35.57 51.56 | 350m: | 5:03.58 36.74 |
| | 100m: | 1:13.29 39.74 | 200m: | 2:44.01 | 44.64 | 300m: | 4:26.84 51.27 | 400m: | 5:37.89 34.31 |
| 8. | AGUIAR, Diogo Guilherme | | 96 | Naval do Funchal | | | | 5:52.17 | 328 |
| | 50m: | 33.16 33.16 | 150m: | 2:01.41 | 48.21 | 250m: | 3:42.79 53.65 | 350m: | 5:15.21 39.75 |
| | 100m: | 1:13.20 40.04 | 200m: | 2:49.14 | 47.73 | 300m: | 4:35.46 52.67 | 400m: | 5:52.17 36.96 |
| 9. | CAMACHO, Caio Neves | | 96 | Clube Desportivo Nacional | | | | 6:20.14 | 261 |
| | 50m: | 41.64 41.64 | 150m: | 2:22.53 | 46.54 | 250m: | 4:05.78 56.94 | 350m: | 5:41.61 38.07 |
| | 100m: | 1:35.99 54.35 | 200m: | 3:08.84 | 46.31 | 300m: | 5:03.54 57.76 | 400m: | 6:20.14 38.53 |
| 10. | SILVA, Vitor Fernandes | | 96 | Clube Desportivo Nacional | | | | 6:33.21 | 236 |
| | 50m: | 41.44 41.44 | 150m: | 2:27.91 | 52.63 | 250m: | 4:09.71 53.61 | 350m: | 5:50.94 46.55 |
| | 100m: | 1:35.28 53.84 | 200m: | 3:16.10 | 48.19 | 300m: | 5:04.39 54.68 | 400m: | 6:33.21 42.27 |
| 11. | CAETANO, Paulo Pereira | | 96 | Maritimo | | | | 6:37.50 | 228 |
| | 50m: | 46.33 46.33 | 150m: | 2:28.85 | 46.91 | 250m: | 4:13.84 57.52 | 350m: | 5:55.13 42.74 |
| | 100m: | 1:41.94 55.61 | 200m: | 3:16.32 | 47.47 | 300m: | 5:12.39 58.55 | 400m: | 6:37.50 42.37 |
| 12. | FREITAS, Abel Henrique | | 96 | Maritimo | | | | 6:56.59 | 198 |
| | 50m: | 48.34 48.34 | 150m: | 2:39.08 | 55.17 | 250m: | 4:29.96 56.45 | 350m: | 6:13.35 45.11 |
| | 100m: | 1:43.91 55.57 | 200m: | 3:33.51 | 54.43 | 300m: | 5:28.24 58.28 | 400m: | 6:56.59 43.24 |
| DSQ | ENCARNACAO, Vitor Hugo | | 96 | Clube Desportivo Nacional | | | | | |
| | <i>O atleta perdeu a posição ventral na viragem de costas</i> | | | | | | | | |

