

1ª Jornada - 1ª Sessão

Sábado, 18 de Outubro de 2008 - 9:30

Nº 1 100m Livres Femin. 12 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m
1. Barbara Marques Rodrigues	97	DNMG	1:21.38	273	38.90	1:21.38
2. Mariana Gomes Rei	97	DNMG	1:21.60	271	37.68	1:21.60
3. Liliana Raquel Marques	97	OP	1:22.17	265	39.10	1:22.17
4. Maria Vasconcelos Cardoso	97	CNPE/A	1:23.95	249	40.17	1:23.95
Liane Saraiva Ruivaco	97	IDV	1:23.95	249	39.88	1:23.95
6. Simone Felix Malaquias	97	OP	1:26.61	227	42.41	1:26.61
7. Ines Ferraria Pereira	97	ADPM	1:34.58	174	43.84	1:34.58
8. Maria Miguel Parreira	97	IDV	1:35.00	172	45.32	1:35.00
9. Ines Joao Ferreira	97	ASAL	1:38.29	155	45.17	1:38.29
10. Cristiana Sousa Lopes	97	ADPM	1:39.82	148	44.88	1:39.82
11. Mariana Gomes Viegas	97	ADPM	1:48.48	115	45.79	1:48.48
FF Angela Sofia Duarte	97	ASAL				

Nº 1 100m Livres Femin. 13 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m
1. Elisa Morgado Pedras	96	BSCN	1:11.45	404	33.92	1:11.45
2. Ana Monica Eloi	96	DNMG	1:11.93	396	34.66	1:11.93
3. Mafalda Domingues Valente	96	DNMG	1:15.01	349	36.50	1:15.01
4. Ana Margarida Lourenco	96	BSCN	1:19.40	294	37.90	1:19.40
5. Catarina Jesus Vala	96	CNPE/A	1:19.68	291	38.31	1:19.68
6. Debora Alexandra Catalao	96	OP	1:21.42	273	37.56	1:21.42
7. Joana Maria Bica	96	NDAP	1:23.61	252	38.73	1:23.61
8. Joana Sofia Capinha	96	OP	1:24.93	240	39.03	1:24.93
9. Ana Carolina Paiva	96	IDV	1:27.93	217	41.44	1:27.93
10. Bruna Denise Rosa	96	IDV	1:33.40	181	43.37	1:33.40
FF Patricia Sousa Paulo	96	BSCN				

Nº 1 100m Livres Femin. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m
1. Victoriya Kaminskaya	95	CNPE/A	1:08.13	465	32.34	1:08.13
2. Carolina Francisco Gomes	95	CNNZ	1:09.29	442	33.27	1:09.29
3. Catarina Ferreira Dionisio	95	ADBA	1:14.29	359	35.42	1:14.29
4. Sofia Fernandes Francisco	95	BSCN	1:14.68	353	33.82	1:14.68
5. Mariana Pedras Justo	95	BSCN	1:15.44	343	35.84	1:15.44
6. Ines Ricardo Amaral	95	CNNZ	1:16.93	323	36.85	1:16.93
7. Barbara Pires Miguel	95	ADPM	1:25.48	236	40.12	1:25.48
FF Mariana Lopes Policarpo	95	BSCN				

JUÍZ ÁRBITRO
Marisa Grilo

Nº 1 100m Livres Femin. 15 - 16 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m
1. Ana Rita Marques	93	BSCN	1:10.79	415	33.60	1:10.79
2. Soraia Alexandra Marques	94	BSCN	1:11.73	399	33.72	1:11.73

Nº 1 100m Livres Femin. 17 anos e mais 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m
1. Joana Margarida Gaspar	92	DNMG	1:05.11	533	30.67	1:05.11
2. Joana Ines Frade	92	NDAP	1:09.24	443	33.56	1:09.24
3. Ines Filipa Bica	92	NDAP	1:12.54	386	34.82	1:12.54

Nº 2 100m Livres Masc. 13 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m
1. Nuno Goncalo Santos	96	DNMG	1:09.88	300	33.68	1:09.88
2. Pedro Alexandre Oliveira	96	DNMG	1:12.91	264	35.19	1:12.91
3. Rodolfo Goncalves Felix	96	OP	1:14.62	247	35.43	1:14.62
4. Jose Antonio Lamande	96	IDV	1:18.16	215	37.07	1:18.16
5. Marcelo Germano Romano	96	IDV	1:20.46	197	39.18	1:20.46
6. Diogo Miguel Fernandes	96	NDAP	1:20.62	195	39.27	1:20.62
7. Pedro Joaquinho Lopes	96	ADPM	1:20.93	193	38.28	1:20.93
8. Claudio Patrício Casaleiro	96	IDV	1:23.17	178	39.57	1:23.17
9. Francisco Oliveira Rodrigues	96	NDAP	1:23.73	175	39.74	1:23.73
10. Pedro Petinga Almeida	96	CNNZ	1:40.68	100	48.52	1:40.68

Nº 2 100m Livres Masc. 14 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m
1. Joao Manuel Serralheiro	95	BSCN	1:04.76	377	30.77	1:04.76
2. Rafael Ferreira Martins	95	DNMG	1:08.30	322	34.37	1:08.30
3. Joao Baptista Lopes	95	ASAL	1:09.91	300	34.34	1:09.91
4. Tiago Santos Figueira	95	ASAL	1:10.92	287	33.18	1:10.92
5. Pedro Santos Gomes	95	ASAL	1:11.84	276	34.69	1:11.84
6. Bruno Filipe Taborda	95	ASAL	1:13.52	258	35.64	1:13.52
7. Boris Zryunin	95	ASAL	1:13.53	258	34.74	1:13.53
8. Miguel Filipe Gomes	95	ASAL	1:16.41	230	36.80	1:16.41
9. Joao Vicente Alexandre	95	CNPE/A	1:16.79	226	34.69	1:16.79
10. Nuno Filipe Alves	95	NDAP	1:24.38	171	39.74	1:24.38

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Nº 2 100m Livres Masc. 15 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m
1. Micael Valverde Teixeira	94	CNNZ	1:00.40	465	29.24	1:00.40
2. Joao Petinga De Almeida	94	CNNZ	1:03.40	402	31.14	1:03.40
3. Andre Alexandre Vicente	94	CNNZ	1:04.94	374	31.71	1:04.94
4. Delmar Filipe Antunes	94	AHBVCR	1:13.68	256	34.34	1:13.68

Nº 2 100m Livres Masc. 16 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m
1. Filipe Franco Norte	93	DNMG	57.94	527	27.82	57.94
2. Pedro Fernandes Goncalves	93	DNMG	1:00.79	456	29.32	1:00.79
3. Tiago Lopes Ribeiro	93	BSCN	1:00.94	453	29.49	1:00.94
4. Henrique Jose Marques	93	BSCN	1:06.05	356	31.40	1:06.05
5. Guilherme Fialho Passarinho	93	BSCN	1:07.88	328	33.01	1:07.88

Nº 2 100m Livres Masc. 17 - 18 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m
1. Joao Pedro Mendes	92	DNMG	57.26	546	27.76	57.26
2. Diogo Cipriano Vicente	91	BSCN	58.53	511	28.30	58.53
3. Miguel Machado Lopes	92	BSCN	59.01	499	29.12	59.01
4. Nuno Filipe Pina	91	BSCN	59.39	489	28.99	59.39
5. Joao Diogo Francisco	92	BSCN	59.95	475	28.93	59.95
6. Joao Manuel Baptista	91	BSCN	1:00.39	465	29.09	1:00.39
7. Andre De Sousa Paulo	91	BSCN	1:03.27	404	30.33	1:03.27
8. Rafael Jeronimo Gaspar	92	NDAP	1:05.43	366	30.94	1:05.43
9. Pedro Rosa Silva	92	DNMG	1:06.85	343	33.06	1:06.85

Nº 2 100m Livres Masc. 19 anos e mais 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m
FF Joao Manuel Jeronimo	88	ADBA				

Nº 3 400m Livres Femin. 12 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Joana Crespo Domingues	97	DNMG	5:43.30	347
50m: 38.80 38.80 150m: 2:07.40 44.78 250m: 3:34.54 42.74 350m: 5:01.64 43.39				
100m: 1:22.62 43.82 200m: 2:51.80 44.40 300m: 4:18.25 43.71 400m: 5:43.30 41.66				
2. Marina Nicolina Teodosio	97	ASAL	5:49.32	329
50m: 39.21 39.21 150m: 2:08.81 45.90 250m: 3:38.82 44.98 350m: 5:08.82 45.31				
100m: 1:22.91 43.70 200m: 2:53.84 45.03 300m: 4:23.51 44.69 400m: 5:49.32 40.50				

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Resultados

Continuação Nº 3 400m Livres Femin. 12 anos

	Ano	Sigla	Tempo		Pts.
3. Margarida Domingues Duarte	97	DNMG	6:07.57		283
50m: 41.29 41.29	150m: 2:13.55 46.46	250m: 3:47.62 46.99	350m: 5:22.13 47.10		
100m: 1:27.09 45.80	200m: 3:00.63 47.08	300m: 4:35.03 47.41	400m: 6:07.57 45.44		
4. Kelly Silva Duarte	97	ASAL	6:49.57		204
50m: 42.76 42.76	150m: 2:27.70 52.56	250m: ---:--	350m: 6:00.30 52.51		
100m: 1:35.14 52.38	200m: 3:21.83 54.13	300m: 5:07.79	400m: 6:49.57 49.27		
5. Sara Patricia Lourenco	97	ASAL	6:51.74		201
50m: 43.00 43.00	150m: 2:28.12 52.89	250m: 4:16.54 53.69	350m: 6:02.89 53.21		
100m: 1:35.23 52.23	200m: 3:22.85 54.73	300m: 5:09.68 53.14	400m: 6:51.74 48.85		
6. Melissa Cardoso Relva	97	ASAL	6:54.15		198
50m: 45.28 45.28	150m: 2:27.50 51.70	250m: 4:15.19 54.60	350m: 6:02.65 53.75		
100m: 1:35.80 50.52	200m: 3:20.59 53.09	300m: 5:08.90 53.71	400m: 6:54.15 51.50		
7. Liliana Raquel Marques	97	OP	6:54.34		197
50m: 44.50 44.50	150m: 2:27.47 52.70	250m: 4:12.80 51.96	350m: 6:02.80 56.30		
100m: 1:34.77 50.27	200m: 3:20.84 53.37	300m: 5:06.50 53.70	400m: 6:54.34 51.54		
8. Simone Felix Malaquias	97	OP	6:57.93		192
50m: 46.83 46.83	150m: 2:32.89 53.51	250m: 4:20.39 53.60	350m: 6:04.85 53.66		
100m: 1:39.38 52.55	200m: 3:26.79 53.90	300m: 5:11.19 50.80	400m: 6:57.93 53.08		
9. Adriana Sousa Lagoa	97	ASAL	6:59.18		191
50m: 42.86 42.86	150m: 2:30.13 54.55	250m: 4:18.08 54.60	350m: 6:07.46 53.44		
100m: 1:35.58 52.72	200m: 3:23.48 53.35	300m: 5:14.02 55.94	400m: 6:59.18 51.72		
10. Barbara Antonio Frade	97	NDAP	7:06.12		182
50m: 47.74 47.74	150m: 2:37.22 54.73	250m: 4:27.29 56.22	350m: 6:17.40 54.26		
100m: 1:42.49 54.75	200m: 3:31.07 53.85	300m: 5:23.14 55.85	400m: 7:06.12 48.72		
11. Patricia Sousa Eusebio	97	AHBVCR	7:13.81		172
50m: 47.69 47.69	150m: 2:38.13 55.48	250m: 4:29.80 55.65	350m: 6:20.81 54.36		
100m: 1:42.65 54.96	200m: 3:34.15 56.02	300m: 5:26.45 56.65	400m: 7:13.81 53.00		
FF Bruna Filipa Pereira	97	ASAL			
FF Joana Gomes Beirao	97	AHBVCR			

Nº 3 400m Livres Femin. 13 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo		Pts.
1. Ana Catarina Carlos	96	DNMG	5:50.09		327
50m: 39.85 39.85	150m: 2:08.52 44.92	250m: 3:39.02 44.80	350m: 5:09.54 45.51		
100m: 1:23.60 43.75	200m: 2:54.22 45.70	300m: 4:24.03 45.01	400m: 5:50.09 40.55		
2. Elisa Morgado Pedras	96	BSCN	5:53.95		317
50m: 39.06 39.06	150m: 2:08.13 45.37	250m: 3:38.58 44.71	350m: 5:10.56 45.95		
100m: 1:22.76 43.70	200m: 2:53.87 45.74	300m: 4:24.61 46.03	400m: 5:53.95 43.39		
3. Jessica Andreia Carvalho	96	ASAL	6:01.45		297
50m: 34.29 34.29	150m: 2:06.90 49.34	250m: 3:39.79 46.70	350m: 5:14.64 47.91		
100m: 1:17.56 43.27	200m: 2:53.09 46.19	300m: 4:26.73 46.94	400m: 6:01.45 46.81		
4. Maria Anastacio Luis	96	BSCN	6:04.07		291
50m: 41.03 41.03	150m: 2:14.00 46.76	250m: 3:48.64 47.32	350m: 5:19.86 45.96		
100m: 1:27.24 46.21	200m: 3:01.32 47.32	300m: 4:33.90 45.26	400m: 6:04.07 44.21		
5. Debora Alexandra Catalao	96	OP	6:20.02		256
50m: 42.32 42.32	150m: 2:20.39 48.95	250m: 3:58.98 48.79	350m: 5:35.74 48.16		
100m: 1:31.44 49.12	200m: 3:10.19 49.80	300m: 4:47.58 48.60	400m: 6:20.02 44.28		

JUÍZ ÁRBITRO
Marisa Grilo

	Ano	Sigla	Tempo	Pts.
6. Catia Sousa Eusebio	96	AHBVCR	6:44.44	212
50m: 42.99 42.99	150m: 2:25.36 52.20	250m: 4:09.67 51.65	350m: 5:54.12 52.26	
100m: 1:33.16 50.17	200m: 3:18.02 52.66	300m: 5:01.86 52.19	400m: 6:44.44 50.32	
FF Filipa Paulo Lindo	96	BSCN		

Nº 3 400m Livres Femin. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Cristiana Andreia Lima	95	NDAP	5:29.66	392
50m: 36.00 36.00	150m: 1:59.80 42.89	250m: 3:25.04 42.43	350m: 4:49.35 42.84	
100m: 1:16.91 40.91	200m: 2:42.61 42.81	300m: 4:06.51 41.47	400m: 5:29.66 40.31	
2. Cristiana Ferreira Santos	95	NDAP	5:36.14	370
50m: 36.38 36.38	150m: 2:01.07 42.96	250m: 3:26.22 42.57	350m: 4:53.00 43.68	
100m: 1:18.11 41.73	200m: 2:43.65 42.58	300m: 4:09.32 43.10	400m: 5:36.14 43.14	
3. Catarina Ferreira Dionisio	95	ADBA	5:51.41	324
50m: 38.52 38.52	150m: 2:07.32 45.17	250m: 3:37.21 45.09	350m: 5:07.31 44.19	
100m: 1:22.15 43.63	200m: 2:52.12 44.80	300m: 4:23.12 45.91	400m: 5:51.41 44.10	
4. Rita Daniela Armindo	95	IDV	5:52.58	320
50m: 38.41 38.41	150m: 2:05.27 43.51	250m: 3:36.58 45.76	350m: 5:09.91 46.57	
100m: 1:21.76 43.35	200m: 2:50.82 45.55	300m: 4:23.34 46.76	400m: 5:52.58 42.67	
5. Carolina Santana Goncalves	95	NDAP	5:54.30	316
50m: 37.08 37.08	150m: 2:03.42 44.17	250m: 3:35.07 46.11	350m: 5:08.64 46.98	
100m: 1:19.25 42.17	200m: 2:48.96 45.54	300m: 4:21.66 46.59	400m: 5:54.30 45.66	
6. Barbara Sofia Leitao	95	AHBVCR	6:11.94	273
50m: 39.95 39.95	150m: 2:14.12 47.35	250m: 3:49.42 47.68	350m: 5:26.16 48.54	
100m: 1:26.77 46.82	200m: 3:01.74 47.62	300m: 4:37.62 48.20	400m: 6:11.94 45.78	

Nº 3 400m Livres Femin. 15 - 16 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Mara Lisboa E Silva	93	ADBA	4:46.55	597
50m: 33.35 33.35	150m: 1:45.46 36.32	250m: 2:57.69 36.04	350m: 4:10.88 36.47	
100m: 1:09.14 35.79	200m: 2:21.65 36.19	300m: 3:34.41 36.72	400m: 4:46.55 35.67	
2. Adriana Fialho Passarinho	93	BSCN	5:04.30	498
50m: 35.46 35.46	150m: 1:52.63 38.87	250m: 3:10.48 38.44	350m: 4:27.52 38.33	
100m: 1:13.76 38.30	200m: 2:32.04 39.41	300m: 3:49.19 38.71	400m: 5:04.30 36.78	
3. Sara Alexandra Morais	94	ADBA	5:15.18	449
50m: 35.29 35.29	150m: 1:53.32 39.47	250m: 3:13.65 40.22	350m: 4:35.32 40.95	
100m: 1:13.85 38.56	200m: 2:33.43 40.11	300m: 3:54.37 40.72	400m: 5:15.18 39.86	
4. Stacy Da Silva Duarte	94	ADBA	5:30.66	388
50m: 36.42 36.42	150m: 1:58.14 41.58	250m: 3:23.88 42.83	350m: 4:49.84 43.12	
100m: 1:16.56 40.14	200m: 2:41.05 42.91	300m: 4:06.72 42.84	400m: 5:30.66 40.82	
5. Diana Filipa Tomas	94	IDV	5:35.65	371
50m: 35.78 35.78	150m: 1:58.99 42.62	250m: 3:25.51 43.76	350m: 4:53.23 43.65	
100m: 1:16.37 40.59	200m: 2:41.75 42.76	300m: 4:09.58 44.07	400m: 5:35.65 42.42	

