

# Curriculum Vitae — Robert Myers, LCPC

## Personal Information

Robert Myers, M.A., L.C.P.C.  
593 Allen Avenue  
Portland, Maine 04103-6101  
207/409-6226 (day), 207/878-6322 (evening)  
[RobertMyersLCPC@myfairpoint.net](mailto:RobertMyersLCPC@myfairpoint.net); <http://www.RobertMyersLCPC.com>

## Objective

I am currently seeking practice affiliation with select health care delivery associates, medical groups, insurance providers, and social service agencies. As mental health provider, management consultant, clinical supervisor, composer and performer in the arts, partner, parent, and friend I am building a health care delivery network that reflects my assorted talents and resources.

As a psychotherapist I have assisted individuals, couples and families to become healthier in their relationships, to address their addiction challenges, and to make meaning of traumatic personal suffering. My work being solution focused while drawing from a mythopoetic depth orientation pays special attention to how the challenges in the moment illuminate our opportunities and goals for the future. My overarching specialty is the enhancement of personal and spiritual fulfillment through creativity. Go to <http://www.RobertMyersLCPC.com>, my therapy website, for more information about my private practice.

As a manager and clinical supervisor I have assisted health care leadership to align with their staff through education and practical application of continual quality management practices and best practice guidance. My management style is mission & vision driven, consumer focused, and supervision supported. The work of healing is most impacted by the inherent conflict between the expanding impulse toward improvement in personal and community health, while negotiating ever diminishing funding. I am adept at dealing with the complexity of this challenge; deriving sound strategies in affording the lowest barrier access to the best quality health practice.

## Professional Experience

### Private Practice

*Robert Myers, Psychotherapist, 477 Congress Street, Suite 403, Portland, ME 04101* *1/99 - present*  
Individual, couples, and family counseling and consultation for adolescent through adult scheduled by appointment.  
Private pay and most insurance accepted.

### Private Practice Affiliate

*True North Health Center, Foreside Place, 202 US Route 1, Falmouth, ME 04105* *1/08 – present*  
Individual, couples, and family counseling and consultation for adolescent through adult scheduled by appointment.  
Private pay.

### Behavioral Health Specialist

*Mercy Hospital, 144 State Street, Portland, ME 04101* *5/02 - present*  
Direct supervisor – Dr. Ted McCarthy, Chief, Mercy Behavioral Health. Please contact at 207 879 3000.  
Provide clinical intervention and referral services for Mercy Hospital's Emergency Department. Execute duties in collaboration with Emergency Dept physician and nursing staff and Mercy Behavioral Health Department psychiatrists.  
Over night and/or weekend on call position

### Clinical Counselor

*Spring Harbor Hospital, 123 Andover Road, Westbrook, ME 04092* *11/07 – present*  
Supervisor – Lee-Andra D'Attilio, LCSW. Please contact at 207 761 2200.  
Provide clinical services including stabilization, complex treatment planning, and pertinent case management services as well as supportive family sessions in conjunction with physician, nursing, and associated behavioral staff in an acute inpatient setting to persons suffering from mental health issues. Per Diem position.

**Professional Experience – con't**

**Clinical Supervisor**

*Sweetser - Child and Family Community Services • Portland, Maine* 7/06 – 8/07  
Direct Supervisor – Jami Ream, LCSW, Program Manager. Please contact at 800 434 3000  
Perform administrative, management, and training functions as well as clinical and administrative supervision for community based and case management delivery of service. CQI Council member.

**Clinical Supervisor**

*Ingraham - Cumberland County Crisis Response, 50 Monument Square, Portland, ME 04101* 6/02 – 6/06  
Direct supervisor – Kirk Little, LCSW, Director. Please contact at 207 874 1055.  
Perform administrative, management, and training functions in addition to clinical and administrative supervision within a continuum of care including a toll-free hotline, mobile crisis team, psychiatry, counseling, police/mental health liaison, crisis residence, and follow-up services to adults and children throughout Cumberland County, Maine.

**Mobile Crisis Clinician**

*Sweetser Services, 329 Bath Rd # 1, Brunswick, ME 04011* 10/01 - 5/05  
Direct supervisor – Steve Addario, LCSW, Program Manager, Mobile Crisis Services. Please contact at 800 434 3000.  
Provide clinical intervention services for youth and adults suffering from acute crisis mental health crisis. Perform diagnostic, support, and referral services for mental health consumers of all ages. Per Diem position.

**Therapist**

*The Recovery Center at Mercy Hospital, 144 State Street, Portland, ME 04101* 10/97 – 5/02  
Supervisor – Phil del Vecchio, LCSW, Program Manager. Please contact. Currently available at 207 773 3599.  
Provide therapeutic and clinical services including individual, group, couples and family counseling and pertinent case management services in conjunction with the behavioral and medical multi-disciplinary team both inpatient and outpatient to persons suffering from chemical dependency and complex mental health issues.

**Program Manager/Program Supervisor/Psychotherapist**

*Hawaii Family Stress Center - Mother Infant Support Team/Diamond Head Healthy Start* 2/94 - 6/97  
*A community program of Kapiolani Medical Center for Women and Children, 1319 Punahou St., Honolulu, HI 96826*  
Supervisor – Dr. Lynne Nelson, Program Manager. Please contact. Currently available at 808 839 5969.  
Perform administrative, management, and training functions in increasingly responsible management positions. Provide clinical supervision to line staff in family support/home visiting program. Provide therapeutic and clinical services to program participants including individual, couples and family counseling as appropriate.

**Management Perspective**

Total Quality Management  
Quality Assurance/Performance Improvement  
Mission & Vision Driven  
Consumer Based  
Supervision Supported  
Collaborative

**Clinical Focus**

Depth Perspective, Psychodynamic Orientation  
Addictions, Life Transition, Spiritual Crisis  
Motivational Interviewing, Strength Perspective  
Crisis Management, Solution Focused  
Trauma Recovery—EMDR Level II Trained  
Relationships, Sexual Identity

**Other Qualifications**

**Professional License**

Licensed Clinical Professional Counselor - # CC2007; First Licensed—May 2000

**Professional Organization**

American Counseling Association – member since 1999

**Certificates**

EMDR Level II – acquired 2000

*Copies of License, Certificates, and Trainings available upon request*

### **Education**

**Pacifica Graduate Institute**, 249 Lambert Road, Carpinteria, CA 93013  
*Master of Arts Degree in Counseling Psychology with Emphasis in Depth Psychology*  
Graduated 1998

**University of Hawaii at Manoa**, 2444 Dole Street, Honolulu, HI 96822  
*Bachelor of Arts Degree in Music, Ethnomusicology*  
Graduated 1977

**Mount Miguel High School**, 8585 Blossom Lane, Spring Valley, CA 91977  
Graduated 1971

### **Professional References**

Kirk Little, LCSW  
Clinical Director  
Oxford County Mental Health Services  
150 Congress Street  
Rumford, ME 04276  
(207) 653-3063

Dr. Ted McCarthy  
Chief, Behavioral Health, Mercy Hospital  
144 State Street  
Portland, ME 04101  
(207) 879-3526

Guy R. Cousins, LCSW, LADC, CCS  
Director  
DHHS - Office of Substance Abuse  
41 Anthony Ave., #11 State House Station  
Augusta, ME 04333-0011  
(207) 287-2595

Dr. Stanley J. Evans  
Medical Director, The Renaissance Institute  
7000 N. Federal Highway, 2<sup>nd</sup> Floor  
Boca Raton, FL 33487  
(561) 241-7977

*Additional references available upon request. Please contact all supervisors listed under Professional Experience as needed.*