Juvenis A

| | | | | | | | | | |
|----|----------------------------|---------------|-------|---------------------------|-------|-------|---------------|----------------|---------------|
| 1. | VIEIRA, Duarte Nuno | | 95 | Clube Desportivo Nacional | | | | 5:04.20 | 509 |
| | 50m: | 31.81 31.81 | 150m: | 1:48.07 | 39.76 | 250m: | 3:11.22 44.13 | 350m: | 4:31.32 34.77 |
| | 100m: | 1:08.31 36.50 | 200m: | 2:27.09 | 39.02 | 300m: | 3:56.55 45.33 | 400m: | 5:04.20 32.88 |
| 2. | SILVA, Lourenco Moniz | | 95 | Naval do Funchal | | | | 5:14.42 | 461 |
| | 50m: | 31.24 31.24 | 150m: | 1:49.89 | 42.17 | 250m: | 3:16.99 46.51 | 350m: | 4:40.16 35.86 |
| | 100m: | 1:07.72 36.48 | 200m: | 2:30.48 | 40.59 | 300m: | 4:04.30 47.31 | 400m: | 5:14.42 34.26 |
| 3. | GOMES, Andre Goncalo | | 95 | Clube Desportivo Nacional | | | | 5:15.57 | 456 |
| | 50m: | 31.37 31.37 | 150m: | 1:54.27 | 44.97 | 250m: | 3:20.71 43.42 | 350m: | 4:42.88 37.50 |
| | 100m: | 1:09.30 37.93 | 200m: | 2:37.29 | 43.02 | 300m: | 4:05.38 44.67 | 400m: | 5:15.57 32.69 |
| 4. | LUIS, Joao Rodrigues | | 95 | Naval do Funchal | | | | 5:28.65 | 403 |
| | 50m: | 32.08 32.08 | 150m: | 1:57.01 | 45.22 | 250m: | 3:26.29 45.51 | 350m: | 4:51.62 39.37 |
| | 100m: | 1:11.79 39.71 | 200m: | 2:40.78 | 43.77 | 300m: | 4:12.25 45.96 | 400m: | 5:28.65 37.03 |
| 5. | CAMARA, Lauro Arruda | | 95 | Naval do Funchal | | | | 5:30.22 | 398 |
| | 50m: | 32.40 32.40 | 150m: | 1:53.59 | 42.01 | 250m: | 3:25.25 51.10 | 350m: | 4:53.62 38.07 |
| | 100m: | 1:11.58 39.18 | 200m: | 2:34.15 | 40.56 | 300m: | 4:15.55 50.30 | 400m: | 5:30.22 36.60 |
| 6. | MARQUES, Joao Luis | | 95 | Naval do Funchal | | | | 5:40.56 | 363 |
| | 50m: | 35.32 35.32 | 150m: | 2:03.88 | 43.96 | 250m: | 3:32.97 47.00 | 350m: | 5:02.16 40.42 |
| | 100m: | 1:19.92 44.60 | 200m: | 2:45.97 | 42.09 | 300m: | 4:21.74 48.77 | 400m: | 5:40.56 38.40 |
| 7. | CALISTO, Francisco Marques | | 95 | Naval do Funchal | | | | 6:04.17 | 297 |
| | 50m: | 34.74 34.74 | 150m: | 2:04.51 | 45.55 | 250m: | 3:45.35 56.96 | 350m: | 5:24.25 40.49 |
| | 100m: | 1:18.96 44.22 | 200m: | 2:48.39 | 43.88 | 300m: | 4:43.76 58.41 | 400m: | 6:04.17 39.92 |

Prova 3, Masc., 400m Estilos, Juvenis A

| Lugar | Ano | Tempo final | Pts |
|---|------------------------------|---------------------|---------------------|
| 8. COSTA, Fabricio Xavier | 95 Maritimo | 6:05.02 | 294 |
| 50m: 35.86 35.86 | 150m: 2:07.79 48.99 | 250m: 3:48.10 52.32 | 350m: 5:24.58 42.58 |
| 100m: 1:18.80 42.94 | 200m: 2:55.78 47.99 | 300m: 4:42.00 53.90 | 400m: 6:05.02 40.44 |
| 9. FARIA, Guilherme Nunes | 95 Clube Desportivo Nacional | 6:19.14 | 263 |
| 50m: 35.88 35.88 | 150m: 2:15.48 51.66 | 250m: 3:58.39 52.45 | 350m: 5:37.44 43.77 |
| 100m: 1:23.82 47.94 | 200m: 3:05.94 50.46 | 300m: 4:53.67 55.28 | 400m: 6:19.14 41.70 |
| 10. RAMOS, Antonio Luis | 95 Clube Desportivo Nacional | 6:23.33 | 254 |
| 50m: 39.36 39.36 | 150m: 2:21.50 53.20 | 250m: 4:05.03 50.37 | 350m: 5:43.00 45.26 |
| 100m: 1:28.30 48.94 | 200m: 3:14.66 53.16 | 300m: 4:57.74 52.71 | 400m: 6:23.33 40.33 |
| 11. GONCALVES, Pedro Henriques | 95 Clube Desportivo Nacional | 6:52.95 | 203 |
| 50m: 40.43 40.43 | 150m: 2:29.03 52.43 | 250m: 4:16.50 54.82 | 350m: 6:03.42 50.55 |
| 100m: 1:36.60 56.17 | 200m: 3:21.68 52.65 | 300m: 5:12.87 56.37 | 400m: 6:52.95 49.53 |
| DSQ FREITAS, Ricardo Nuno | 95 Clube Desportivo Nacional | | |
| <i>No percurso de costas, deu mais uma Braçada antes da viragem</i> | | | |
| DSQ MONTEIRO, Joao Pedro | 95 Clube Desportivo Nacional | | |
| <i>Falsa Partida</i> | | | |