	Ano	Sigla	Tempo								Pts.
6. Catarina Curado Fernandes	93	IDV	5:48.10								333
50m:	37.80	37.80	150m:	2:06.07	45.03	250m:	3:34.86	43.81	350m:	5:05.44	44.86
100m:	1:21.04	43.24	200m:	2:51.05	44.98	300m:	4:20.58	45.72	400m:	5:48.10	42.66
7. Kharen Fatima Briolo	93	IDV	5:49.24								330
50m:	39.30	39.30	150m:	2:08.81	45.40	250m:	3:37.85	43.42	350m:	5:07.99	45.03
100m:	1:23.41	44.11	200m:	2:54.43	45.62	300m:	4:22.96	45.11	400m:	5:49.24	41.25
8. Carolina Domingues Laborde	93	NDAP	5:53.41								318
50m:	38.25	38.25	150m:	2:07.05	45.60	250m:	3:39.25	46.32	350m:	5:08.45	43.83
100m:	1:21.45	43.20	200m:	2:52.93	45.88	300m:	4:24.62	45.37	400m:	5:53.41	44.96
9. Rafaela Mengo Fonseca	94	IDV	6:10.83								275
50m:	38.53	38.53	150m:	2:10.49	47.37	250m:	3:46.34	47.78	350m:	5:23.02	48.37
100m:	1:23.12	44.59	200m:	2:58.56	48.07	300m:	4:34.65	48.31	400m:	6:10.83	47.81

Nº 3 400m Livres Femin. 17 anos e mais

18-10-2008

FINA 2004

	Ano	Sigla	Tempo								Pts.
1. Mariana Mota Dias	92	ADBA	4:59.07								525
50m:	33.47	33.47	150m:	1:47.59	37.36	250m:	3:04.34	38.46	350m:	4:21.17	38.45
100m:	1:10.23	36.76	200m:	2:25.88	38.29	300m:	3:42.72	38.38	400m:	4:59.07	37.90
2. Andreia Filipa Anjos	92	ADBA	5:04.24								499
50m:	35.10	35.10	150m:	1:51.69	38.73	250m:	3:10.35	39.30	350m:	4:28.05	38.53
100m:	1:12.96	37.86	200m:	2:31.05	39.36	300m:	3:49.52	39.17	400m:	5:04.24	36.19
3. Maisa Rodrigues Santo	90	ADBA	5:06.98								485
50m:	34.76	34.76	150m:	1:50.63	38.39	250m:	3:09.06	39.31	350m:	4:27.58	39.11
100m:	1:12.24	37.48	200m:	2:29.75	39.12	300m:	3:48.47	39.41	400m:	5:06.98	39.40
4. Adriana Filipa Lisboa	92	ADBA	5:12.15								462
50m:	35.89	35.89	150m:	1:53.59	38.97	250m:	3:12.70	39.37	350m:	4:32.68	39.71
100m:	1:14.62	38.73	200m:	2:33.33	39.74	300m:	3:52.97	40.27	400m:	5:12.15	39.47
5. Catarina Gomes Santos	92	ADBA	5:51.00								325
50m:	38.14	38.14	150m:	2:07.90	45.47	250m:	3:38.29	44.44	350m:	5:07.29	45.23
100m:	1:22.43	44.29	200m:	2:53.85	45.95	300m:	4:22.06	43.77	400m:	5:51.00	43.71

Nº 4 400m Livres Masc. 13 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo								Pts.
1. Leonardo Peralta Reis	96	BSCN	5:35.18								279
50m:	36.28	36.28	150m:	2:00.42	42.22	250m:	3:26.58	43.69	350m:	4:53.42	43.36
100m:	1:18.20	41.92	200m:	2:42.89	42.47	300m:	4:10.06	43.48	400m:	5:35.18	41.76
2. Rodolfo Goncalves Felix	96	OP	5:50.79								244
50m:	38.78	38.78	150m:	2:06.15	44.00	250m:	3:38.24	46.21	350m:	5:09.74	45.24
100m:	1:22.15	43.37	200m:	2:52.03	45.88	300m:	4:24.50	46.26	400m:	5:50.79	41.05
3. Lourenco Manuel Cunha	96	ASAL	5:55.90								233
50m:	39.71	39.71	150m:	2:09.91	45.97	250m:	3:41.25	45.24	350m:	5:12.65	45.24
100m:	1:23.94	44.23	200m:	2:56.01	46.10	300m:	4:27.41	46.16	400m:	5:55.90	43.25

JUÍZ ÁRBITRO

Marisa Grilo

	Ano	Sigla	Tempo								Pts.
4. Tiago Sequeira Sousa	96	ASAL	5:56.42								232
50m:	39.12	39.12	150m:	2:09.53	46.43	250m:	3:41.76	47.05	350m:	5:11.03	44.05
100m:	1:23.10	43.98	200m:	2:54.71	45.18	300m:	4:26.98	45.22	400m:	5:56.42	45.39
5. Fabio Ferreira Marques	96	ASAL	6:06.25								214
50m:	38.99	38.99	150m:	2:10.36	46.34	250m:	3:44.25	47.59	350m:	5:18.55	46.72
100m:	1:24.02	45.03	200m:	2:56.66	46.30	300m:	4:31.83	47.58	400m:	6:06.25	47.70
6. Miguel Belo Nunes	96	ASAL	6:19.54								192
50m:	39.96	39.96	150m:	2:14.98	48.60	250m:	3:52.75	48.96	350m:	5:33.30	50.72
100m:	1:26.38	46.42	200m:	3:03.79	48.81	300m:	4:42.58	49.83	400m:	6:19.54	46.24
7. Tomas Antonio Cascao	96	PIMP	6:24.77								185
50m:	42.33	42.33	150m:	2:19.95	50.09	250m:	3:58.89	49.81	350m:	5:40.98	50.21
100m:	1:29.86	47.53	200m:	3:09.08	49.13	300m:	4:50.77	51.88	400m:	6:24.77	43.79
8. Pedro Rafael Alexandre	96	PIMP	7:03.23								139
50m:	45.88	45.88	150m:	2:33.83	54.62	250m:	4:23.89	54.55	350m:	6:13.43	54.02
100m:	1:39.21	53.33	200m:	3:29.34	55.51	300m:	5:19.41	55.52	400m:	7:03.23	49.80

Nº 4 400m Livres Masc. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo								Pts.
1. Daniel Ribeiro Sousa	95	DNMG	4:51.14								426
50m:	32.44	32.44	150m:	1:45.55	37.15	250m:	2:59.83	37.32	350m:	4:15.25	37.80
100m:	1:08.40	35.96	200m:	2:22.51	36.96	300m:	3:37.45	37.62	400m:	4:51.14	35.89
2. Diogo Ferreira Neto	95	ASAL	5:03.97								375
50m:	33.65	33.65	150m:	1:50.07	38.62	250m:	3:08.67	39.23	350m:	4:29.05	40.10
100m:	1:11.45	37.80	200m:	2:29.44	39.37	300m:	3:48.95	40.28	400m:	5:03.97	34.92
3. Andre Fialho Marques	95	BSCN	5:26.49								302
50m:	35.39	35.39	150m:	1:57.77	41.77	250m:	3:22.51	42.33	350m:	4:46.14	41.94
100m:	1:16.00	40.61	200m:	2:40.18	42.41	300m:	4:04.20	41.69	400m:	5:26.49	40.35
4. Ricardo Filipe Ferreira	95	PIMP	5:50.62								244
50m:	39.17	39.17	150m:	2:08.47	45.03	250m:	3:40.07	45.59	350m:	5:09.87	44.43
100m:	1:23.44	44.27	200m:	2:54.48	46.01	300m:	4:25.44	45.37	400m:	5:50.62	40.75
5. Rodrigo Inacio Costa	95	PIMP	6:17.25								196
50m:	45.27	45.27	150m:	2:30.33	45.13	250m:	4:03.52	47.32	350m:	5:36.26	46.00
100m:	1:45.20	59.93	200m:	3:16.20	45.87	300m:	4:50.26	46.74	400m:	6:17.25	40.99

Nº 4 400m Livres Masc. 15 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo								Pts.
1. Miguel Polidoro Alexandre	94	ADBA	4:47.34								444
50m:	31.93	31.93	150m:	1:43.35	36.15	250m:	2:57.36	37.49	350m:	4:12.12	36.78
100m:	1:07.20	35.27	200m:	2:19.87	36.52	300m:	3:35.34	37.98	400m:	4:47.34	35.22
2. Andre Ribeiro De Sousa	94	ADBA	5:03.04								378
50m:	34.24	34.24	150m:	1:50.29	38.59	250m:	3:08.39	39.38	350m:	4:25.97	38.43
100m:	1:11.70	37.46	200m:	2:29.01	38.72	300m:	3:47.54	39.15	400m:	5:03.04	37.07

JUÍZ ÁRBITRO
 Marisa Grilo

Resultados

Continuação Nº 4 400m Livres Masc. 15 anos

	Ano	Sigla	Tempo	Pts.
3. Diogo Manuel Domingues	94	ADBA	5:03.29	377
50m: 34.02 34.02 150m: 1:50.44 38.81 250m: 3:08.37 39.16 350m: 4:26.59 38.93				
100m: 1:11.63 37.61 200m: 2:29.21 38.77 300m: 3:47.66 39.29 400m: 5:03.29 36.70				
4. Joao Paulo Vale	94	ADBA	5:23.64	310
50m: 33.59 33.59 150m: 1:51.77 39.93 250m: 3:16.32 42.17 350m: 4:42.34 42.87				
100m: 1:11.84 38.25 200m: 2:34.15 42.38 300m: 3:59.47 43.15 400m: 5:23.64 41.30				
5. Delmar Filipe Antunes	94	AHBVCR	5:32.92	285
50m: 36.03 36.03 150m: 1:59.57 42.31 250m: 3:25.12 42.79 350m: 4:51.29 42.70				
100m: 1:17.26 41.23 200m: 2:42.33 42.76 300m: 4:08.59 43.47 400m: 5:32.92 41.63				
6. Pedro Antonio Crespo	94	ADBA	5:35.83	278
50m: 35.92 35.92 150m: 2:00.94 42.90 250m: 3:27.81 44.27 350m: 4:55.02 43.28				
100m: 1:18.04 42.12 200m: 2:43.54 42.60 300m: 4:11.74 43.93 400m: 5:35.83 40.81				
7. Ricardo Luís Ferreira	94	ADPM	5:36.80	275
50m: 35.48 35.48 150m: 1:58.40 42.87 250m: 3:27.57 44.57 350m: 4:56.88 44.49				
100m: 1:15.53 40.05 200m: 2:43.00 44.60 300m: 4:12.39 44.82 400m: 5:36.80 39.92				
8. Ricardo Manuel Moreira	94	ADPM	6:41.58	162
50m: 41.46 41.46 150m: -:--:-- 250m: -:--:-- 350m: -:--:--				
100m: 1:30.22 48.76 200m: 3:11.73 300m: -:--:-- 400m: 6:41.58				
FF Samuel Silva Sousa	94	ADPM		

Nº 4 400m Livres Masc. 16 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Tiago Lopes Ribeiro	93	BSCN	4:41.75	471
50m: 31.45 31.45 150m: 1:41.16 35.32 250m: 2:52.51 35.75 350m: 4:05.82 37.38				
100m: 1:05.84 34.39 200m: 2:16.76 35.60 300m: 3:28.44 35.93 400m: 4:41.75 35.93				
2. Flavio Cardoso Relva	93	ADBA	4:53.93	414
50m: 32.21 32.21 150m: 1:44.97 36.88 250m: 2:59.73 37.50 350m: 4:16.62 38.78				
100m: 1:08.09 35.88 200m: 2:22.23 37.26 300m: 3:37.84 38.11 400m: 4:53.93 37.31				
3. Filipe Rosa De Oliveira	93	ADBA	4:59.74	391
50m: 31.61 31.61 150m: 1:44.13 37.76 250m: 3:02.33 39.34 350m: 4:21.12 39.52				
100m: 1:06.37 34.76 200m: 2:22.99 38.86 300m: 3:41.60 39.27 400m: 4:59.74 38.62				
4. Pedro Fernandes Goncalves	93	DNMG	5:02.70	379
50m: 33.97 33.97 150m: 1:49.93 38.69 250m: 3:08.24 38.99 350m: 4:25.91 38.53				
100m: 1:11.24 37.27 200m: 2:29.25 39.32 300m: 3:47.38 39.14 400m: 5:02.70 36.79				
5. Guilherme Fialho Passarinho	93	BSCN	5:07.30	363
50m: 34.82 34.82 150m: 1:50.88 38.92 250m: 3:09.94 39.60 350m: 4:29.00 39.42				
100m: 1:11.96 37.14 200m: 2:30.34 39.46 300m: 3:49.58 39.64 400m: 5:07.30 38.30				
6. Diogo Goncalves Capela	93	NDAP	5:07.86	361
50m: 32.90 32.90 150m: 1:50.56 39.48 250m: 3:10.80 40.43 350m: 4:30.81 39.91				
100m: 1:11.08 38.18 200m: 2:30.37 39.81 300m: 3:50.90 40.10 400m: 5:07.86 37.05				
7. Luis Guilherme Correia	93	NDAP	5:27.29	300
50m: 34.70 34.70 150m: 1:55.94 41.42 250m: 3:20.94 42.82 350m: 4:46.65 42.89				
100m: 1:14.52 39.82 200m: 2:38.12 42.18 300m: 4:03.76 42.82 400m: 5:27.29 40.64				
8. Alexandre Emanuel Penela	93	IDV	5:40.95	266
50m: 34.99 34.99 150m: 1:58.76 42.89 250m: 3:26.60 44.19 350m: 4:56.11 44.82				
100m: 1:15.87 40.88 200m: 2:42.41 43.65 300m: 4:11.29 44.69 400m: 5:40.95 44.84				

JUÍZ ÁRBITRO
Marisa Grilo

	Ano	Sigla	Tempo	Pts.
9. Frederico Pedro Carreira	93	ADPM	6:11.72	205
50m: 38.73 38.73	150m: 2:10.68 47.43	250m: 3:47.21 48.53	350m: 5:25.86 49.70	
100m: 1:23.25 44.52	200m: 2:58.68 48.00	300m: 4:36.16 48.95	400m: 6:11.72 45.86	

Nº 4 400m Livres Masc. 17 - 18 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Francisco Vala Pires	92	ADBA	4:30.25	533
50m: 30.62 30.62	150m: 1:39.70 34.99	250m: 2:49.58 33.81	350m: 3:57.53 33.84	
100m: 1:04.71 34.09	200m: 2:15.77 36.07	300m: 3:23.69 34.11	400m: 4:30.25 32.72	
2. Miguel Machado Lopes	92	BSCN	4:30.27	533
50m: 32.63 32.63	150m: 1:42.07 34.83	250m: 2:49.28 33.34	350m: 3:57.91 34.69	
100m: 1:07.24 34.61	200m: 2:15.94 33.87	300m: 3:23.22 33.94	400m: 4:30.27 32.36	
3. Manuel Andril Cordeiro	92	ADBA	4:35.17	505
50m: 29.98 29.98	150m: 1:37.13 34.21	250m: 2:47.43 35.41	350m: 3:58.85 35.92	
100m: 1:02.92 32.94	200m: 2:12.02 34.89	300m: 3:22.93 35.50	400m: 4:35.17 36.32	
4. Tiago Filipe Pereira	91	ADBA	4:37.61	492
50m: 31.16 31.16	150m: 1:41.66 35.37	250m: 2:52.95 35.74	350m: 4:03.80 35.26	
100m: 1:06.29 35.13	200m: 2:17.21 35.55	300m: 3:28.54 35.59	400m: 4:37.61 33.81	
5. Andre Filipe Pereira	91	ADBA	4:39.03	484
50m: 31.10 31.10	150m: 1:40.87 35.49	250m: 2:51.81 34.94	350m: 4:04.64 37.10	
100m: 1:05.38 34.28	200m: 2:16.87 36.00	300m: 3:27.54 35.73	400m: 4:39.03 34.39	
6. Andre Oliveira Marques	92	ADBA	4:40.43	477
50m: 30.04 30.04	150m: 1:39.78 35.58	250m: 2:53.17 36.41	350m: 4:05.42 35.65	
100m: 1:04.20 34.16	200m: 2:16.76 36.98	300m: 3:29.77 36.60	400m: 4:40.43 35.01	
7. Bruno Filipe Azevedo	92	NDAP	4:54.79	411
50m: 31.20 31.20	150m: 1:46.34 38.10	250m: 3:03.37 38.42	350m: 4:19.46 37.86	
100m: 1:08.24 37.04	200m: 2:24.95 38.61	300m: 3:41.60 38.23	400m: 4:54.79 35.33	
8. Carlos Lopes Figueiredo	92	ADBA	5:04.72	372
50m: 33.90 33.90	150m: 1:50.36 38.96	250m: 3:08.95 39.52	350m: 4:27.23 39.15	
100m: 1:11.40 37.50	200m: 2:29.43 39.07	300m: 3:48.08 39.13	400m: 5:04.72 37.49	
9. Eduardo Conceicao Costa	91	ADBA	5:05.52	369
50m: 33.54 33.54	150m: 1:51.46 39.54	250m: 3:11.66 40.22	350m: 4:29.98 37.83	
100m: 1:11.92 38.38	200m: 2:31.44 39.98	300m: 3:52.15 40.49	400m: 5:05.52 35.54	
10. Joao Pedro Morais	92	ADBA	5:06.64	365
50m: 34.21 34.21	150m: 1:50.64 38.57	250m: 3:10.39 40.07	350m: 4:30.69 39.90	
100m: 1:12.07 37.86	200m: 2:30.32 39.68	300m: 3:50.79 40.40	400m: 5:06.64 35.95	
11. Pedro Alexandre Espadinha	91	ADBA	5:15.77	334
50m: 32.36 32.36	150m: 1:50.72 40.72	250m: 3:13.54 41.18	350m: 4:36.75 42.22	
100m: 1:10.00 37.64	200m: 2:32.36 41.64	300m: 3:54.53 40.99	400m: 5:15.77 39.02	
12. Diogo Pereira Silva	91	ADBA	5:19.40	323
50m: 34.63 34.63	150m: 1:54.16 40.30	250m: 3:16.15 41.20	350m: 4:39.13 41.38	
100m: 1:13.86 39.23	200m: 2:34.95 40.79	300m: 3:57.75 41.60	400m: 5:19.40 40.27	
13. Diogo Santos Figueira	91	ADBA	5:27.50	300
50m: 35.54 35.54	150m: 1:58.27 42.04	250m: 3:24.66 43.61	350m: 4:51.88 42.67	
100m: 1:16.23 40.69	200m: 2:41.05 42.78	300m: 4:09.21 44.55	400m: 5:27.50 35.62	

JUÍZ ÁRBITRO
 Marisa Grilo

Nº 4 400m Livres Masc. 19 anos e mais

18-10-2008

FINA 2004

	Ano	Sigla	Tempo				Pts.				
1. Helder Alexandre Godinho	86	ADBA	4:45.37				453				
50m:	32.17	32.17	150m:	1:44.45	36.88	250m:	2:57.11	35.83	350m:	4:09.91	36.74
100m:	1:07.57	35.40	200m:	2:21.28	36.83	300m:	3:33.17	36.06	400m:	4:45.37	35.46
2. Joao Macedo Figueiredo	87	ADBA	4:57.07				401				
50m:	31.66	31.66	150m:	1:44.92	37.15	250m:	2:59.96	37.75	350m:	4:17.88	39.19
100m:	1:07.77	36.11	200m:	2:22.21	37.29	300m:	3:38.69	38.73	400m:	4:57.07	39.19
3. Aarao Emanuel Teixeira	88	ADBA	5:00.16				389				
50m:	33.53	33.53	150m:	1:49.00	37.99	250m:	3:04.33	36.58	350m:	4:21.20	39.10
100m:	1:11.01	37.48	200m:	2:27.75	38.75	300m:	3:42.10	37.77	400m:	5:00.16	38.96
4. Fabio Alexandre Joaquim	90	ADBA	5:06.68				365				
50m:	34.23	34.23	150m:	1:51.02	38.78	250m:	3:10.70	40.05	350m:	4:31.26	40.34
100m:	1:12.24	38.01	200m:	2:30.65	39.63	300m:	3:50.92	40.22	400m:	5:06.68	35.42
5. Hugo Curado Fernandes	89	IDV	5:30.58				291				
50m:	33.97	33.97	150m:	1:55.58	42.30	250m:	3:21.88	43.24	350m:	4:49.82	43.70
100m:	1:13.28	39.31	200m:	2:38.64	43.06	300m:	4:06.12	44.24	400m:	5:30.58	40.76
6. Nuno Pinheiro Maximiano	87	ADBA	5:36.90				275				
50m:	35.37	35.37	150m:	1:57.56	41.96	250m:	3:24.29	43.44	350m:	4:53.17	43.98
100m:	1:15.60	40.23	200m:	2:40.85	43.29	300m:	4:09.19	44.90	400m:	5:36.90	43.73

Nº 5 200m Mariposa Femin. 12 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Filipa Vilas Ruivo	97	DNMG	2:54.25	374	39.46	1:24.21	2:10.23	2:54.25
2. Filipa Vicente Custoias	97	BSCN	3:18.72	252	44.20	1:36.23	2:29.55	3:18.72
3. Ana Beatriz Pedro	97	AHBVCR	3:20.59	245	43.97	1:35.75	2:28.77	3:20.59

Nº 5 200m Mariposa Femin. 13 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Mafalda Domingues Valente	96	DNMG	2:59.93	340	39.92	1:26.38	2:15.92	2:59.93
2. Ana Isabel Neves	96	PIMP	3:03.28	322	37.20	1:23.36	2:12.14	3:03.28
3. Isa Moraes Penas	96	BSCN	3:15.48	265	40.79	1:32.42	2:26.03	3:15.48
4. Jennifer Martins Dias	96	AHBVCR	3:20.72	245	43.38	1:34.44	2:28.15	3:20.72
5. Patricia Monteiro Negroao	96	AHBVCR	3:29.13	216	45.40	1:41.21	2:39.16	3:29.13
6. Melissa Fonseca Vieira	96	AHBVCR	3:39.65	187	45.37	1:41.42	2:43.21	3:39.65

JUÍZ ÁRBITRO
 Marisa Grilo

Nº 5 200m Mariposa Femin. 14 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Patricia Santos Dinis	95	AHBVCR	3:07.17	302	39.10	1:26.29	2:16.76	3:07.17
DC Sofia Fernandes Francisco	95	BSCN						
<i>A nadadora aos 175 metros só tocou com uma mão na parede</i>								
DC Joana Margarida Guimaraes	95	PIMP						
<i>Nas viragens dos 125m/ 150/ 175m a nadadora tocou com as mãos na parede alternadamente</i>								

Nº 5 200m Mariposa Femin. 15 - 16 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Adriana Fialho Passarinho	93	BSCN	2:48.51	414	38.29	1:22.28	2:06.22	2:48.51
2. Patricia Alexandra Leal	94	DNMG	2:54.04	376	37.69	1:21.63	2:07.94	2:54.04
3. Soraia Alexandra Marques	94	BSCN	2:54.66	372	37.84	1:21.41	2:08.24	2:54.66

Nº 5 200m Mariposa Femin. 17 anos e mais 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Ana Carolina Valente	92	DNMG	2:49.38	407	36.28	1:19.17	2:04.59	2:49.38
2. Joana Rita Mota	92	PIMP	3:03.89	318	39.09	1:25.72	2:16.73	3:03.89
3. Catarina Coelho Nascimento	92	ADPM	3:22.77	237	39.99	1:29.24	2:25.49	3:22.77

Nº 6 200m Mariposa Masc. 14 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Joao Manuel Serralheiro	95	BSCN	2:51.57	282	37.54	1:21.11	2:05.87	2:51.57
2. Cristovao Dinis Monteiro	95	AHBVCR	3:03.96	228	40.60	1:28.00	2:17.23	3:03.96
3. Rafael Ruivo Martinho	95	AHBVCR	3:28.61	157	43.29	1:35.68	2:34.99	3:28.61
4. Tiago Santos Figueira	95	ASAL	3:30.44	153	44.09	1:37.84	2:36.57	3:30.44
DC Joao Andre Mendes	95	ASAL						
<i>O nadador na viragem dos 75m e dos 125m tocou só com uma mão</i>								

Nº 6 200m Mariposa Masc. 15 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Fabio Ribeiro Noronha	94	AHBVCR	2:50.85	285	35.34	1:17.35	2:03.74	2:50.85
FF Samuel Silva Sousa	94	ADPM						

Nº 6 200m Mariposa Masc. 16 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Diogo Maia E Silva	93	PIMP	2:29.91	422	34.39	1:12.85	1:51.06	2:29.91
2. Tiago Geraldês Machado	93	PIMP	2:36.90	368	31.73	1:10.52	1:53.28	2:36.90
3. Henrique Jose Marques	93	BSCN	2:40.41	344	35.00	1:14.82	1:57.51	2:40.41
4. Joao Guilherme Vieira	93	PIMP	2:42.75	330	33.68	1:11.89	1:54.03	2:42.75
5. Frederico Pedro Carreira	93	ADPM	3:34.88	143	44.15	1:40.78	2:39.48	3:34.88

Nº 6 200m Mariposa Masc. 17 - 18 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Joao Paulo Ribeiro	92	ADBA	2:20.22	516	30.57	1:05.64	1:43.00	2:20.22
2. Nuno Filipe Pina	91	BSCN	2:27.37	444	32.37	1:09.91	1:48.89	2:27.37
3. Joao Pedro Mendes	92	DNMG	2:28.82	431	31.42	1:06.91	1:44.65	2:28.82
4. Joao Manuel Baptista	91	BSCN	2:36.76	369	35.35	1:15.72	1:55.63	2:36.76
5. Ivo Monico Almeida	91	ADBA	2:38.53	357	34.78	1:15.21	1:56.63	2:38.53

Nº 6 200m Mariposa Masc. 19 anos e mais 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Cesar Fernando Faria	90	ADBA	2:16.70	557	30.33	1:05.54	1:42.09	2:16.70
2. Joao Geraldês Machado	86	PIMP	2:23.41	482	29.32	1:04.80	1:42.60	2:23.41

Nº 7 200m Bruços Femin. 12 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Marina Nicolina Teodosio	97	ASAL	3:16.93	362	45.20	1:36.84	2:28.31	3:16.93
2. Joana Crespo Domingues	97	DNMG	3:19.70	347	45.30	1:37.33	2:29.51	3:19.70
3. Marta Almeida Fernandes	97	NDAP	3:25.82	317	48.10	1:40.40	2:33.73	3:25.82
4. Liliana Sofia Ferreira	97	PIMP	3:26.42	314	46.33	1:39.65	2:34.00	3:26.42
5. Liane Saraiva Ruivaco	97	IDV	3:32.04	290	48.11	1:43.25	2:38.11	3:32.04
6. Beatriz Gameiro Matias	97	NDAP	3:36.38	273	49.35	1:44.60	2:42.45	3:36.38
7. Ana Beatriz Pedro	97	AHBVCR	3:36.94	271	48.78	1:44.14	2:41.18	3:36.94
8. Melissa Cardoso Relva	97	ASAL	3:37.98	267	49.94	1:46.29	2:43.82	3:37.98
9. Beatriz Oliveira Luis	97	PIMP	3:40.26	259	50.08	1:46.04	2:42.75	3:40.26
10. Ines Ferraria Pereira	97	ADPM	3:41.07	256	48.76	1:44.35	2:44.05	3:41.07
11. Maria Vasconcelos Cardoso	97	CNPE/A	3:53.12	218	51.01	1:50.18	2:53.51	3:53.12
12. Sara Patricia Lourenco	97	ASAL	3:55.65	211	52.89	1:53.35	-:--:--	3:55.65
13. Leonor Martins Pereira	97	PIMP	3:57.08	207	57.89	1:59.48	2:58.19	3:57.08
14. Maria Miguel Parreira	97	IDV	4:02.78	193	55.17	1:57.54	3:01.64	4:02.78
15. Cristiana Sousa Lopes	97	ADPM	4:04.63	189	54.66	1:58.20	3:02.33	4:04.63
16. Adriana Sousa Lagoa	97	ASAL	4:06.31	185	55.17	1:57.98	3:02.55	4:06.31
17. Mariana Gomes Viegas	97	ADPM	4:08.83	179	53.19	1:57.16	3:03.74	4:08.83
18. Kelly Silva Duarte	97	ASAL	4:08.88	179	55.77	2:00.13	3:05.64	4:08.88
19. Angela Sofia Duarte	97	ASAL	4:10.04	177	54.14	1:56.46	3:03.10	4:10.04

JUÍZ ÁRBITRO
Marisa Grilo

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
DC Ines Joao Ferreira	97	ASAL						
<i>Na viragem 50 metros a nadadora tocou só com uma mão na parede</i>								
FF Bruna Filipa Pereira	97	ASAL						

Nº 7 200m Bruços Femin. 13 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Debora Filipa Duque	96	PIMP	3:19.88	346	45.63	1:37.60	2:28.89	3:19.88
2. Catarina Jesus Vala	96	CNPE/A	3:30.14	298	47.83	1:41.17	2:36.02	3:30.14
3. Joana Sofia Capinha	96	OP	3:32.35	289	47.42	1:41.07	2:37.91	3:32.35
4. Daniela Oliveira Santos	96	AHBVCR	3:36.81	271	49.41	1:45.22	2:42.52	3:36.81
5. Ana Margarida Lourenco	96	BSCN	3:46.83	237	52.42	1:50.86	2:49.93	3:46.83
6. Ana Carolina Paiva	96	IDV	3:47.10	236	50.79	1:49.14	2:49.80	3:47.10
7. Raquel Monteiro Negroa	96	AHBVCR	3:56.69	208	50.93	1:52.31	2:56.30	3:56.69
8. Bruna Denise Rosa	96	IDV	3:56.82	208	51.82	1:52.79	2:55.92	3:56.82
DC Ana Catarina Carlos	96	DNMG						
<i>Falsa Partida</i>								
FF Patricia Sousa Paulo	96	BSCN						

Nº 7 200m Bruços Femin. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Victoriya Kaminskaya	95	CNPE/A	3:09.60	405	41.39	1:28.67	2:19.21	3:09.60
2. Catia Andreia Clara	95	DNMG	3:25.98	316	47.46	1:39.61	2:34.18	3:25.98
3. Catarina Henriques Ceu	95	AHBVCR	4:25.54	148	56.39	2:05.49	3:15.64	4:25.54
DC Barbara Pires Miguel	95	ADPM						
<i>A nadadora fez movimentos alternados a bruços, depois da viragem aos 100 metros, no torpedo</i>								
FF Mariana Lopes Policarpo	95	BSCN						

Nº 7 200m Bruços Femin. 15 - 16 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Catarina Alexandra Bernardino	94	PIMP	3:10.23	401	43.15	1:32.00	2:20.95	3:10.23
2. Cristina Paris Santos	94	PIMP	3:12.84	385	43.84	1:33.14	2:23.11	3:12.84
3. Mariana Maia E Silva	94	PIMP	3:17.28	360	45.38	1:37.10	2:26.97	3:17.28

Nº 7 200m Bruços Femin. 17 anos e mais 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Maisa Rodrigues Santo	90	ADBA	2:57.02	498	40.31	1:26.02	2:11.76	2:57.02
2. Mariana Mota Dias	92	ADBA	3:06.60	425	42.30	1:29.92	2:18.97	3:06.60
3. Catarina Coelho Nascimento	92	ADPM	3:37.28	269	48.78	1:43.64	2:41.85	3:37.28
DC Monica Sofia Fitas	89	ADPM						

A nadadora após a viragem dos 150 m deu uma pernada alternada

Nº 8 200m Bruços Masc. 13 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Nuno Goncalo Santos	96	DNMG	3:13.19	279	44.75	1:33.48	2:24.06	3:13.19
2. Carlos Antonio Pereira	96	AHBVCR	3:23.69	238	44.76	1:37.77	2:31.85	3:23.69
3. Leonardo Peralta Reis	96	BSCN	3:30.85	215	48.43	1:43.44	2:38.66	3:30.85
4. Jose Antonio Lamande	96	IDV	3:38.37	193	49.51	1:45.44	2:44.68	3:38.37
5. Guilherme Domingues Ferreira	96	NDAP	3:46.28	174	50.42	1:47.67	2:46.96	3:46.28
DC Pedro Joaozinho Lopes	96	ADPM						

Falsa Partida

Nº 8 200m Bruços Masc. 14 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Afonso Lopes Dos Santos	95	AHBVCR	2:50.48	406	37.62	1:21.42	2:06.01	2:50.48
2. Henrique Miguel Goncalves	95	NDAP	2:58.54	353	39.38	1:26.11	2:12.79	2:58.54
3. Daniel Ribeiro Sousa	95	DNMG	3:02.27	332	39.89	1:26.96	2:16.34	3:02.27
4. Diogo Ferreira Neto	95	ASAL	3:05.82	314	42.11	1:29.55	2:18.57	3:05.82
5. Andre Fialho Marques	95	BSCN	3:07.50	305	41.21	1:29.90	2:21.54	3:07.50
6. Rafael Ruivo Martinho	95	AHBVCR	3:20.67	249	44.43	1:35.57	2:28.88	3:20.67
7. Boris Zryunin	95	ASAL	3:21.40	246	45.22	1:37.30	2:31.19	3:21.40
8. Joao Baptista Lopes	95	ASAL	3:21.90	244	43.49	1:35.03	2:29.81	3:21.90
DC Walter Marcos Neto	95	ASAL						

O nadador em todas as viragens toca com as mãos na parede alternadamente

DC Miguel Caetano Raposo 95 ADPM
O nadador na viragem aos 150 m só tocou com uma mão na parede

Nº 8 200m Bruços Masc. 15 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Goncalo Ferreira Gameiro	94	NDAP	2:53.13	388	38.52	1:22.42	2:07.91	2:53.13
2. Edgar Neves Tomas	94	PIMP	3:03.02	328	40.73	1:26.00	2:13.54	3:03.02
3. Miguel Marques Ramos	94	PIMP	3:04.69	319	41.44	1:28.56	2:16.78	3:04.69
4. Antero Simao Martins	94	DNMG	3:06.50	310	41.88	1:28.83	2:18.16	3:06.50
5. Ricardo Luís Ferreira	94	ADPM	3:12.46	282	44.03	1:32.55	2:23.01	3:12.46
6. Telmo Silva Alves	94	NDAP	3:15.81	268	43.39	1:33.75	2:25.48	3:15.81
7. Ricardo Manuel Moreira	94	ADPM	3:26.23	229	45.92	1:37.78	2:32.08	3:26.23

Nº 8 200m Bruços Masc. 16 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Filipe Franco Norte	93	DNMG	2:38.84	502	35.48	1:15.64	1:57.28	2:38.84
2. Tiago Lopes Ribeiro	93	BSCN	2:54.70	377	39.59	1:24.87	2:09.79	2:54.70
3. Alexandre Galveias Vale	93	PIMP	3:02.32	332	39.92	1:26.11	2:13.85	3:02.32

Nº 8 200m Bruços Masc. 17 - 18 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Filipe Miguel Meca	91	PIMP	2:44.96	448	37.20	1:18.86	2:01.36	2:44.96
2. Andre Filipe Pereira	91	ADBA	2:46.26	438	37.53	1:20.43	2:03.63	2:46.26
3. Andre Oliveira Marques	92	ADBA	2:47.90	425	38.46	1:21.96	2:05.06	2:47.90
4. Francisco Maldonado Freitas	91	PIMP	2:48.48	421	36.76	1:19.24	2:03.63	2:48.48
5. Miguel Machado Lopes	92	BSCN	2:55.16	374	41.12	1:26.32	2:11.57	2:55.16
6. Diogo Cipriano Vicente	91	BSCN	2:55.41	373	38.52	1:23.07	2:08.80	2:55.41
7. Eduardo Conceicao Costa	91	ADBA	2:56.60	365	39.45	1:24.75	2:11.07	2:56.60
8. Henrique Mata Carvalho	92	AHBVCR	3:22.97	241	44.91	1:36.11	2:29.58	3:22.97

Nº 8 200m Bruços Masc. 19 anos e mais

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Helder Alexandre Godinho	86	ADBA	2:39.37	497	36.96	1:18.68	1:59.77	2:39.37
2. Francisco Miguel Ferreira	89	PIMP	2:48.43	421	36.60	1:19.73	2:04.68	2:48.43