Juniores

| | | | |
|------------------------------|---------------------|-----------------------|---------------------|
| 1. VIEIRA, Joao Pedro | 94 Naval do Funchal | 5:02.10 | 519 |
| 50m: 31.12 31.12 | 150m: 1:46.60 39.00 | 250m: 3:10.16 44.06 | 350m: 4:30.04 34.51 |
| 100m: 1:07.60 36.48 | 200m: 2:26.10 39.50 | 300m: 3:55.53 45.37 | 400m: 5:02.10 32.06 |
| 2. PRUDENTE, Andre Nunes | 94 Naval do Funchal | 5:20.17 | 436 |
| 50m: 32.75 32.75 | 150m: 1:53.34 42.82 | 250m: 3:22.22 47.01 | 350m: 4:45.42 35.89 |
| 100m: 1:10.52 37.77 | 200m: 2:35.21 41.87 | 300m: 4:09.53 47.31 | 400m: 5:20.17 34.75 |
| 3. FREITAS, Joao Costa | 93 Naval do Funchal | 5:22.35 | 428 |
| 50m: 31.64 31.64 | 150m: 1:51.46 42.68 | 250m: 3:22.24 47.35 | 350m: 4:46.11 37.05 |
| 100m: 1:08.78 37.14 | 200m: 2:34.89 43.43 | 300m: 4:09.06 46.82 | 400m: 5:22.35 36.24 |
| 4. MARQUES, Ruben Jose | 94 Maritimo | 5:24.65 | 419 |
| 50m: 32.03 32.03 | 150m: 1:52.86 42.52 | 250m: 3:21.67 46.72 | 350m: 4:47.83 38.98 |
| 100m: 1:10.34 38.31 | 200m: 2:34.95 42.09 | 300m: 4:08.85 47.18 | 400m: 5:24.65 36.82 |
| 5. GOMES, Francisco Estreito | 93 Maritimo | 7:11.21 | 179 |
| 50m: 46.61 46.61 | 150m: 2:40.77 53.09 | 250m: 4:34.92 1:03.92 | 350m: 6:26.39 48.51 |
| 100m: 1:47.68 1:01.07 | 200m: 3:31.00 50.23 | 300m: 5:37.88 1:02.96 | 400m: 7:11.21 44.82 |

Seniores

| | | | |
|--|---------------------|---------------------|---------------------|
| 1. JORGE, Andre Camara | 90 Maritimo | 5:03.42 | 513 |
| 50m: 32.25 32.25 | 150m: 1:50.84 41.34 | 250m: 3:13.04 41.82 | 350m: 4:30.21 34.91 |
| 100m: 1:09.50 37.25 | 200m: 2:31.22 40.38 | 300m: 3:55.30 42.26 | 400m: 5:03.42 33.21 |
| DSQ ORNELAS, Joao Luis | 92 Maritimo | | |
| <i>Durante o percurso de braços deu dupla braçada sub-aquática</i> | | | |