Nº 9 200m Estilos Femin. 12 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Filipa Vicente Custoias	97	BSCN	3:03.39	346	40.55	1:27.20	2:22.16	3:03.39
2. Marina Nicolina Teodosio	97	ASAL	3:05.01	337	44.46	1:31.93	2:23.56	3:05.01
3. Margarida Domingues Duarte	97	DNMG	3:13.78	294	45.83	1:36.76	2:29.79	3:13.78
4. Mariana Gomes Rei	97	DNMG	3:20.69	264	44.89	1:37.22	2:36.55	3:20.69
5. Melissa Cardoso Relva	97	ASAL	3:22.35	258	44.79	1:39.28	2:35.03	3:22.35
6. Ana Sofia Florencia	97	CNNZ	3:29.12	234	44.79	1:39.32	2:43.27	3:29.12
7. Liliana Raquel Marques	97	OP	3:29.31	233	51.82	1:43.00	2:43.97	3:29.31
8. Maria Vasconcelos Cardoso	97	CNPE/A	3:30.58	229	52.04	1:45.69	--:--	3:30.58
9. Marcia Vinagre Pereira	97	CNNZ	3:33.09	221	49.28	1:44.09	--:--	3:33.09
10. Sara Patricia Lourenco	97	ASAL	3:36.09	212	52.81	1:44.77	--:--	3:36.09
11. Ana Claudia Batalha	97	CNNZ	3:36.87	209	50.37	1:40.61	--:--	3:36.87
12. Kelly Silva Duarte	97	ASAL	3:43.52	191	52.81	1:50.43	--:--	3:43.52
13. Simone Felix Malaquias	97	OP	3:46.92	183	57.24	1:59.13	3:01.56	3:46.92
14. Ines Ferraria Pereira	97	ADPM	3:47.47	182	54.30	1:55.63	2:51.95	3:47.47
15. Patricia Sousa Eusebio	97	AHBVCR	3:47.48	182	55.69	1:53.04	2:54.01	3:47.48
16. Adriana Sousa Lagoa	97	ASAL	3:50.90	174	55.05	1:54.61	--:--	3:50.90
17. Cristiana Sousa Lopes	97	ADPM	4:03.83	147	55.30	1:58.19	3:04.01	4:03.83
18. Mariana Gomes Viegas	97	ADPM	4:14.55	130	1:05.07	2:10.27	3:13.84	4:14.55
DC Barbara Amaro Cerejo	97	CNNZ						
<i>Falsa Partida</i>								
FF Bruna Filipa Pereira	97	ASAL						
FF Joana Gomes Beirao	97	AHBVCR						
FF Mariana Galego Rolo	97	CNNZ						

Nº 9 200m Estilos Femin. 13 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Isa Morais Penas	96	BSCN	2:59.37	370	39.51	1:25.90	2:19.49	2:59.37
2. Jessica Andreia Carvalho	96	ASAL	3:05.79	333	42.17	1:29.88	2:25.31	3:05.79
3. Ana Margarida Lourenco	96	BSCN	3:18.33	274	47.97	1:36.29	2:36.19	3:18.33
4. Debora Alexandra Catalao	96	OP	3:21.32	262	48.09	1:37.12	2:36.05	3:21.32
5. Raquel Monteiro Negroao	96	AHBVCR	3:23.14	255	46.99	1:35.38	2:39.49	3:23.14
6. Joana Sofia Capinha	96	OP	3:25.66	246	46.98	1:42.19	2:36.68	3:25.66
7. Catia Sousa Eusebio	96	AHBVCR	3:28.16	237	50.78	1:41.15	2:39.69	3:28.16
DC Catarina Jesus Vala	96	CNPE/A						
FF Patricia Sousa Paulo	96	BSCN						

Nº 9 200m Estilos Femin. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Carolina Francisco Gomes	95	CNNZ	2:43.10	492	35.57	1:19.63	2:07.08	2:43.10
2. Victoriya Kaminskaya	95	CNPE/A	2:43.61	488	35.77	1:17.19	2:06.62	2:43.61
3. Mariana Pedras Justo	95	BSCN	3:06.19	331	41.84	1:28.68	2:23.79	3:06.19
4. Rita Daniela Armindo	95	IDV	3:09.50	314	47.26	1:35.46	2:28.28	3:09.50
5. Catarina Ferreira Dionisio	95	ADBA	3:09.56	314	43.80	1:33.18	2:26.94	3:09.56
6. Barbara Sofia Leitao	95	AHBVCR	3:22.79	256	46.85	1:38.17	2:37.35	3:22.79
7. Catarina Henriques Ceu	95	AHBVCR	3:53.86	167	55.54	1:51.78	2:58.63	3:53.86
DC Ines Ricardo Amaral	95	CNNZ						

Na viragem aos 125 m (bruços) a nadadora só tocou com uma mão na parede

Nº 9 200m Estilos Femin. 15 - 16 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Mara Lisboa E Silva	93	ADBA	2:36.98	552	34.25	1:14.27	2:01.34	2:36.98
2. Diana Filipa Tomas	94	IDV	2:53.55	409	36.51	1:22.26	2:12.90	2:53.55
3. Stacy Da Silva Duarte	94	ADBA	2:54.90	399	37.05	1:20.81	2:13.85	2:54.90
4. Sara Alexandra Morais	94	ADBA	2:58.07	378	39.89	1:25.18	2:17.83	2:58.07
5. Ana Rita Marques	93	BSCN	2:58.67	375	39.04	1:23.24	2:15.38	2:58.67
6. Catarina Curado Fernandes	93	IDV	3:04.44	341	42.27	1:28.97	2:21.27	3:04.44
7. Kharen Fatima Briolo	93	IDV	3:12.29	301	46.15	1:33.55	2:30.53	3:12.29
8. Rafaela Mengo Fonseca	94	IDV	3:13.11	297	42.01	1:29.88	2:29.59	3:13.11
DC Soraia Alexandra Marques	94	BSCN						

A nadadora na viragem aos 150 m só tocou com uma mão na parede

Nº 9 200m Estilos Femin. 17 anos e mais

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Andreia Filipa Anjos	92	ADBA	2:47.52	455	36.26	1:18.32	2:09.52	2:47.52
2. Adriana Filipa Lisboa	92	ADBA	2:51.65	422	36.39	1:18.27	2:14.20	2:51.65
3. Catarina Coelho Nascimento	92	ADPM	3:05.72	334	39.36	1:25.60	2:22.39	3:05.72
4. Catarina Gomes Santos	92	ADBA	3:06.45	330	42.07	1:31.54	2:25.61	3:06.45

Nº 10 200m Estilos Masc. 13 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Pedro Rafael Cintrao	96	NDAP	2:46.88	329	35.03	1:19.74	2:10.07	2:46.88
2. Leonardo Peralta Reis	96	BSCN	2:59.67	264	41.69	1:29.72	2:20.50	2:59.67
3. Tiago Sequeira Sousa	96	ASAL	3:00.94	258	45.04	1:29.18	2:20.14	3:00.94
4. Rodolfo Goncalves Felix	96	OP	3:09.84	224	43.83	1:31.31	2:28.61	3:09.84
5. Yousef Khaled Al-Hiyasat	96	CNNZ	3:13.49	211	47.05	1:34.54	2:31.12	3:13.49
6. David Sousa Meca	96	CNNZ	3:14.59	208	45.23	1:36.05	2:30.57	3:14.59
7. Lourenco Manuel Cunha	96	ASAL	3:19.52	193	49.73	1:40.36	2:37.90	3:19.52
8. Miguel Belo Nunes	96	ASAL	3:22.37	185	49.32	1:41.68	2:39.30	3:22.37

JUÍZ ÁRBITRO
Marisa Grilo

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
9. Claudio Patrício Casaleiro	96	IDV	3:23.56	181	41.75	1:33.60	2:36.94	3:23.56
10. Tomas Antonio Cascao	96	PIMP	3:31.41	162	50.54	1:44.85	--:--	3:31.41
11. Theo Jesus Ferreira	96	CNNZ	3:33.75	157	48.21	1:44.90	2:47.01	3:33.75
12. Pedro Joaquinho Lopes	96	ADPM	3:38.43	147	47.38	1:43.16	2:46.82	3:38.43
DC Fabio Ferreira Marques	96	ASAL						
<i>O nadador na viragem de mariposa para costas, fez o percurso subaquático de barriga para baixo</i>								
DC Marcelo Germano Romano	96	IDV						
<i>O nadador na viragem dos 150 metros só tocou com uma mão na parede</i>								
DC Pedro Rafael Alexandre	96	PIMP						
<i>Efectuou braçadas alternadas no percurso de mariposa</i>								

Nº 10 200m Estilos Masc. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Joao Manuel Serralheiro	95	BSCN	2:40.74	368	33.34	1:15.93	2:03.78	2:40.74
2. Rafael Ferreira Martins	95	DNMG	2:43.00	353	35.87	1:17.76	2:07.83	2:43.00
3. Rafael Santos Saldanha	95	AHBVCR	2:47.27	327	36.02	1:19.42	2:10.03	2:47.27
4. Joao Andre Mendes	95	ASAL	2:56.41	279	39.57	1:23.53	2:16.51	2:56.41
5. Bruno Filipe Taborda	95	ASAL	3:01.15	257	41.50	1:29.02	2:21.65	3:01.15
6. Pedro Santos Gomes	95	ASAL	3:02.98	250	38.79	1:24.05	2:21.52	3:02.98
7. Miguel Filipe Gomes	95	ASAL	3:05.17	241	45.37	1:32.02	2:22.25	3:05.17
8. Joao Vicente Alexandre	95	CNPE/A	3:12.45	215	44.09	1:31.70	2:31.03	3:12.45
9. Rodrigo Inacio Costa	95	PIMP	3:19.75	192	44.51	1:36.73	2:38.53	3:19.75
DC Walter Marcos Neto	95	ASAL						
<i>O nadador na viragem dos 150 metros, só tocou com uma mão na parede</i>								

Nº 10 200m Estilos Masc. 15 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Micael Valverde Teixeira	94	CNNZ	2:36.69	398	33.06	1:13.12	--:--	2:36.69
2. Diogo Manuel Domingues	94	ADBA	2:38.47	384	35.10	1:18.06	2:02.22	2:38.47
3. Joao Petinga De Almeida	94	CNNZ	2:39.30	378	37.18	1:18.82	2:05.19	2:39.30
4. Andre Alexandre Vicente	94	CNNZ	2:41.00	366	35.17	1:16.70	2:06.78	2:41.00
5. Miguel Polidoro Alexandre	94	ADBA	2:43.11	352	37.51	1:19.03	--:--	2:43.11
6. Andre Ribeiro De Sousa	94	ADBA	2:43.58	349	37.59	1:20.86	2:07.60	2:43.58
7. Joao Paulo Vale	94	ADBA	2:49.46	314	37.58	1:20.15	2:10.20	2:49.46
8. Pedro Antonio Crespo	94	ADBA	2:56.37	279	39.42	1:25.70	--:--	2:56.37

Nº 10 200m Estilos Masc. 16 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Flavio Cardoso Relva	93	ADBA	2:39.05	380	36.23	1:17.28	2:03.86	2:39.05
2. Henrique Jose Marques	93	BSCN	2:39.79	375	34.38	1:15.59	2:02.97	2:39.79
3. Filipe Rosa De Oliveira	93	ADBA	2:41.99	360	33.79	1:16.70	2:05.19	2:41.99
4. Alexandre Emanuel Penela	93	IDV	2:54.96	286	38.07	1:23.93	2:13.99	2:54.96

Nº 10 200m Estilos Masc. 17 - 18 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Joao Paulo Ribeiro	92	ADBA	2:23.78	514	29.09	1:07.70	1:51.24	2:23.78
2. Tiago Filipe Pereira	91	ADBA	2:24.26	509	31.20	1:07.58	1:49.93	2:24.26
3. Francisco Vala Pires	92	ADBA	2:25.49	497	31.58	1:09.03	1:54.40	2:25.49
4. Diogo Cipriano Vicente	91	BSCN	2:30.01	453	31.80	1:11.52	1:55.33	2:30.01
5. Nuno Filipe Pina	91	BSCN	2:30.65	447	30.97	1:12.70	1:58.08	2:30.65
6. Andre De Sousa Paulo	91	BSCN	2:31.62	439	32.52	1:12.60	1:56.34	2:31.62
7. Joao Manuel Baptista	91	BSCN	2:32.16	434	30.81	1:11.85	1:56.67	2:32.16
8. Ivo Monico Almeida	91	ADBA	2:35.59	406	30.50	1:12.74	2:00.65	2:35.59
9. Manuel Andril Cordeiro	92	ADBA	2:35.85	404	33.50	1:14.22	2:00.36	2:35.85
10. Pedro Rosa Silva	92	DNMG	2:39.12	380	34.81	1:16.93	2:01.63	2:39.12
11. Joao Pedro Morais	92	ADBA	2:39.44	377	32.02	1:14.55	--:--:--	2:39.44
12. Carlos Lopes Figueiredo	92	ADBA	2:48.96	317	34.67	1:21.84	2:13.06	2:48.96
13. Pedro Alexandre Espadinha	91	ADBA	2:49.51	314	35.82	1:21.40	2:14.51	2:49.51
14. Diogo Pereira Silva	91	ADBA	2:54.54	288	37.47	1:22.43	2:15.71	2:54.54
15. Diogo Santos Figueira	91	ADBA	2:59.97	262	32.99	1:21.05	--:--:--	2:59.97
16. Fabio Almeida Chavinha	92	ADPM	3:01.79	255	37.78	1:24.04	2:19.76	3:01.79
DC Joao Diogo Francisco	92	BSCN						

Falsa Partida

Nº 10 200m Estilos Masc. 19 anos e mais

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Cesar Fernando Faria	90	ADBA	2:14.20	633	29.69	1:03.33	1:43.59	2:14.20
2. Aarao Emanuel Teixeira	88	ADBA	2:27.55	476	31.14	1:08.41	1:50.78	2:27.55
3. Joao Macedo Figueiredo	87	ADBA	2:28.55	467	28.56	1:07.02	1:54.96	2:28.55
4. Fabio Alexandre Joaquim	90	ADBA	2:37.37	392	32.29	1:13.36	2:00.68	2:37.37
5. Hugo Curado Fernandes	89	IDV	2:50.00	311	35.82	1:22.23	2:09.60	2:50.00
6. Nuno Pinheiro Maximiano	87	ADBA	3:05.68	239	35.32	1:23.33	2:22.86	3:05.68

JUÍZ ÁRBITRO
Marisa Grilo

Nº 11 800m Livres Femin. 12 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Filipa Vilas Ruivo	97	DNMG	10:25.77	499
50m: 36.17 36.17		450m: -:-:-	650m: -:-:-	
100m: 1:15.70 39.53		500m: -:-:-	700m: -:-:-	
150m: -:-:-		550m: -:-:-	750m: -:-:-	
200m: 2:34.56		600m: -:-:-	800m: 10:25.77	
2. Barbara Marques Rodrigues	97	DNMG	11:43.64	351
50m: 40.90 40.90		450m: -:-:-	650m: -:-:-	
100m: 1:24.84 43.94		500m: -:-:-	700m: -:-:-	
150m: -:-:-		550m: -:-:-	750m: -:-:-	
200m: 2:53.99		600m: -:-:-	800m: 11:43.64	
3. Barbara Amaro Cerejo	97	CNNZ	13:15.76	243
50m: 42.09 42.09		450m: 7:26.01 51.34	650m: 10:49.31 49.81	
100m: 1:30.35 48.26		500m: 8:17.09 51.08	700m: 11:39.58 50.27	
150m: -:-:-	50.94	550m: 9:08.07 50.98	750m: 12:30.63 51.05	
200m: 3:09.44	51.01	600m: 9:59.50 51.43	800m: 13:15.76 45.13	
4. Marcia Vinagre Pereira	97	CNNZ	14:10.16	199
50m: 47.90 47.90	54.24	450m: 8:00.71 55.91	650m: 11:35.99 53.11	
100m: 1:40.53 52.63	54.25	500m: 8:55.30 54.59	700m: 12:28.14 52.15	
150m: 2:34.03 53.50	53.61	550m: 9:48.33 53.03	750m: 13:20.89 52.75	
200m: 3:27.48 53.45	55.22	600m: 10:42.88 54.55	800m: 14:10.16 49.27	
5. Ana Sofia Florencia	97	CNNZ	14:23.02	190
50m: 45.49 45.49	54.86	450m: 8:04.81 55.44	650m: 11:46.80 56.38	
100m: 1:37.64 52.15	55.31	500m: 8:59.61 54.80	700m: 12:41.81 55.01	
150m: 2:31.14 53.50	55.83	550m: 9:55.77 56.16	750m: 13:35.42 53.61	
200m: 3:26.93 55.79	56.44	600m: 10:50.42 54.65	800m: 14:23.02 47.60	
6. Ana Claudia Batalha	97	CNNZ	14:41.50	179
50m: 47.98 47.98		450m: -:-:-	650m: -:-:-	
100m: 1:42.63 54.65		500m: 9:08.00	700m: 12:50.96	
150m: -:-:-		550m: -:-:-	750m: 13:47.11 56.15	
200m: 3:32.26		600m: 10:59.41	800m: 14:41.50 54.39	
FF Mariana Galego Rolo	97	CNNZ		

Nº 11 800m Livres Femin. 13 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Isa Morais Penas	96	BSCN	11:11.07	405
50m: 37.29 37.29		450m: -:-:-	650m: -:-:-	
100m: 1:17.97 40.68		500m: -:-:-	700m: -:-:-	
150m: -:-:-		550m: -:-:-	750m: -:-:-	
200m: 2:42.69		600m: -:-:-	800m: 11:11.07	
2. Ana Monica Eloi	96	DNMG	11:33.70	367
50m: 38.64 38.64		450m: -:-:-	650m: -:-:-	
100m: 1:21.61 42.97		500m: -:-:-	700m: -:-:-	
150m: -:-:-		550m: -:-:-	750m: -:-:-	
200m: 2:49.12		600m: -:-:-	800m: 11:33.70	

	Ano	Sigla	Tempo	Pts.
3. Elisa Morgado Pedras	96	BSCN	11:43.47	352
50m: 39.15 39.15	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:21.28 42.13	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:50.77	400m: 5:49.77	600m: -:-:-	800m: 11:43.47	
4. Melissa Fonseca Vieira	96	AHBVCR	11:53.87	336
50m: 42.57 42.57	250m: 3:41.62 44.81	450m: 6:41.95 45.34	650m: 9:41.43 44.02	
100m: 1:27.49 44.92	300m: 4:27.10 45.48	500m: 7:26.88 44.93	700m: 10:27.47 46.04	
150m: 2:11.97 44.48	350m: 5:11.87 44.77	550m: 8:11.67 44.79	750m: 11:12.23 44.76	
200m: 2:56.81 44.84	400m: 5:56.61 44.74	600m: 8:57.41 45.74	800m: 11:53.87 41.64	
5. Daniela Oliveira Santos	96	AHBVCR	12:17.42	305
50m: 43.00 43.00	250m: 3:47.32 46.48	450m: 6:53.90 46.36	650m: 10:01.16 46.73	
100m: 1:28.10 45.10	300m: 4:33.87 46.55	500m: 7:40.37 46.47	700m: 10:48.79 47.63	
150m: 2:14.42 46.32	350m: 5:20.66 46.79	550m: 8:27.38 47.01	750m: 11:34.47 45.68	
200m: 3:00.84 46.42	400m: 6:07.54 46.88	600m: 9:14.43 47.05	800m: 12:17.42 42.95	
6. Maria Anastacio Luis	96	BSCN	12:59.31	259
50m: 43.88 43.88	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:31.38 47.50	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 3:09.33	400m: 6:27.09	600m: -:-:-	800m: 12:59.31	
FF Filipa Paulo Lindo	96	BSCN		

Nº 11 800m Livres Femin. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Carolina Francisco Gomes	95	CNNZ	10:40.15	467
50m: 37.76 37.76	250m: 3:17.24 40.20	450m: 5:59.41 40.81	650m: 8:41.27 40.42	
100m: 1:16.99 39.23	300m: 3:57.55 40.31	500m: 6:39.99 40.58	700m: 9:22.20 40.93	
150m: 1:57.24 40.25	350m: 4:37.94 40.39	550m: 7:20.50 40.51	750m: 10:01.54 39.34	
200m: 2:37.04 39.80	400m: 5:18.60 40.66	600m: 8:00.85 40.35	800m: 10:40.15 38.61	
2. Catia Andreia Clara	95	DNMG	11:18.54	392
50m: 38.62 38.62	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:21.57 42.95	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:46.27	400m: 5:37.30	600m: -:-:-	800m: 11:18.54	
3. Ines Ricardo Amaral	95	CNNZ	11:54.82	335
50m: 39.52 39.52	250m: 3:40.59 46.22	450m: 6:44.86 46.09	650m: 9:47.16 45.16	
100m: 1:23.75 44.23	300m: 4:26.30 45.71	500m: 7:30.63 45.77	700m: 10:31.92 44.76	
150m: 2:08.81 45.06	350m: 5:12.72 46.42	550m: 8:16.56 45.93	750m: 11:13.06 41.14	
200m: 2:54.37 45.56	400m: 5:58.77 46.05	600m: 9:02.00 45.44	800m: 11:54.82 41.76	

Nº 11 800m Livres Femin. 15 - 16 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Patricia Alexandra Leal	94	DNMG	10:04.24	555
50m: 34.93 34.93 250m: -:-:-		450m: -:-:-	650m: -:-:-	
100m: 1:11.97 37.04 300m: -:-:-		500m: -:-:-	700m: -:-:-	
150m: -:-:- 350m: -:-:-		550m: -:-:-	750m: -:-:-	
200m: 2:26.69 400m: 4:58.92		600m: -:-:-	800m: 10:04.24	
FF Adriana Fialho Passarinho	93	BSCN		

Nº 11 800m Livres Femin. 17 anos e mais 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Ana Carolina Valente	92	DNMG	10:42.30	462
50m: 36.33 36.33 250m: -:-:-		450m: -:-:-	650m: -:-:-	
100m: 1:15.45 39.12 300m: -:-:-		500m: -:-:-	700m: -:-:-	
150m: -:-:- 350m: -:-:-		550m: -:-:-	750m: -:-:-	
200m: 2:34.49 400m: 5:15.20		600m: -:-:-	800m: 10:42.30	

Nº 11 800m Livres Masc. 13 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Tiago Sequeira Sousa	96	ASAL	12:24.05	235
50m: 41.68 41.68 250m: -:-:-		450m: -:-:-	650m: -:-:-	
100m: 1:27.94 46.26 300m: -:-:-		500m: -:-:-	700m: -:-:-	
150m: -:-:- 350m: -:-:-		550m: -:-:-	750m: -:-:-	
200m: 3:03.97 400m: 6:15.66		600m: -:-:-	800m: 12:24.05	
2. Yousef Khaled Al-Hiyasat	96	CNNZ	12:33.89	226
50m: 41.20 41.20 250m: 3:47.62 47.18		450m: 6:58.73 48.05	650m: 10:12.64 48.44	
100m: 1:27.17 45.97 300m: 4:35.70 48.08		500m: 7:47.27 48.54	700m: 11:00.92 48.28	
150m: 2:13.35 46.18 350m: 5:23.09 47.39		550m: 8:35.86 48.59	750m: 11:48.63 47.71	
200m: 3:00.44 47.09 400m: 6:10.68 47.59		600m: 9:24.20 48.34	800m: 12:33.89 45.26	
3. Fabio Ferreira Marques	96	ASAL	12:40.12	220
50m: 41.42 41.42 250m: -:-:-		450m: -:-:-	650m: -:-:-	
100m: 1:28.96 47.54 300m: -:-:-		500m: -:-:-	700m: -:-:-	
150m: -:-:- 350m: -:-:-		550m: -:-:-	750m: -:-:-	
200m: 3:06.55 400m: 6:22.41		600m: -:-:-	800m: 12:40.12	
4. Lourenco Manuel Cunha	96	ASAL	12:40.69	220
50m: 43.03 43.03 250m: -:-:-		450m: -:-:-	650m: -:-:-	
100m: 1:31.84 48.81 300m: -:-:-		500m: -:-:-	700m: -:-:-	
150m: -:-:- 350m: -:-:-		550m: -:-:-	750m: -:-:-	
200m: 3:11.24 400m: 6:26.48		600m: -:-:-	800m: 12:40.69	
5. David Sousa Meca	96	CNNZ	13:07.92	198
50m: 44.19 44.19 250m: 4:03.42 50.60		450m: 7:25.39 49.43	650m: 10:44.70 49.19	
100m: 1:32.19 48.00 300m: 4:54.73 51.31		500m: 8:15.32 49.93	700m: 11:34.00 49.30	
150m: 2:23.22 51.03 350m: 5:45.45 50.72		550m: 9:05.53 50.21	750m: 12:22.20 48.20	
200m: 3:12.82 49.60 400m: 6:35.96 50.51		600m: 9:55.51 49.98	800m: 13:07.92 45.72	

JUÍZ ÁRBITRO
 Marisa Grilo

	Ano	Sigla	Tempo	Pts.
6. Miguel Belo Nunes	96	ASAL	13:12.65	194
50m: 43.90 43.90	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:33.58 49.68	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 3:10.73	400m: 6:33.26	600m: -:-:-	800m: 13:12.65	
7. Theo Jesus Ferreira	96	CNNZ	13:42.24	174
50m: 45.01 45.01	250m: 4:12.37 52.13	450m: 7:45.32 52.96	650m: 11:14.85 52.22	
100m: 1:35.96 50.95	300m: 5:06.42 54.05	500m: 8:38.38 53.06	700m: 12:06.13 51.28	
150m: 2:27.63 51.67	350m: 5:58.87 52.45	550m: 9:30.81 52.43	750m: 12:55.23 49.10	
200m: 3:20.24 52.61	400m: 6:52.36 53.49	600m: 10:22.63 51.82	800m: 13:42.24 47.01	

Nº 11 800m Livres Masc. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Afonso Lopes Dos Santos	95	AHBVCR	10:04.75	438
50m: 33.30 33.30	250m: 3:07.08 38.70	450m: 5:41.82 37.91	650m: 8:13.80 38.11	
100m: 1:11.41 38.11	300m: 3:45.96 38.88	500m: 6:20.17 38.35	700m: 8:51.46 37.66	
150m: 1:50.12 38.71	350m: 4:25.01 39.05	550m: 6:57.85 37.68	750m: 9:28.95 37.49	
200m: 2:28.38 38.26	400m: 5:03.91 38.90	600m: 7:35.69 37.84	800m: 10:04.75 35.80	
2. Diogo Ferreira Neto	95	ASAL	10:31.63	384
50m: 34.74 34.74	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:13.69 38.95	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:33.26	400m: 5:14.67	600m: -:-:-	800m: 10:31.63	
3. Rafael Santos Saldanha	95	AHBVCR	10:54.51	345
50m: 35.98 35.98	250m: 3:19.75 41.71	450m: 6:06.23 41.61	650m: 8:52.76 41.03	
100m: 1:15.97 39.99	300m: 4:01.21 41.46	500m: 6:47.86 41.63	700m: 9:34.03 41.27	
150m: 1:57.14 41.17	350m: 4:43.04 41.83	550m: 7:29.74 41.88	750m: 10:15.21 41.18	
200m: 2:38.04 40.90	400m: 5:24.62 41.58	600m: 8:11.73 41.99	800m: 10:54.51 39.30	
4. Joao Andre Mendes	95	ASAL	11:05.88	328
50m: 36.90 36.90	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:19.24 42.34	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:43.49	400m: 5:32.72	600m: -:-:-	800m: 11:05.88	
5. Pedro Santos Gomes	95	ASAL	11:28.20	297
50m: 38.55 38.55	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:21.94 43.39	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:48.91	400m: 5:44.69	600m: -:-:-	800m: 11:28.20	
6. Boris Zryunin	95	ASAL	11:29.86	295
50m: 38.17 38.17	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:19.33 41.16	300m: 4:11.30	500m: 7:08.55	700m: 10:06.52	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:45.11	400m: 5:41.02	600m: 8:35.99	800m: 11:29.86	
7. Tiago Santos Figueira	95	ASAL	11:33.71	290
50m: 38.07 38.07	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:21.45 43.38	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:48.82	400m: 5:43.08	600m: -:-:-	800m: 11:33.71	

	Ano	Sigla	Tempo	Pts.
8. Joao Baptista Lopes	95	ASAL	11:39.55	283
50m: 37.73 37.73	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:21.74 44.01	300m: 4:21.01	500m: 7:23.10	700m: 10:14.36	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:51.62	400m: 5:52.61	600m: 8:50.40	800m: 11:39.55	
9. Walter Marcos Neto	95	ASAL	11:45.51	276
50m: 39.13 39.13	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:20.89 41.76	300m: 4:18.35	500m: 7:20.35	700m: 10:20.35	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:48.33	400m: 5:49.13	600m: 8:49.97	800m: 11:45.51	
10. Miguel Filipe Gomes	95	ASAL	11:52.46	268
50m: 40.53 40.53	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:25.17 44.64	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:55.06	400m: 5:57.62	600m: -:-:-	800m: 11:52.46	
11. Bruno Filipe Taborda	95	ASAL	12:07.18	252
50m: 39.44 39.44	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:24.79 45.35	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:56.74	400m: 6:03.25	600m: -:-:-	800m: 12:07.18	

Nº 11 800m Livres Masc. 15 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Micael Valverde Teixeira	94	CNNZ	9:53.56	463
50m: 34.66 34.66	250m: 3:03.53 36.89	450m: 5:33.36 37.88	650m: 8:03.85 37.41	
100m: 1:11.90 37.24	300m: 3:40.49 36.96	500m: 6:11.06 37.70	700m: 8:41.33 37.48	
150m: 1:49.74 37.84	350m: 4:17.95 37.46	550m: 6:48.29 37.23	750m: 9:18.28 36.95	
200m: 2:26.64 36.90	400m: 4:55.48 37.53	600m: 7:26.44 38.15	800m: 9:53.56 35.28	
2. Andre Alexandre Vicente	94	CNNZ	10:10.56	425
50m: 34.22 34.22	250m: 3:09.84 39.69	450m: 5:46.14 38.62	650m: 8:18.56 37.18	
100m: 1:12.14 37.92	300m: 3:49.07 39.23	500m: 6:24.78 38.64	700m: 8:56.68 38.12	
150m: 1:50.79 38.65	350m: 4:28.32 39.25	550m: 7:02.99 38.21	750m: 9:33.75 37.07	
200m: 2:30.15 39.36	400m: 5:07.52 39.20	600m: 7:41.38 38.39	800m: 10:10.56 36.81	
3. Joao Petinga De Almeida	94	CNNZ	10:17.55	411
50m: 34.85 34.85	250m: 3:10.80 39.51	450m: 5:46.90 38.33	650m: 8:22.21 39.13	
100m: 1:13.03 38.18	300m: 3:50.06 39.26	500m: 6:25.50 38.60	700m: 9:01.34 39.13	
150m: 1:51.84 38.81	350m: 4:29.52 39.46	550m: 7:03.95 38.45	750m: 9:40.32 38.98	
200m: 2:31.29 39.45	400m: 5:08.57 39.05	600m: 7:43.08 39.13	800m: 10:17.55 37.23	
4. Joao Henrique Neves	94	PIMP	10:42.06	366
50m: 36.38 36.38	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:17.50 41.12	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:42.90	400m: 5:26.72	600m: -:-:-	800m: 10:42.06	

Nº 11 800m Livres Masc. 16 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Diogo Maia E Silva	93	PIMP	9:39.50	497
50m: 34.46 34.46	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:11.33 36.87	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:24.37	400m: 4:49.11	600m: -:-:-	800m: 9:39.50	

Nº 11 800m Livres Masc. 17 - 18 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Miguel Machado Lopes	92	BSCN	9:28.77	526
50m: 33.63 33.63	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:10.18 36.55	300m: -:-:-	500m: -:-:-	700m: -:-:-	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:23.15	400m: 4:48.27	600m: -:-:-	800m: 9:28.77	
2. Henrique Mata Carvalho	92	AHBVCR	10:12.52	421
50m: 35.06 35.06	250m: 3:07.47 38.52	450m: 5:43.37 38.68	650m: 8:18.90 38.71	
100m: 1:13.06 38.00	300m: 3:46.33 38.86	500m: 6:21.83 38.46	700m: 8:57.29 38.39	
150m: 1:51.08 38.02	350m: 4:25.39 39.06	550m: 7:01.14 39.31	750m: 9:35.59 38.30	
200m: 2:28.95 37.87	400m: 5:04.69 39.30	600m: 7:40.19 39.05	800m: 10:12.52 36.93	
3. Fabio Almeida Chavinha	92	ADPM	11:57.44	262
50m: 38.06 38.06	250m: -:-:-	450m: -:-:-	650m: -:-:-	
100m: 1:20.47 42.41	300m: 4:18.72	500m: 7:21.06	700m: 10:24.51	
150m: -:-:-	350m: -:-:-	550m: -:-:-	750m: -:-:-	
200m: 2:48.06	400m: -:-:-	600m: 8:51.37	800m: 11:57.44	

Nº 12 4 x 100m Livres Femin. 12 anos 18-10-2008

FINA 2004

	Sigla	Tempo	Pts.
1. Núcleo Pombal ABS	NDAP	4:52.78	404
Cristiana Andreia Lima 95 34.25 1:13.90	Ines Filipa Bica 92 34.03 1:11.53		
Cristiana Ferreira Santos 95 36.82 1:17.00	Joana Ines Frade 92 33.34 1:10.35		
2. Alcobaça Inf B	CNAL	5:12.81	331
Adriana Duarte Joao 97 37.99 1:21.41	Ricarda Almeida Duarte 97 39.28 1:22.02		
Ines Baptista Delgado 97 35.65 1:14.94	Bruna Elisabete Paulino 97 35.74 1:14.44		
3. Óbidos INF	OP	5:52.26	232
Simone Felix Malaquias 97 44.62 1:28.40	Liliana Raquel Marques 97 42.53 1:30.85		
Joana Sofia Capinha 96 41.17 1:27.67	Debora Alexandra Catalao 96 39.76 1:25.34		
4. Académico Leiria Inf B	ASAL	6:08.79	202
Melissa Cardoso Relva 97 43.47 1:28.29	Ines Joao Ferreira 97 46.08		
Adriana Sousa Lagoa 97 40.71 1:29.92	Kelly Silva Duarte 97		
FF Académico Leiria Inf B	ASAL		

Nº 12 4 x 100m Livres Femin. 13 anos 18-10-2008

FINA 2004

				Sigla		Tempo		Pts.
1.	Alcobaça Inf A			CNAL		4:46.50		431
	Sara Cristiana Valente	96	32.49	1:08.71	Mariana Jesus Costa	96	33.69	1:11.44
	Diana Jose Carreira	96	37.62	1:19.25	Carla Rosario Palma	96	31.53	1:07.10
2.	Náutico Marinha Grande ABS			DNMG		5:09.83		341
	Ana Monica Eloi	96	35.77	1:16.17	Mafalda Domingues Valente	96	36.41	1:14.43
	Catia Andreia Clara	95	37.45	1:18.83	Ana Catarina Carlos	96	37.72	1:20.40
3.	Benedita Inf A			BSCN		5:18.67		313
	Isa Morais Penas	96	35.12	1:15.16	Maria Anastacio Luis	96	40.68	1:25.55
	Elisa Morgado Pedras	96	36.08	1:15.91	Ana Margarida Lourenco	96	38.90	1:22.05
4.	Vieirense Inf			IDV		6:14.93		192
	Ana Carolina Paiva	96	43.65	1:33.98	Liane Saraiva Ruivaco	97	41.00	1:28.22
	Maria Miguel Parreira	97	43.71	1:34.99	Bruna Denise Rosa	96	47.64	1:37.74

Nº 12 4 x 100m Livres Femin. 14 anos 18-10-2008

FINA 2004

				Sigla		Tempo		Pts.
1.	Alcobaça Juv			CNAL		4:40.01		461
	Melanie Bronze Santos	95	33.01	1:09.70	Sofia Ramalho Coelho	95	35.03	1:13.46
	Ana Sofia Costa	95	32.97	1:08.89	Ines Filipa Borges	95	32.63	1:07.96
2.	Benedita ABS			BSCN		4:52.83		403
	Sofia Fernandes Francisco	95	35.27	1:15.16	Soraia Alexandra Marques	94	33.76	1:13.47
	Ana Rita Marques	93	35.03	1:13.02	Adriana Fialho Passarinho	93	33.73	1:11.18