Prova 4 Femin., 800m Livres 12 anos e mais velhos
12.12.10 Resultados

Pontos: FINA 2008

| Lugar | Ano | Tempo final | Pts |
|------------------------------|------------------------------|------------------------|------------------------|
| Infantis B | | | |
| 1. BARROS, Maria Anjos | 99 Clube Desportivo Nacional | 11:53.26 | 327 |
| 100m: 1:22.42 1:22.42 | 300m: 500m: | 700m: | |
| 200m: 2:50.86 1:28.44 | 400m: 5:50.84 600m: | 800m: 11:53.26 | |
| 2. ROCHA, Mariana Freitas | 99 Maritimo | 12:09.45 | 306 |
| 100m: 1:21.99 1:21.99 | 300m: 4:24.87 1:32.06 | 500m: 7:31.82 1:33.80 | 700m: 10:40.11 1:34.54 |
| 200m: 2:52.81 1:30.82 | 400m: 5:58.02 1:33.15 | 600m: 9:05.57 1:33.75 | 800m: 12:09.45 1:29.34 |
| 3. GOMES, Ana Margarida | 99 Clube Desportivo Nacional | 12:15.99 | 298 |
| 100m: 1:24.57 1:24.57 | 300m: 4:27.69 1:33.04 | 500m: 7:37.23 1:34.91 | 700m: 10:47.47 1:34.41 |
| 200m: 2:54.65 1:30.08 | 400m: 6:02.32 1:34.63 | 600m: 9:13.06 1:35.83 | 800m: 12:15.99 1:28.52 |
| 4. FREITAS, Marta Ornelas | 99 Naval do Funchal | 12:46.93 | 263 |
| 100m: 1:30.04 1:30.04 | 300m: 4:44.65 1:37.24 | 500m: 8:01.30 1:37.91 | 700m: 11:16.62 1:37.68 |
| 200m: 3:07.41 1:37.37 | 400m: 6:23.39 1:38.74 | 600m: 9:38.94 1:37.64 | 800m: 12:46.93 1:30.31 |
| 5. AZEVEDO, Madalena Caetano | 99 Maritimo | 13:23.77 | 229 |
| 100m: 1:30.41 1:30.41 | 300m: 4:52.18 1:42.02 | 500m: 8:18.57 1:43.66 | 700m: 11:46.25 1:44.16 |
| 200m: 3:10.16 1:39.75 | 400m: 6:34.91 1:42.73 | 600m: 10:02.09 1:43.52 | 800m: 13:23.77 1:37.52 |
| 6. FREITAS, Angelica Jose | 99 Maritimo | 14:12.41 | 192 |
| 100m: 1:33.78 1:33.78 | 300m: 5:12.12 1:50.05 | 500m: 8:49.44 1:47.92 | 700m: 12:29.22 1:49.57 |
| 200m: 3:22.07 1:48.29 | 400m: 7:01.52 1:49.40 | 600m: 10:39.65 1:50.21 | 800m: 14:12.41 1:43.19 |
| 7. SOUSA, Laura Andreia | 99 Maritimo | 16:05.85 | 132 |
| 100m: 1:49.23 1:49.23 | 300m: 5:49.09 2:02.04 | 500m: 9:58.93 2:05.93 | 700m: 14:07.86 2:02.13 |
| 200m: 3:47.05 1:57.82 | 400m: 7:53.00 2:03.91 | 600m: 12:05.73 2:06.80 | 800m: 16:05.85 1:57.99 |
| DSQ FREITAS, Ines Carolina | 99 Clube Desportivo Nacional | | |
| <i>Falsa Partida</i> | | | |

Infantis A

| | | | |
|--------------------------------|------------------------------|-----------------------|------------------------|
| 1. TEIXEIRA, Fatima Soraia | 98 Maritimo | 10:23.52 | 490 |
| 100m: 1:11.78 1:11.78 | 300m: 3:48.39 1:18.51 | 500m: 6:26.27 1:19.20 | 700m: 9:07.25 1:20.86 |
| 200m: 2:29.88 1:18.10 | 400m: 5:07.07 1:18.68 | 600m: 7:46.39 1:20.12 | 800m: 10:23.52 1:16.27 |
| 2. TEIXEIRA, Fabiana Rodrigues | 98 Maritimo | 10:38.85 | 456 |
| 100m: 1:15.55 1:15.55 | 300m: 3:55.90 1:20.10 | 500m: 6:38.66 1:21.68 | 700m: 9:21.92 1:21.34 |
| 200m: 2:35.80 1:20.25 | 400m: 5:16.98 1:21.08 | 600m: 8:00.58 1:21.92 | 800m: 10:38.85 1:16.93 |
| 3. FERREIRA, Margarida Macedo | 98 Naval do Funchal | 11:24.44 | 370 |
| 100m: 1:18.35 1:18.35 | 300m: 4:13.94 1:27.37 | 500m: 7:08.23 1:27.06 | 700m: 10:01.46 1:26.44 |
| 200m: 2:46.57 1:28.22 | 400m: 5:41.17 1:27.23 | 600m: 8:35.02 1:26.79 | 800m: 11:24.44 1:22.98 |
| 4. PEREIRA, Kelly Carolina | 98 Maritimo | 11:24.94 | 370 |
| 100m: 1:17.95 1:17.95 | 300m: 4:10.79 1:26.82 | 500m: 7:06.77 1:28.66 | 700m: 10:01.87 1:27.65 |
| 200m: 2:43.97 1:26.02 | 400m: 5:38.11 1:27.32 | 600m: 8:34.22 1:27.45 | 800m: 11:24.94 1:23.07 |
| 5. MELIM, Ana Baptista | 98 Maritimo | 11:35.26 | 353 |
| 100m: 1:22.46 1:22.46 | 300m: 500m: | 700m: | |
| 200m: 2:48.39 1:25.93 | 400m: 5:43.47 600m: | 800m: 11:35.26 | |
| 6. XAVIER, Carolina Sofia | 98 Clube Desportivo Nacional | 13:13.25 | 238 |
| 100m: 1:31.34 1:31.34 | 300m: 4:51.99 1:41.08 | 500m: 8:14.25 1:41.18 | 700m: 11:36.99 1:41.17 |
| 200m: 3:10.91 1:39.57 | 400m: 6:33.07 1:41.08 | 600m: 9:55.82 1:41.57 | 800m: 13:13.25 1:36.26 |