Nº 12 4 x 100m Livres Femin. 15 - 16 anos 18-10-2008

FINA 2004

				Sigla		Tempo		Pts.
1.	Bairro dos Anjos ABS			ADBA		4:30.09		514
	Mara Lisboa E Silva	93	31.32	1:04.32	Andreia Filipa Anjos	92	31.54	1:06.56
	Sara Alexandra Morais	94	34.15	1:11.77	Maisa Rodrigues Santo	90	31.83	1:07.44
2.	Vieirense Jun			IDV		5:05.19		356
	Catarina Curado Fernandes	93	35.29	1:16.53	Kharen Fatima Briolo	93	37.36	1:17.65
	Rafaela Mengo Fonseca	94	36.74	1:19.84	Diana Filipa Tomas	94	33.52	1:11.17
3.	Alcobaça ABS			CNAL		5:16.92		318
	Vanessa Carolina Valente	94	32.24	1:06.66	Mara Casimiro Ribeiro	97	42.77	1:27.97
	Cristiana Maria Pereira	97	39.78	1:21.16	Bruna Patricia Tavares	97	38.38	1:21.13

Nº 12 4 x 100m Livres Femin. 17 anos e mais 18-10-2008

FINA 2004

				Sigla	Tempo			Pts.
1. Bairro dos Anjos ABS				ADBA	4:34.25			491
Mariana Mota Dias	92	30.84	1:04.49	Stacy Da Silva Duarte	94	34.07	1:12.16	
Catarina Gomes Santos	92	34.96	1:12.62	Adriana Filipa Lisboa	92	30.84	1:04.98	

Nº 13 4 x 100m Livres Masc. 13 anos 18-10-2008

FINA 2004

				Sigla	Tempo			Pts.
1. Núcleo Pombal ABS				NDAP	4:26.75			366
Luis Guilherme Correia	93	31.91	1:05.86	Goncalo Ferreira Gameiro	94	32.75	1:08.03	
Rafael Jeronimo Gaspar	92	30.66	1:05.88	Diogo Goncalves Capela	93	32.13	1:06.98	
2. Portomosense ABS				ADPM	5:05.17			244
Fabio Almeida Chavinha	92	33.15	1:12.73	Ricardo Manuel Moreira	94	35.31	1:16.54	
David Pedro Carreira	90	39.92	1:24.72	Ricardo Luís Ferreira	94	33.76	1:11.18	
3. Académico Leiria Inf B				ASAL	5:29.67			194
Miguel Belo Nunes	96	40.30	1:26.65	Fabio Ferreira Marques	96	38.77	1:24.64	
Tiago Sequeira Sousa	96	36.16	1:16.05	Lourenco Manuel Cunha	96	38.51	1:22.33	

Nº 13 4 x 100m Livres Masc. 14 anos 18-10-2008

FINA 2004

				Sigla	Tempo			Pts.
1. Académico Leiria Inf A				ASAL	4:43.26			306
Diogo Ferreira Neto	95	31.09	1:04.08	Bruno Filipe Taborda	95	36.62	1:14.53	
Tiago Santos Figueira	95	35.15	1:14.51	Joao Andre Mendes	95	33.08	1:10.14	
2. Académico Leiria Inf A				ASAL	4:45.78			298
Walter Marcos Neto	95	29.84	1:03.44	Miguel Filipe Gomes	95	37.46	1:18.33	
Joao Baptista Lopes	95		1:12.07	Boris Zryunin	95	34.32	1:11.94	

Nº 13 4 x 100m Livres Masc. 16 anos 18-10-2008

FINA 2004

				Sigla	Tempo			Pts.
1. Alcobaça Juv A				CNAL	3:53.01			549
Andre Filipe Da Graca	93	28.84	59.46	Miguel Monteiro Diogo	93	28.13	58.72	
Leonardo Bruno Andre	93	28.15	58.59	Diogo Parrilha Da Silva	93	26.59	56.24	
2. Alcobaça ABS				CNAL	4:34.25			337
Diogo Miguel Mendes	93	29.37	1:01.27	Diogo Filipe Venancio	96	35.68	1:16.45	
Daniel Faustino Gomes	96	33.26	1:11.54	Nuno Miguel Feliciano	95	31.44	1:04.99	

JUÍZ ÁRBITRO
 Marisa Grilo

Nº 13 4 x 100m Livres Masc. 17 - 18 anos

18-10-2008

FINA 2004

				Sigla	Tempo			Pts.
1. Benedita Jun				BSCN	3:58.74			510
Diogo Cipriano Vicente	91	28.51	59.62	Joao Manuel Baptista	91	28.77	59.91	
Nuno Filipe Pina	91	28.01	58.66	Joao Diogo Francisco	92	28.23	1:00.55	

Nº 13 4 x 100m Livres Masc. 19 anos e mais

18-10-2008

FINA 2004

				Sigla	Tempo			Pts.
1. Bairro dos Anjos ABS				ADBA	3:58.83			510
Cesar Fernando Faria	90	26.11	53.68	Ivo Monico Almeida	91	28.43	1:00.20	
Joao Paulo Vale	94	30.96	1:06.52	Joao Paulo Ribeiro	92	27.94	58.43	
2. Bairro dos Anjos ABS				ADBA	4:03.62			480
Tiago Filipe Pereira	91	27.78	57.30	Eduardo Conceicao Costa	91	29.48	1:02.30	
Flavio Cardoso Relva	93	29.65	1:02.18	Filipe Rosa De Oliveira	93	28.95	1:01.84	
3. Bairro dos Anjos ABS				ADBA	4:11.38			437
Helder Alexandre Godinho	86	28.97	59.54	Joao Pedro Morais	92	30.60	1:04.34	
Nuno Pinheiro Maximiano	87	33.39	1:10.03	Francisco Vala Pires	92	27.57	57.47	
4. Bairro dos Anjos ABS				ADBA	4:11.61			436
Fabio Alexandre Joaquim	90	27.61	59.48	Miguel Polidoro Alexandre	94	29.88	1:03.26	
Diogo Santos Figueira	91	30.50	1:04.71	Diogo Manuel Domingues	94	30.74	1:04.16	
5. Bairro dos Anjos ABS				ADBA	4:16.39			412
Carlos Lopes Figueiredo	92	31.31	1:05.79	Andre Oliveira Marques	92	29.29	1:01.70	
Andre Ribeiro De Sousa	94	32.65	1:07.38	Aarao Emanuel Teixeira	88	28.31	1:01.52	
6. Bairro dos Anjos ABS				ADBA	4:27.00			365
Manuel Andril Cordeiro	92	29.72	1:03.55	Diogo Pereira Silva	91	32.50	1:09.10	
Pedro Antonio Crespo	94	33.42	1:12.82	Andre Filipe Pereira	91	27.54	1:01.53	

Nº 14 400m Estilos Femin. 12 anos

18-10-2008

FINA 2004

				Ano	Sigla	Tempo				Pts.	
1. Filipa Vicente Custoias				97	BSCN	6:26.83				345	
50m:	42.70	42.70	150m:	2:23.70	48.97	250m:	4:06.02	54.77	350m:	5:46.42	44.89
100m:	1:34.73	52.03	200m:	3:11.25	47.55	300m:	5:01.53	55.51	400m:	6:26.83	40.41

Nº 14 400m Estilos Femin. 13 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Debora Filipa Duque	96	PIMP	6:02.95	418
50m: 40.00 40.00	150m: 2:11.48 44.78	250m: 3:49.29 53.42	350m: 5:23.89 40.99	
100m: 1:26.70 46.70	200m: 2:55.87 44.39	300m: 4:42.90 53.61	400m: 6:02.95 39.06	
2. Ana Monica Eloi	96	DNMG	6:31.89	332
50m: 43.91 43.91	150m: 2:28.58 50.44	250m: 4:12.19 55.64	350m: 5:48.79 43.22	
100m: 1:38.14 54.23	200m: 3:16.55 47.97	300m: 5:05.57 53.38	400m: 6:31.89 43.10	

Nº 14 400m Estilos Femin. 14 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Joana Margarida Guimaraes	95	PIMP	6:03.04	418
50m: 37.20 37.20	150m: 2:09.67 46.94	250m: 3:48.19 51.70	350m: 5:23.75 41.74	
100m: 1:22.73 45.53	200m: 2:56.49 46.82	300m: 4:42.01 53.82	400m: 6:03.04 39.29	
2. Catarina Ferreira Dionisio	95	ADBA	6:42.10	307
50m: 44.44 44.44	150m: 2:30.97 51.22	250m: 4:16.01 55.21	350m: 5:57.89 44.61	
100m: 1:39.75 55.31	200m: 3:20.80 49.83	300m: 5:13.28 57.27	400m: 6:42.10 44.21	

Nº 14 400m Estilos Femin. 15 - 16 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Mara Lisboa E Silva	93	ADBA	5:27.93	566
50m: 34.83 34.83	150m: 1:56.70 42.21	250m: 3:25.84 48.27	350m: 4:52.30 38.04	
100m: 1:14.49 39.66	200m: 2:37.57 40.87	300m: 4:14.26 48.42	400m: 5:27.93 35.63	
2. Catarina Alexandra Bernardino	94	PIMP	5:42.32	498
50m: 36.01 36.01	150m: 2:00.98 43.30	250m: 3:33.34 48.40	350m: 5:03.08 40.20	
100m: 1:17.68 41.67	200m: 2:44.94 43.96	300m: 4:22.88 49.54	400m: 5:42.32 39.24	
3. Soraia Alexandra Marques	94	BSCN	5:54.59	448
50m: 37.70 37.70	150m: 2:08.89 47.24	250m: 3:44.39 49.48	350m: 5:14.57 40.45	
100m: 1:21.65 43.95	200m: 2:54.91 46.02	300m: 4:34.12 49.73	400m: 5:54.59 40.02	
4. Stacy Da Silva Duarte	94	ADBA	6:12.98	385
50m: 41.50 41.50	150m: 2:18.86 46.80	250m: 3:58.67 54.71	350m: 5:33.72 41.29	
100m: 1:32.06 50.56	200m: 3:03.96 45.10	300m: 4:52.43 53.76	400m: 6:12.98 39.26	
5. Sara Alexandra Morais	94	ADBA	6:13.22	384
50m: 41.96 41.96	150m: 2:22.43 46.06	250m: 4:00.83 52.37	350m: 5:35.95 40.94	
100m: 1:36.37 54.41	200m: 3:08.46 46.03	300m: 4:55.01 54.18	400m: 6:13.22 37.27	

Nº 14 400m Estilos Femin. 17 anos e mais

18-10-2008

FINA 2004

	Ano	Sigla	Tempo						Pts.
1. Mariana Mota Dias	92	ADBA	5:47.11						478
50m: 37.27 37.27	150m: 2:06.41 45.22	250m: 3:39.60 49.83	350m: 5:08.87 39.87						
100m: 1:21.19 43.92	200m: 2:49.77 43.36	300m: 4:29.00 49.40	400m: 5:47.11 38.24						
2. Andreia Filipa Anjos	92	ADBA	5:52.54						456
50m: 38.75 38.75	150m: 2:08.22 43.19	250m: 3:43.17 52.75	350m: 5:14.89 39.39						
100m: 1:25.03 46.28	200m: 2:50.42 42.20	300m: 4:35.50 52.33	400m: 5:52.54 37.65						
3. Maisa Rodrigues Santo	90	ADBA	6:01.60						423
50m: 38.50 38.50	150m: 2:16.07 52.87	250m: 3:53.02 46.06	350m: 5:23.49 42.77						
100m: 1:23.20 44.70	200m: 3:06.96 50.89	300m: 4:40.72 47.70	400m: 6:01.60 38.11						
4. Adriana Filipa Lisboa	92	ADBA	6:04.28						413
50m: 39.29 39.29	150m: 2:15.06 46.68	250m: 3:55.01 53.23	350m: 5:27.42 39.44						
100m: 1:28.38 49.09	200m: 3:01.78 46.72	300m: 4:47.98 52.97	400m: 6:04.28 36.86						
5. Ana Carolina Valente	92	DNMG	6:04.30						413
50m: 38.29 38.29	150m: 2:11.26 47.87	250m: 3:50.41 50.46	350m: 5:24.12 41.14						
100m: 1:23.39 45.10	200m: 2:59.95 48.69	300m: 4:42.98 52.57	400m: 6:04.30 40.18						

Nº 15 400m Estilos Masc. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo						Pts.
1. Joao Manuel Serralheiro	95	BSCN	5:38.90						377
50m: 36.82 36.82	150m: 2:04.62 43.88	250m: 3:34.49 48.26	350m: 5:01.08 38.82						
100m: 1:20.74 43.92	200m: 2:46.23 41.61	300m: 4:22.26 47.77	400m: 5:38.90 37.82						
2. Diogo Ferreira Neto	95	ASAL	5:46.80						352
50m: 37.92 37.92	150m: 2:08.14 44.96	250m: 3:41.95 48.93	350m: 5:09.81 38.20						
100m: 1:23.18 45.26	200m: 2:53.02 44.88	300m: 4:31.61 49.66	400m: 5:46.80 36.99						
3. Andre Fialho Marques	95	BSCN	6:08.56						293
50m: 39.64 39.64	150m: 2:18.61 49.10	250m: 3:55.40 50.38	350m: 5:28.54 44.29						
100m: 1:29.51 49.87	200m: 3:05.02 46.41	300m: 4:44.25 48.85	400m: 6:08.56 40.02						
4. Boris Zryunin	95	ASAL	6:22.67						262
50m: 43.61 43.61	150m: 2:22.18 49.29	250m: 4:03.01 52.70	350m: 5:42.49 45.20						
100m: 1:32.89 49.28	200m: 3:10.31 48.13	300m: 4:57.29 54.28	400m: 6:22.67 40.18						
5. Tiago Santos Figueira	95	ASAL	6:57.46						202
50m: 47.31 47.31	150m: 2:36.87 53.82	250m: 4:28.87 1:01.36	350m: 6:13.69 44.28						
100m: 1:43.05 55.74	200m: 3:27.51 50.64	300m: 5:29.41 1:00.54	400m: 6:57.46 43.77						

DC Pedro Santos Gomes 95 ASAL
 O nadador não voltou à posição de costas antes de deixar a parede na viragem aos 150 metros

Nº 15 400m Estilos Masc. 15 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo								Pts.
1. Diogo Manuel Domingues	94	ADBA	5:41.58								368
50m:	38.03	38.03	150m:	2:08.75	46.15	250m:	3:39.48	46.20	350m:	5:04.69	38.52
100m:	1:22.60	44.57	200m:	2:53.28	44.53	300m:	4:26.17	46.69	400m:	5:41.58	36.89
2. Andre Ribeiro De Sousa	94	ADBA	5:43.21								363
50m:	39.66	39.66	150m:	2:09.01	43.70	250m:	3:40.81	49.11	350m:	5:07.72	39.22
100m:	1:25.31	45.65	200m:	2:51.70	42.69	300m:	4:28.50	47.69	400m:	5:43.21	35.49
3. Edgar Neves Tomas	94	PIMP	5:43.49								362
50m:	38.62	38.62	150m:	2:09.32	43.13	250m:	3:40.75	48.78	350m:	5:07.83	38.78
100m:	1:26.19	47.57	200m:	2:51.97	42.65	300m:	4:29.05	48.30	400m:	5:43.49	35.66
4. Miguel Polidoro Alexandre	94	ADBA	5:51.15								339
50m:	39.50	39.50	150m:	2:13.29	44.19	250m:	3:47.42	50.52	350m:	5:16.01	36.96
100m:	1:29.10	49.60	200m:	2:56.90	43.61	300m:	4:39.05	51.63	400m:	5:51.15	35.14
5. Miguel Marques Ramos	94	PIMP	5:54.01								331
50m:	38.10	38.10	150m:	2:09.64	46.28	250m:	3:43.73	48.66	350m:	5:14.39	41.07
100m:	1:23.36	45.26	200m:	2:55.07	45.43	300m:	4:33.32	49.59	400m:	5:54.01	39.62
6. Joao Paulo Vale	94	ADBA	6:11.90								285
50m:	40.46	40.46	150m:	2:18.22	45.59	250m:	3:55.23	52.92	350m:	5:30.78	43.11
100m:	1:32.63	52.17	200m:	3:02.31	44.09	300m:	4:47.67	52.44	400m:	6:11.90	41.12

Nº 15 400m Estilos Masc. 16 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo								Pts.
1. Tiago Geraledes Machado	93	PIMP	5:11.71								484
50m:	31.87	31.87	150m:	1:51.30	40.80	250m:	3:16.54	45.55	350m:	4:37.99	35.57
100m:	1:10.50	38.63	200m:	2:30.99	39.69	300m:	4:02.42	45.88	400m:	5:11.71	33.72
2. Tiago Lopes Ribeiro	93	BSCN	5:13.25								477
50m:	34.06	34.06	150m:	1:54.51	41.16	250m:	3:20.09	45.20	350m:	4:39.13	34.88
100m:	1:13.35	39.29	200m:	2:34.89	40.38	300m:	4:04.25	44.16	400m:	5:13.25	34.12
3. Alexandre Galveias Vale	93	PIMP	5:22.78								436
50m:	32.29	32.29	150m:	1:52.73	42.74	250m:	3:22.76	48.04	350m:	4:47.85	35.90
100m:	1:09.99	37.70	200m:	2:34.72	41.99	300m:	4:11.95	49.19	400m:	5:22.78	34.93
4. Filipe Rosa De Oliveira	93	ADBA	5:41.91								367
50m:	36.11	36.11	150m:	2:03.72	44.98	250m:	3:37.00	49.15	350m:	5:04.38	37.95
100m:	1:18.74	42.63	200m:	2:47.85	44.13	300m:	4:26.43	49.43	400m:	5:41.91	37.53
5. Diogo Goncalves Capela	93	NDAP	5:43.14								363
50m:	35.52	35.52	150m:	2:04.01	43.49	250m:	3:35.90	49.10	350m:	5:05.12	39.75
100m:	1:20.52	45.00	200m:	2:46.80	42.79	300m:	4:25.37	49.47	400m:	5:43.14	38.02
6. Flavio Cardoso Relva	93	ADBA	5:43.43								362
50m:	38.15	38.15	150m:	2:11.56	44.34	250m:	3:41.38	45.94	350m:	5:07.18	38.33
100m:	1:27.22	49.07	200m:	2:55.44	43.88	300m:	4:28.85	47.47	400m:	5:43.43	36.25
DC Henrique Jose Marques	93	BSCN									
<i>O nadador na viragem dos 100 metros, tocou apenas com uma mão na parede</i>											