Prova 4, Femin., 800m Livres

Juvenis

| | | | | | |
|-----|----------------------------|-----------------------|---------------------------|------------------------|-----|
| 1. | LUIS, Catarina Fernandes | 97 | Maritimo | 10:38.30 | 457 |
| | 100m: 1:10.91 1:10.91 | 300m: 3:50.99 1:19.43 | 500m: 6:36.16 1:24.46 | 700m: 9:21.10 1:21.75 | |
| | 200m: 2:31.56 1:20.65 | 400m: 5:11.70 1:20.71 | 600m: 7:59.35 1:23.19 | 800m: 10:38.30 1:17.20 | |
| 2. | AGUIAR, Mariana Estanislau | 97 | Maritimo | 11:00.36 | 412 |
| | 100m: 1:19.51 1:19.51 | 300m: 4:08.76 1:25.43 | 500m: 6:56.67 1:24.75 | 700m: 9:43.31 1:21.63 | |
| | 200m: 2:43.33 1:23.82 | 400m: 5:31.92 1:23.16 | 600m: 8:21.68 1:25.01 | 800m: 11:00.36 1:17.05 | |
| 3. | BARROS, Ana Carolina | 97 | Naval do Funchal | 11:14.09 | 388 |
| | 100m: 1:15.76 1:15.76 | 300m: 5:29.92 | 500m: 7:00.00 | 700m: 9:00.00 | |
| | 200m: 2:37.40 1:21.64 | 400m: 5:29.92 | 600m: 7:00.00 | 800m: 11:14.09 | |
| 4. | BELO, Paula Boschini | 97 | Naval do Funchal | 11:16.40 | 384 |
| | 100m: 1:20.05 1:20.05 | 300m: 5:37.15 | 500m: 7:00.00 | 700m: 9:00.00 | |
| | 200m: 2:45.00 1:24.95 | 400m: 5:37.15 | 600m: 7:00.00 | 800m: 11:16.40 | |
| 5. | NUNES, Nicolina Luis | 97 | Maritimo | 11:20.46 | 377 |
| | 100m: 1:16.07 1:16.07 | 300m: 4:09.63 1:27.56 | 500m: 7:03.48 1:26.90 | 700m: 9:58.35 1:27.74 | |
| | 200m: 2:42.07 1:26.00 | 400m: 5:36.58 1:26.95 | 600m: 8:30.61 1:27.13 | 800m: 11:20.46 1:22.11 | |
| 6. | JARDIM, Maria Beatriz | 97 | Clube Desportivo Nacional | 11:30.42 | 361 |
| | 100m: 1:17.89 1:17.89 | 300m: 4:09.73 1:26.26 | 500m: 7:05.10 1:28.27 | 700m: 10:04.97 1:30.54 | |
| | 200m: 2:43.47 1:25.58 | 400m: 5:36.83 1:27.10 | 600m: 8:34.43 1:29.33 | 800m: 11:30.42 1:25.45 | |
| 7. | GONCALVES, Rita Pinheiro | 97 | Clube Desportivo Nacional | 11:31.09 | 360 |
| | 100m: 1:22.47 1:22.47 | 300m: 5:44.54 | 500m: 7:00.00 | 700m: 9:00.00 | |
| | 200m: 2:49.02 1:26.55 | 400m: 5:44.54 | 600m: 7:00.00 | 800m: 11:31.09 | |
| 8. | ORNELAS, Beatriz Gomes | 97 | Naval do Funchal | 11:38.97 | 348 |
| | 100m: 1:24.53 1:24.53 | 300m: 5:50.54 | 500m: 7:00.00 | 700m: 9:00.00 | |
| | 200m: 2:53.56 1:29.03 | 400m: 5:50.54 | 600m: 7:00.00 | 800m: 11:38.97 | |
| 9. | LUIS, Filipa Bettencourt | 97 | Maritimo | 11:43.18 | 342 |
| | 100m: 1:19.73 1:19.73 | 300m: 4:17.73 1:29.32 | 500m: 7:17.42 1:29.89 | 700m: 10:16.43 1:29.64 | |
| | 200m: 2:48.41 1:28.68 | 400m: 5:47.53 1:29.80 | 600m: 8:46.79 1:29.37 | 800m: 11:43.18 1:26.75 | |
| 10. | TEIXEIRA, Catarina Sousa | 97 | Clube Desportivo Nacional | 12:14.70 | 299 |
| | 100m: 1:21.60 1:21.60 | 300m: 5:55.02 | 500m: 7:00.00 | 700m: 9:00.00 | |
| | 200m: 2:50.77 1:29.17 | 400m: 5:55.02 | 600m: 7:00.00 | 800m: 12:14.70 | |
| 11. | GOMES, Catarina Filipa | 97 | Maritimo | 12:26.19 | 286 |
| | 100m: 1:24.29 1:24.29 | 300m: 4:31.83 1:34.74 | 500m: 7:44.07 1:36.95 | 700m: 10:54.61 1:33.96 | |
| | 200m: 2:57.09 1:32.80 | 400m: 6:07.12 1:35.29 | 600m: 9:20.65 1:36.58 | 800m: 12:26.19 1:31.58 | |

Juniores

| | | | | | |
|----|--------------------------|-----------------------|---------------------------|------------------------|-----|
| 1. | MARGARIDO, Ines Tomas | 96 | Naval do Funchal | 10:17.37 | 505 |
| | 100m: 1:10.07 1:10.07 | 300m: 3:45.42 1:18.06 | 500m: 6:22.77 1:18.94 | 700m: 9:00.94 1:18.92 | |
| | 200m: 2:27.36 1:17.29 | 400m: 5:03.83 1:18.41 | 600m: 7:42.02 1:19.25 | 800m: 10:17.37 1:16.43 | |
| 2. | FREITAS, Maria Beatriz | 96 | Clube Desportivo Nacional | 10:33.55 | 467 |
| | 100m: 1:13.27 1:13.27 | 300m: 3:51.52 1:19.32 | 500m: 6:30.87 1:19.94 | 700m: 9:13.16 1:21.52 | |
| | 200m: 2:32.20 1:18.93 | 400m: 5:10.93 1:19.41 | 600m: 7:51.64 1:20.77 | 800m: 10:33.55 1:20.39 | |
| 3. | HENRIQUES, Laura Costa | 96 | Naval do Funchal | 10:38.03 | 457 |
| | 100m: 1:14.58 1:14.58 | 300m: 3:54.49 1:20.67 | 500m: 6:37.57 1:22.05 | 700m: 9:20.33 1:21.36 | |
| | 200m: 2:33.82 1:19.24 | 400m: 5:15.52 1:21.03 | 600m: 7:58.97 1:21.40 | 800m: 10:38.03 1:17.70 | |
| 4. | FREITAS, Margarida Telo | 96 | Naval do Funchal | 10:50.98 | 431 |
| | 100m: 1:15.91 1:15.91 | 300m: 4:00.63 1:22.72 | 500m: 6:46.25 1:22.95 | 700m: 9:31.24 1:22.87 | |
| | 200m: 2:37.91 1:22.00 | 400m: 5:23.30 1:22.67 | 600m: 8:08.37 1:22.12 | 800m: 10:50.98 1:19.74 | |
| 5. | FARIA, Claudia Goncalves | 96 | Naval do Funchal | 10:58.54 | 416 |
| | 100m: 1:15.55 1:15.55 | 300m: 3:59.42 1:22.05 | 500m: 6:47.50 1:24.48 | 700m: 9:35.98 1:23.66 | |
| | 200m: 2:37.37 1:21.82 | 400m: 5:23.02 1:23.60 | 600m: 8:12.32 1:24.82 | 800m: 10:58.54 1:22.56 | |

Prova 4, Femin., 800m Livres, Juniores

| Lugar | | | | | Ano | | | | | Tempo final | Pts | |
|-------|--------------------------|---------|---------|-------|---------|---------------------------|-------|---------|----------|-----------------|----------|---------|
| 6. | GOMES, Mariana Goncalves | | | | 96 | Naval do Funchal | | | | 11:01.47 | 410 | |
| | 100m: | 1:16.48 | 1:16.48 | 300m: | 500m: | | | 700m: | | | | |
| | 200m: | 2:39.29 | 1:22.81 | 400m: | 5:26.40 | | | 800m: | 11:01.47 | | | |
| 7. | REBELO, Mariana Soares | | | | 96 | Naval do Funchal | | | | 11:04.04 | 406 | |
| | 100m: | 1:14.14 | 1:14.14 | 300m: | 4:01.55 | 1:24.46 | 500m: | 6:50.55 | 1:24.74 | 700m: | 9:40.73 | 1:25.58 |
| | 200m: | 2:37.09 | 1:22.95 | 400m: | 5:25.81 | 1:24.26 | 600m: | 8:15.15 | 1:24.60 | 800m: | 11:04.04 | 1:23.31 |
| 8. | FERREIRA, Tatiana Araujo | | | | 96 | Clube Desportivo Nacional | | | | 11:21.65 | 375 | |
| | 100m: | 1:16.29 | 1:16.29 | 300m: | 4:06.91 | 1:26.88 | 500m: | 7:01.02 | 1:27.84 | 700m: | 9:57.72 | 1:28.02 |
| | 200m: | 2:40.03 | 1:23.74 | 400m: | 5:33.18 | 1:26.27 | 600m: | 8:29.70 | 1:28.68 | 800m: | 11:21.65 | 1:23.93 |
| 9. | ORNELAS, Beatriz Pereira | | | | 96 | Maritimo | | | | 12:11.53 | 303 | |
| | 100m: | 1:19.22 | 1:19.22 | 300m: | 4:22.27 | 1:32.42 | 500m: | 7:31.81 | 1:34.61 | 700m: | 10:42.98 | 1:38.13 |
| | 200m: | 2:49.85 | 1:30.63 | 400m: | 5:57.20 | 1:34.93 | 600m: | 9:04.85 | 1:33.04 | 800m: | 12:11.53 | 1:28.55 |