Nº 15 400m Estilos Masc. 17 - 18 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo				Pts.
1. Joao Paulo Ribeiro	92	ADBA	5:08.81				498
50m: 32.97 32.97	150m: 1:52.88 41.88	250m: 3:17.30 42.92	350m: 4:36.76 35.29				
100m: 1:11.00 38.03	200m: 2:34.38 41.50	300m: 4:01.47 44.17	400m: 5:08.81 32.05				
2. Francisco Vala Pires	92	ADBA	5:09.25				496
50m: 33.18 33.18	150m: 1:53.59 40.00	250m: 3:19.04 46.37	350m: 4:37.18 33.20				
100m: 1:13.59 40.41	200m: 2:32.67 39.08	300m: 4:03.98 44.94	400m: 5:09.25 32.07				
3. Miguel Machado Lopes	92	BSCN	5:09.90				493
50m: 33.27 33.27	150m: 1:53.26 41.41	250m: 3:17.31 44.43	350m: 4:36.84 35.33				
100m: 1:11.85 38.58	200m: 2:32.88 39.62	300m: 4:01.51 44.20	400m: 5:09.90 33.06				
4. Tiago Filipe Pereira	91	ADBA	5:13.72				475
50m: 32.80 32.80	150m: 1:50.99 40.15	250m: 3:15.33 45.59	350m: 4:38.37 38.06				
100m: 1:10.84 38.04	200m: 2:29.74 38.75	300m: 4:00.31 44.98	400m: 5:13.72 35.35				
5. Andre Filipe Pereira	91	ADBA	5:23.05				435
50m: 33.27 33.27	150m: 1:54.81 42.21	250m: 3:21.82 45.22	350m: 4:45.89 36.91				
100m: 1:12.60 39.33	200m: 2:36.60 41.79	300m: 4:08.98 47.16	400m: 5:23.05 37.16				
6. Manuel Andril Cordeiro	92	ADBA	5:24.91				428
50m: 34.76 34.76	150m: 1:56.67 41.60	250m: 3:24.67 47.29	350m: 4:48.18 35.48				
100m: 1:15.07 40.31	200m: 2:37.38 40.71	300m: 4:12.70 48.03	400m: 5:24.91 36.73				
7. Andre Oliveira Marques	92	ADBA	5:32.47				399
50m: 33.30 33.30	150m: 1:58.20 44.15	250m: 3:28.92 47.70	350m: 4:55.53 38.07				
100m: 1:14.05 40.75	200m: 2:41.22 43.02	300m: 4:17.46 48.54	400m: 5:32.47 36.94				
8. Eduardo Conceicao Costa	91	ADBA	6:01.39				311
50m: 35.92 35.92	150m: 2:11.35 51.73	250m: 3:48.88 48.07	350m: 5:20.18 43.12				
100m: 1:19.62 43.70	200m: 3:00.81 49.46	300m: 4:37.06 48.18	400m: 6:01.39 41.21				
9. Carlos Lopes Figueiredo	92	ADBA	6:03.66				305
50m: 37.62 37.62	150m: 2:12.41 49.42	250m: 3:53.38 51.65	350m: 5:26.43 39.81				
100m: 1:22.99 45.37	200m: 3:01.73 49.32	300m: 4:46.62 53.24	400m: 6:03.66 37.23				
10. Pedro Alexandre Espadinha	91	ADBA	6:09.94				290
50m: 39.87 39.87	150m: 2:20.18 48.88	250m: 3:59.04 52.05	350m: 5:31.31 41.74				
100m: 1:31.30 51.43	200m: 3:06.99 46.81	300m: 4:49.57 50.53	400m: 6:09.94 38.63				
11. Diogo Pereira Silva	91	ADBA	6:15.16				278
50m: 40.01 40.01	150m: 2:16.42 48.86	250m: 3:59.60 52.96	350m: 5:36.88 41.61				
100m: 1:27.56 47.55	200m: 3:06.64 50.22	300m: 4:55.27 55.67	400m: 6:15.16 38.28				

Nº 15 400m Estilos Masc. 19 anos e mais

18-10-2008

FINA 2004

	Ano	Sigla	Tempo				Pts.
1. Cesar Fernando Faria	90	ADBA	4:53.72				579
50m: 31.44 31.44	150m: 1:45.82 38.74	250m: 3:06.93 43.16	350m: 4:21.76 31.59				
100m: 1:07.08 35.64	200m: 2:23.77 37.95	300m: 3:50.17 43.24	400m: 4:53.72 31.96				
2. Aarao Emanuel Teixeira	88	ADBA	5:29.46				410
50m: 35.20 35.20	150m: 1:58.14 43.15	250m: 3:24.77 43.99	350m: 4:49.54 39.82				
100m: 1:14.99 39.79	200m: 2:40.78 42.64	300m: 4:09.72 44.95	400m: 5:29.46 39.92				

JUÍZ ÁRBITRO
 Marisa Grilo

Nº 16 200m Costas Femin. 12 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Bruna Elisabete Paulino	97	CNAL	2:50.07	396	40.40	1:23.62	2:08.25	2:50.07
2. Filipa Vilas Ruivo	97	DNMG	2:52.84	377	41.68	1:25.69	--:--	2:52.84
3. Ines Baptista Delgado	97	CNAL	2:58.47	343	42.18	1:27.35	2:14.73	2:58.47
4. Leonor Martins Pereira	97	PIMP	3:02.29	322	44.15	1:31.36	2:17.77	3:02.29
5. Liliana Sofia Ferreira	97	PIMP	3:05.27	306	43.67	1:31.32	2:19.66	3:05.27
6. Joana Crespo Domingues	97	DNMG	3:06.67	299	45.01	1:32.82	2:20.46	3:06.67
7. Adriana Duarte Joao	97	CNAL	3:08.93	289	46.48	1:35.54	2:22.93	3:08.93
8. Margarida Domingues Duarte	97	DNMG	3:11.51	277	46.67	1:35.47	2:23.93	3:11.51
9. Bruna Patricia Tavares	97	CNAL	3:14.38	265	45.26	1:35.89	2:27.51	3:14.38
10. Barbara Marques Rodrigues	97	DNMG	3:15.23	262	46.74	1:35.28	2:26.65	3:15.23
11. Mariana Gomes Rei	97	DNMG	3:15.27	262	47.06	1:38.57	2:28.64	3:15.27
12. Marta Almeida Fernandes	97	NDAP	3:18.03	251	47.76	1:37.16	--:--	3:18.03
13. Cristiana Maria Pereira	97	CNAL	3:20.00	243	48.33	1:40.64	2:31.14	3:20.00
14. Beatriz Oliveira Luis	97	PIMP	3:21.67	237	48.33	1:40.17	2:32.99	3:21.67
15. Ricarda Almeida Duarte	97	CNAL	3:22.40	235	48.44	1:40.35	2:33.19	3:22.40
16. Sara Patricia Lourenco	97	ASAL	3:28.12	216	49.45	1:41.36	2:35.17	3:28.12
17. Beatriz Gameiro Matias	97	NDAP	3:32.04	204	47.95	1:42.11	2:38.07	3:32.04
18. Melissa Cardoso Relva	97	ASAL	3:32.79	202	51.38	1:45.12	2:39.30	3:32.79
19. Adriana Sousa Lagoa	97	ASAL	3:37.17	190	52.66	1:48.08	--:--	3:37.17
20. Kelly Silva Duarte	97	ASAL	3:39.29	185	51.55	1:47.83	2:46.26	3:39.29
21. Angela Sofia Duarte	97	ASAL	3:55.40	149	56.95	1:55.68	2:56.56	3:55.40
DC Mara Casimiro Ribeiro	97	CNAL						

No toque da chegada não manteve a posição de costas

FF Bruna Filipa Pereira 97 ASAL

Nº 16 200m Costas Femin. 13 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Carla Rosario Palma	96	CNAL	2:42.24	456	37.82	1:19.94	2:01.96	2:42.24
2. Sara Cristiana Valente	96	CNAL	2:51.31	387	40.54	1:24.51	2:08.43	2:51.31
3. Isa Morais Penas	96	BSCN	2:51.58	386	40.60	1:24.71	2:09.17	2:51.58
4. Mariana Jesus Costa	96	CNAL	2:52.28	381	39.79	1:24.43	2:09.26	2:52.28
5. Diana Jose Carreira	96	CNAL	3:01.88	324	41.84	1:28.42	2:15.69	3:01.88
6. Mafalda Domingues Valente	96	DNMG	3:04.39	311	45.17	1:32.22	2:20.04	3:04.39
7. Jessica Andreia Carvalho	96	ASAL	3:05.01	308	43.22	1:31.08	2:18.61	3:05.01
8. Elisa Morgado Pedras	96	BSCN	3:06.29	301	45.06	1:32.16	2:19.96	3:06.29
9. Ana Catarina Carlos	96	DNMG	3:10.80	280	45.65	1:33.74	2:22.81	3:10.80
10. Catarina Jesus Vala	96	CNPE/A	3:11.66	277	45.52	1:34.76	2:24.34	3:11.66
11. Debora Alexandra Catalao	96	OP	3:13.05	271	46.85	1:37.24	2:26.39	3:13.05
FF Filipa Paulo Lindo	96	BSCN						

Nº 16 200m Costas Femin. 14 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Ines Filipa Borges	95	CNAL	2:36.56	508	37.08	1:16.68	1:57.51	2:36.56
2. Victoriya Kaminskaya	95	CNPE/A	2:41.30	464	37.56	1:18.63	2:00.86	2:41.30
3. Ana Sofia Costa	95	CNAL	2:43.72	444	38.78	1:20.02	2:02.40	2:43.72
4. Melanie Bronze Santos	95	CNAL	2:48.94	404	40.07	1:23.17	2:05.98	2:48.94
5. Sofia Ramalho Coelho	95	CNAL	2:56.16	356	42.69	1:26.90	2:11.59	2:56.16
6. Catia Andreia Clara	95	DNMG	3:04.01	313	43.29	1:29.77	2:17.45	3:04.01
7. Barbara Pires Miguel	95	ADPM	3:24.82	227	47.29	1:39.16	2:33.15	3:24.82

Nº 16 200m Costas Femin. 15 - 16 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Vanessa Carolina Valente	94	CNAL	2:39.19	483	37.90	1:18.26	1:59.39	2:39.19
2. Patricia Alexandra Leal	94	DNMG	2:45.18	432	39.77	1:21.04	2:04.36	2:45.18
3. Cristina Paris Santos	94	PIMP	2:46.67	421	38.66	1:21.24	2:04.89	2:46.67
4. Mariana Maia E Silva	94	PIMP	2:57.96	346	40.89	1:25.96	2:11.84	2:57.96

Nº 16 200m Costas Femin. 17 anos e mais 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Ana Rita Oliveira	92	PIMP	2:42.26	456	38.77	1:19.72	2:00.90	2:42.26
FF Rita Margarida Gomes	91	CNAL						

Nº 17 200m Costas Masc. 13 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Nuno Goncalo Santos	96	DNMG	2:44.16	317	38.96	1:20.71	2:03.06	2:44.16
2. Diogo Filipe Venancio	96	CNAL	2:58.50	247	42.20	1:27.73	2:14.10	2:58.50
3. Rodolfo Goncalves Felix	96	OP	3:00.50	239	40.58	1:26.60	2:15.09	3:00.50
4. Daniel Faustino Gomes	96	CNAL	3:01.02	236	44.95	1:29.50	2:15.68	3:01.02
5. Leonardo Peralta Reis	96	BSCN	3:02.33	231	44.34	1:30.96	2:17.58	3:02.33
6. Fabio Ferreira Marques	96	ASAL	3:08.34	210	43.61	1:32.44	2:21.55	3:08.34
7. Claudio Patricio Casaleiro	96	IDV	3:10.90	202	43.20	1:33.05	2:22.62	3:10.90
8. Jose Pedro Bugalho	96	CNAL	3:10.92	202	45.28	1:34.61	2:23.76	3:10.92
9. Diogo Miguel Fernandes	96	NDAP	3:19.18	178	47.58	1:38.18	2:29.85	3:19.18
10. Lourenco Manuel Cunha	96	ASAL	3:20.19	175	48.79	1:39.89	2:31.82	3:20.19
11. Miguel Belo Nunes	96	ASAL	3:23.67	166	47.39	1:38.91	2:33.14	3:23.67

JUÍZ ÁRBITRO
Marisa Grilo

Nº 17 200m Costas Masc. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Nuno Miguel Feliciano	95	CNAL	2:32.55	395	35.98	1:15.12	1:54.36	2:32.55
2. Joao Manuel Serralheiro	95	BSCN	2:36.33	367	36.85	1:16.56	1:57.13	2:36.33
3. Joao Baptista Lopes	95	ASAL	2:47.75	297	38.85	1:22.24	2:06.26	2:47.75
4. Rafael Ferreira Martins	95	DNMG	2:48.13	295	39.58	1:22.65	2:07.25	2:48.13
5. Pedro Santos Gomes	95	ASAL	2:54.20	265	41.01	1:25.55	2:10.84	2:54.20
6. Joao Andre Mendes	95	ASAL	2:55.04	262	43.02	1:26.83	2:12.00	2:55.04
7. Henrique Miguel Goncalves	95	NDAP	3:02.59	230	42.41	1:29.49	2:16.50	3:02.59
8. Joao Vicente Alexandre	95	CNPE/A	3:03.05	229	42.08	1:28.48	2:16.99	3:03.05
9. Bruno Filipe Taborda	95	ASAL	3:03.71	226	42.83	1:29.69	2:17.98	3:03.71
10. Miguel Filipe Gomes	95	ASAL	3:09.68	206	44.33	1:33.33	2:22.56	3:09.68
11. Miguel Caetano Raposo	95	ADPM	3:54.90	108	54.54	1:54.36	2:55.55	3:54.90
FF Frederico Coelho Raimundo	95	CNAL						

Nº 17 200m Costas Masc. 15 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Antero Simao Martins	94	DNMG	2:36.24	368	36.28	1:15.77	1:56.09	2:36.24
2. Joao Henrique Neves	94	PIMP	2:45.55	309	38.15	1:20.15	2:03.48	2:45.55
3. Ricardo Luís Ferreira	94	ADPM	2:53.16	270	40.61	1:24.54	2:09.89	2:53.16
4. Ricardo Manuel Moreira	94	ADPM	3:13.60	193	46.76	1:36.68	2:28.01	3:13.60

Nº 17 200m Costas Masc. 16 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Leonardo Bruno Andre	93	CNAL	2:21.83	492	33.25	1:08.81	1:45.81	2:21.83
2. Diogo Parrilha Da Silva	93	CNAL	2:25.51	455	34.47	1:11.40	1:49.66	2:25.51
3. Miguel Monteiro Diogo	93	CNAL	2:26.81	443	35.94	1:13.09	1:50.46	2:26.81
4. Andre Filipe Da Graca	93	CNAL	2:29.76	418	35.50	1:13.14	1:51.83	2:29.76
5. Diogo Miguel Mendes	93	CNAL	2:30.14	414	35.81	1:15.23	1:54.17	2:30.14
6. Joao Guilherme Vieira	93	PIMP	2:39.81	344	37.44	1:17.44	1:58.23	2:39.81
7. Pedro Fernandes Goncalves	93	DNMG	2:41.69	332	37.18	1:17.15	1:59.56	2:41.69
DC Frederico Pedro Carreira	93	ADPM						

O nadador terminou a prova dando uma braçada de cowl ficando de barriga para baixo

Nº 17 200m Costas Masc. 17 - 18 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Francisco Maldonado Freitas	91	PIMP	2:18.12	532	32.73	1:07.38	1:42.79	2:18.12
2. Joao Pedro Mendes	92	DNMG	2:23.27	477	35.26	1:11.23	1:47.28	2:23.27
3. Filipe Miguel Meca	91	PIMP	2:33.40	389	36.53	1:15.41	1:54.64	2:33.40
4. Joao Diogo Francisco	92	BSCN	2:34.37	381	36.61	1:16.33	1:55.67	2:34.37
5. Ivo Monico Almeida	91	ADBA	2:44.43	316	38.63	1:21.39	2:03.89	2:44.43
6. Pedro Rosa Silva	92	DNMG	2:44.75	314	39.10	1:21.11	2:04.20	2:44.75
FF Bruno Filipe Azevedo	92	NDAP						

Nº 17 200m Costas Masc. 19 anos e mais 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. David Pedro Carreira	90	ADPM	3:15.68	187	44.40	1:33.68	2:25.16	3:15.68

Nº 18 200m Livres Femin. 12 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Filipa Vicente Custoias	97	BSCN	2:44.18	344	39.40	1:23.24	2:05.88	2:44.18
2. Marina Nicolina Teodosio	97	ASAL	2:49.84	311	38.15	1:21.22	2:07.15	2:49.84
3. Maria Vasconcelos Cardoso	97	CNPE/A	3:05.54	238	41.14	1:29.48	2:20.08	3:05.54
4. Simone Felix Malaquias	97	OP	3:08.79	226	43.21	1:32.48	2:21.64	3:08.79
5. Barbara Antonio Frade	97	NDAP	3:16.47	201	45.04	1:38.05	2:30.16	3:16.47
6. Liliana Raquel Marques	97	OP	3:16.95	199	42.79	1:33.33	2:25.58	3:16.95
7. Ines Joao Ferreira	97	ASAL	3:53.80	119	53.01	1:54.59	2:57.27	3:53.80
FF Cristiana Maria Pereira	97	CNAL						

Nº 18 200m Livres Femin. 13 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Jessica Andreia Carvalho	96	ASAL	2:50.31	308	38.00	1:22.66	2:07.19	2:50.31
2. Ana Margarida Lourenco	96	BSCN	2:53.71	290	40.09	1:24.97	2:10.33	2:53.71
3. Joana Maria Bica	96	NDAP	2:58.36	268	39.68	1:25.38	2:12.97	2:58.36
4. Catarina Jesus Vala	96	CNPE/A	2:58.61	267	41.30	1:27.00	2:13.36	2:58.61
5. Maria Anastacio Luis	96	BSCN	3:01.00	257	42.39	1:29.89	2:16.23	3:01.00
6. Debora Alexandra Catalao	96	OP	3:08.81	226	41.55	1:31.73	2:21.42	3:08.81
7. Joana Sofia Capinha	96	OP	3:17.09	199	44.74	1:36.80	2:28.71	3:17.09
FF Patricia Sousa Paulo	96	BSCN						

JUÍZ ÁRBITRO
Marisa Grilo

Nº 18 200m Livres Femin. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Victoriya Kaminskaya	95	CNPE/A	2:31.64	436	34.43	1:12.71	1:53.11	2:31.64
2. Cristiana Andreia Lima	95	NDAP	2:39.55	375	35.80	1:17.76	2:00.04	2:39.55
3. Rita Daniela Armindo	95	IDV	2:39.85	373	37.67	1:18.15	1:59.30	2:39.85
4. Cristiana Ferreira Santos	95	NDAP	2:40.55	368	35.92	1:17.31	1:59.38	2:40.55
5. Sofia Fernandes Francisco	95	BSCN	2:43.32	349	36.01	1:17.97	2:01.40	2:43.32
6. Carolina Santana Goncalves	95	NDAP	2:44.49	342	35.95	1:17.22	2:00.91	2:44.49
7. Mariana Pedras Justo	95	BSCN	2:45.43	336	38.92	1:22.00	2:04.91	2:45.43
8. Catarina Ferreira Dionisio	95	ADBA	2:47.50	324	38.22	1:20.98	2:05.42	2:47.50
FF Mariana Lopes Policarpo	95	BSCN						

Nº 18 200m Livres Femin. 15 - 16 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Carolina Domingues Laborde	93	NDAP	2:44.39	343	36.51	1:18.66	2:02.98	2:44.39
FF Ana Rita Marques	93	BSCN						

Nº 18 200m Livres Femin. 17 anos e mais

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Joana Margarida Gaspar	92	DNMG	2:20.62	547	31.58	1:07.03	1:43.71	2:20.62
2. Ana Carolina Valente	92	DNMG	2:32.50	429	35.08	1:14.04	1:53.91	2:32.50
3. Ines Filipa Bica	92	NDAP	2:34.77	410	35.48	1:15.01	1:55.57	2:34.77
4. Joana Ines Frade	92	NDAP	2:35.40	405	35.33	1:15.23	1:56.04	2:35.40
5. Catarina Gomes Santos	92	ADBA	2:43.17	350	37.13	1:19.27	2:02.43	2:43.17
6. Monica Sofia Fitas	89	ADPM	3:02.43	251	39.89	1:25.80	2:14.63	3:02.43

Nº 19 200m Livres Masc. 13 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Pedro Rafael Cintrao	96	NDAP	2:36.11	290	35.37	1:15.14	1:55.92	2:36.11
2. Pedro Alexandre Oliveira	96	DNMG	2:36.25	289	35.45	1:16.30	1:57.22	2:36.25
3. Leonardo Peralta Reis	96	BSCN	2:42.04	259	37.79	1:19.89	2:02.73	2:42.04
4. Tiago Sequeira Sousa	96	ASAL	2:43.28	253	37.72	1:20.46	2:03.67	2:43.28
5. Rodolfo Goncalves Felix	96	OP	2:46.25	240	36.85	1:19.35	2:03.88	2:46.25
6. Jose Antonio Lamande	96	IDV	2:53.14	212	38.97	1:24.93	2:10.10	2:53.14
7. Marcelo Germano Romano	96	IDV	2:58.03	195	40.56	1:26.53	2:13.27	2:58.03
8. Francisco Oliveira Rodrigues	96	NDAP	2:58.84	193	41.08	1:28.91	2:17.02	2:58.84
9. Guilherme Domingues Ferreira	96	NDAP	3:04.81	175	41.90	1:30.03	2:18.52	3:04.81
FF Jose Pedro Bugalho	96	CNAL						

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Nº 19 200m Livres Masc. 14 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Walter Marcos Neto	95	ASAL	2:21.14	392	33.94	1:10.81	1:47.92	2:21.14
2. Rafael Ferreira Martins	95	DNMG	2:31.81	315	36.56	1:15.93	1:55.43	2:31.81
3. Andre Fialho Marques	95	BSCN	2:33.02	307	34.89	1:14.86	1:55.81	2:33.02
4. Joao Vicente Alexandre	95	CNPE/A	2:41.80	260	37.10	1:19.05	2:02.16	2:41.80
5. Pedro Santos Gomes	95	ASAL	2:45.30	244	38.10	1:20.75	2:04.47	2:45.30
6. Nuno Filipe Alves	95	NDAP	2:57.50	197	40.22	1:27.00	2:12.82	2:57.50
7. Miguel Caetano Raposo	95	ADPM	3:25.08	128	43.36	1:35.11	2:29.75	3:25.08
FF Nuno Miguel Feliciano	95	CNAL						

Nº 19 200m Livres Masc. 15 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Antero Simao Martins	94	DNMG	2:19.05	410	32.31	1:08.11	1:43.54	2:19.05
2. Goncalo Ferreira Gameiro	94	NDAP	2:25.14	360	33.54	1:10.51	1:48.24	2:25.14
3. Telmo Silva Alves	94	NDAP	2:32.60	310	34.64	1:12.64	1:53.03	2:32.60
4. Pedro Antonio Crespo	94	ADBA	2:43.11	254	36.53	1:19.78	2:03.17	2:43.11

Nº 19 200m Livres Masc. 16 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Tiago Lopes Ribeiro	93	BSCN	2:11.12	489	30.83	1:05.34	1:38.95	2:11.12
2. Henrique Jose Marques	93	BSCN	2:22.88	378	33.02	1:10.36	1:47.59	2:22.88
3. Guilherme Fialho Passarinho	93	BSCN	2:26.11	353	33.84	1:10.86	1:48.88	2:26.11
4. Luis Guilherme Correia	93	NDAP	2:29.65	329	33.58	1:12.00	1:51.89	2:29.65
5. Alexandre Emanuel Penela	93	IDV	2:38.49	277	33.99	1:15.24	1:57.83	2:38.49

Nº 19 200m Livres Masc. 17 - 18 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Joao Manuel Baptista	91	BSCN	2:16.72	431	32.30	1:06.93	1:41.45	2:16.72
2. Diogo Cipriano Vicente	91	BSCN	2:17.53	424	31.07	1:05.34	1:40.30	2:17.53
3. Andre De Sousa Paulo	91	BSCN	2:18.19	417	31.81	1:06.87	1:43.11	2:18.19
4. Joao Pedro Morais	92	ADBA	2:18.55	414	31.85	1:06.72	1:43.81	2:18.55
5. Rafael Jeronimo Gaspar	92	NDAP	2:23.49	373	32.19	1:08.54	1:46.43	2:23.49
6. Pedro Alexandre Espadinha	91	ADBA	2:26.99	347	32.10	1:09.20	1:49.37	2:26.99
7. Nuno Filipe Pina	91	BSCN	2:27.81	341	33.35	1:10.98	1:50.37	2:27.81
8. Diogo Santos Figueira	91	ADBA	2:30.77	321	35.27	1:15.39	1:56.09	2:30.77
9. Pedro Rosa Silva	92	DNMG	2:31.93	314	35.30	1:15.47	1:54.35	2:31.93

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Nº 19 200m Livres Masc. 19 anos e mais 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.	50m	100m	150m	200m
1. Joao Macedo Figueiredo	87	ADBA	2:10.40	497	29.25	1:02.39	1:36.47	2:10.40
2. Helder Alexandre Godinho	86	ADBA	2:12.42	474	29.07	1:02.81	1:38.23	2:12.42
3. Hugo Curado Fernandes	89	IDV	2:33.17	307	33.65	1:11.53	1:53.09	2:33.17
4. David Pedro Carreira	90	ADPM	3:05.28	173	40.43	1:27.65	-:--:--	3:05.28
FF Joao Manuel Jeronimo	88	ADBA						
FF Fabio Alexandre Joaquim	90	ADBA						

Nº 20 4 x 100m Estilos Femin. 12 anos 18-10-2008

FINA 2004

				Sigla	Tempo	Pts.
1. Núcleo Pombal ABS				NDAP	5:44.82	328
Joana Ines Frade	92	41.21	1:25.01	Cristiana Andreia Lima	95	1:22.57
Marta Almeida Fernandes	97	46.81	1:44.12	Carolina Domingues Labor	95	1:13.12
2. Portomosense ABS				ADPM	6:56.63	186
Mariana Gomes Viegas	97	53.30	1:50.68	Cristiana Sousa Lopes	97	1:54.13
Ines Ferraria Pereira	97		1:46.53	Barbara Pires Miguel	95	1:25.29
3. Académico Leiria Inf B				ASAL	7:05.41	175
Angela Sofia Duarte	97	52.51	1:48.30	Marina Nicolina Teodosio	97	1:41.57
Sara Patricia Lourenco	97	55.56	1:52.57	Ines Joao Ferreira	97	1:42.97
FF Académico Leiria Inf B				ASAL		

Nº 20 4 x 100m Estilos Femin. 13 anos 18-10-2008

FINA 2004

				Sigla	Tempo	Pts.
1. Náutico Marinha Grande ABS				DNMG	5:51.82	309
Joana Crespo Domingues	97	43.66	1:29.39	Filipa Vilas Ruivo	97	1:19.82
Margarida Domingues Duarte	97		1:38.10	Mariana Gomes Rei	97	1:24.51
2. Benedita Inf A				BSCN	6:08.39	269
Elisa Morgado Pedras	96	41.46	1:24.65	Isa Morais Penas	96	1:32.56
Ana Margarida Lourenco	96		1:48.15	Maria Anastacio Luis	96	1:23.03

Nº 20 4 x 100m Estilos Femin. 14 anos 18-10-2008

FINA 2004

				Sigla	Tempo	Pts.
1. Benedita ABS				BSCN	5:39.81	343
Sofia Fernandes Francisco	95	40.48	1:23.70	Adriana Fialho Passarinho	93	1:19.50
Soraia Alexandra Marques	94		1:38.08	Mariana Pedras Justo	95	1:18.53

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Nº 20 4 x 100m Estilos Femin. 15 - 16 anos 18-10-2008

FINA 2004

				Sigla	Tempo		Pts.
1. Bairro dos Anjos ABS				ADBA	5:02.14		488
Mara Lisboa E Silva	93	34.34	1:10.65	Adriana Filipa Lisboa	92	1:16.80	
Maisa Rodrigues Santo	90		1:22.99	Sara Alexandra Morais	94	1:11.70	
2. Viegrense Jun				IDV	5:39.38		344
Rafaela Mengo Fonseca	94	41.30	1:27.41	Diana Filipa Tomas	94	1:20.40	
Catarina Curado Fernandes	93	43.77	1:36.01	Kharen Fatima Briolo	93	1:15.56	

Nº 20 4 x 100m Estilos Femin. 17 anos e mais 18-10-2008

FINA 2004

				Sigla	Tempo		Pts.
1. Bairro dos Anjos ABS				ADBA	5:23.32		398
Andreia Filipa Anjos	92	34.75	1:11.15	Stacy Da Silva Duarte	94	1:30.72	
Mariana Mota Dias	92	40.70	1:26.09	Catarina Gomes Santos	92	1:15.36	

Nº 21 4 x 100m Estilos Masc. 13 anos 18-10-2008

FINA 2004

				Sigla	Tempo		Pts.
1. Núcleo Pombal ABS				NDAP	5:08.76		310
Luis Guilherme Correia	93	39.35	1:18.27	Pedro Rafael Cintrao	96	38.03	1:19.58
Henrique Miguel Goncalves	95	39.53	1:24.43	Rafael Jeronimo Gaspar	92	31.55	1:06.48
2. Portomosense ABS				ADPM	6:00.50		195
Frederico Pedro Carreira	93	44.58	1:32.31	Ricardo Luís Ferreira	94	39.32	1:28.00
Ricardo Manuel Moreira	94	43.85	1:33.87	David Pedro Carreira	90	40.94	1:26.32
3. Académico Leiria Inf B				ASAL	6:22.30		164
Lourenco Manuel Cunha	96	47.48	1:35.69	Tiago Sequeira Sousa	96	45.53	1:36.46
Fabio Ferreira Marques	96	49.36	1:44.49	Miguel Belo Nunes	96	41.68	1:25.66

Nº 21 4 x 100m Estilos Masc. 14 anos 18-10-2008

FINA 2004

				Sigla	Tempo		Pts.
1. Académico Leiria Inf A				ASAL	5:38.48		236
Bruno Filipe Taborda	95	42.48	1:25.89	Diogo Ferreira Neto	95	36.21	1:19.39
Boris Zryunin	95	45.52	1:37.92	Tiago Santos Figueira	95	36.28	1:15.28
2. Académico Leiria Inf A				ASAL	5:46.73		219
Joao Baptista Lopes	95	37.58	1:19.97	Joao Andre Mendes	95	43.95	1:44.43
Miguel Filipe Gomes	95	44.77	1:38.30	Walter Marcos Neto	95	29.83	1:04.03

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Nº 21 4 x 100m Estilos Masc. 17 - 18 anos

18-10-2008

FINA 2004

	Sigla	Tempo	Pts.
1. Benedita Jun	BSCN	4:39.32	419
Joao Diogo Francisco 92		35.90 1:15.78	
Diogo Cipriano Vicente 91		36.72 1:18.96	
	Nuno Filipe Pina 91	29.75 1:04.66	
	Joao Manuel Baptista 91	28.31 59.92	

Nº 21 4 x 100m Estilos Masc. 19 anos e mais

18-10-2008

FINA 2004

	Sigla	Tempo	Pts.
1. Bairro dos Anjos ABS	ADBA	4:42.69	405
Aarao Emanuel Teixeira 88		31.81 1:06.14	
Helder Alexandre Godinho 86		35.07 1:14.88	
	Miguel Polidoro Alexandre 94	36.61 1:20.46	
	Joao Pedro Morais 92	29.08 1:01.21	
2. Bairro dos Anjos ABS	ADBA	4:44.20	398
Francisco Vala Pires 92		34.10 1:09.74	
Andre Oliveira Marques 92		36.84 1:19.92	
	Carlos Lopes Figueiredo 92	33.12	
	Filipe Rosa De Oliveira 93		
3. Bairro dos Anjos ABS	ADBA	4:44.33	398
Cesar Fernando Faria 90		31.26 1:02.99	
Eduardo Conceicao Costa 91		36.34 1:18.88	
	Andre Ribeiro De Sousa 94	39.13 1:21.80	
	Manuel Andril Cordeiro 92	28.53 1:00.66	
4. Bairro dos Anjos ABS	ADBA	4:45.09	394
Joao Macedo Figueiredo 87		32.30 1:07.44	
Diogo Manuel Domingues 94		37.82 1:20.45	
	Joao Paulo Ribeiro 92	29.94 1:04.90	
	Pedro Antonio Crespo 94	33.74 1:12.30	
5. Bairro dos Anjos ABS	ADBA	4:47.11	386
Tiago Filipe Pereira 91		31.28 1:03.85	
Fabio Alexandre Joaquim 90		35.12 1:17.17	
	Diogo Santos Figueira 91	36.45 1:23.18	
	Flavio Cardoso Relva 93	29.65 1:02.91	
6. Bairro dos Anjos ABS	ADBA	4:51.51	369
Nuno Pinheiro Maximiano 87		39.03 1:20.80	
Andre Filipe Pereira 91		35.49 1:18.05	
	Ivo Monico Almeida 91	30.04 1:05.72	
	Diogo Pereira Silva 91	32.40 1:06.94	

Nº 22 1500m Livres Femin. 13 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Ana Isabel Neves	96	PIMP	20:24.63	476
50m: 36.86 36.86			450m: -:-:-	
100m: 1:16.42 39.56			850m: -:-:-	
150m: -:-:-			900m: -:-:-	
200m: 2:37.44			950m: -:-:-	
250m: -:-:-			1000m: -:-:-	
300m: -:-:-			1050m: -:-:-	
350m: -:-:-			1100m: -:-:-	
400m: 5:19.35			1150m: -:-:-	
			1200m: -:-:-	
			1250m: -:-:-	
			1300m: -:-:-	
			1350m: -:-:-	
			1400m: -:-:-	
			1450m: -:-:-	
			1500m: 20:24.63	
FF Jennifer Martins Dias	96	AHBVCR		
FF Patricia Monteiro Negro	96	AHBVCR		

Nº 22 1500m Livres Femin. 14 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
FF Patricia Santos Dinis	95	AHBVCR		

Nº 22 1500m Livres Femin. 15 - 16 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Adriana Fialho Passarinho	93	BSCN	19:47.78	522
50m: 35.94 35.94	450m: -:-:-	850m: -:-:-	1250m: -:-:-	
100m: 1:14.92 38.98	500m: -:-:-	900m: -:-:-	1300m: -:-:-	
150m: -:-:-	550m: -:-:-	950m: -:-:-	1350m: -:-:-	
200m: 2:34.17	600m: -:-:-	1000m: -:-:-	1400m: -:-:-	
250m: -:-:-	650m: -:-:-	1050m: -:-:-	1450m: -:-:-	
300m: -:-:-	700m: -:-:-	1100m: -:-:-	1500m: 19:47.78	
350m: -:-:-	750m: -:-:-	1150m: -:-:-		
400m: 5:11.88	800m: 10:30.89	1200m: -:-:-		

Nº 22 1500m Livres Masc. 13 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Nuno Goncalo Santos	96	DNMG	20:32.54	355
50m: 36.88 36.88	450m: -:-:-	850m: -:-:-	1250m: -:-:-	
100m: 1:17.39 40.51	500m: -:-:-	900m: -:-:-	1300m: -:-:-	
150m: -:-:-	550m: -:-:-	950m: -:-:-	1350m: -:-:-	
200m: 2:39.86	600m: -:-:-	1000m: -:-:-	1400m: -:-:-	
250m: -:-:-	650m: -:-:-	1050m: -:-:-	1450m: -:-:-	
300m: -:-:-	700m: -:-:-	1100m: -:-:-	1500m: 20:32.54	
350m: -:-:-	750m: -:-:-	1150m: -:-:-		
400m: 5:26.40	800m: 10:57.63	1200m: -:-:-		
FF Carlos Antonio Pereira	96	AHBVCR		

Nº 22 1500m Livres Masc. 14 anos 18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Daniel Ribeiro Sousa	95	DNMG	19:10.87	436
50m: 32.68 32.68	450m: -:-:-	850m: -:-:-	1250m: -:-:-	
100m: 1:10.20 37.52	500m: -:-:-	900m: -:-:-	1300m: -:-:-	
150m: -:-:-	550m: -:-:-	950m: -:-:-	1350m: -:-:-	
200m: 2:26.48	600m: -:-:-	1000m: -:-:-	1400m: -:-:-	
250m: -:-:-	650m: -:-:-	1050m: -:-:-	1450m: -:-:-	
300m: -:-:-	700m: -:-:-	1100m: -:-:-	1500m: 19:10.87	
350m: -:-:-	750m: -:-:-	1150m: -:-:-		
400m: 5:01.95	800m: 10:11.77	1200m: -:-:-		

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 Marisa Grilo

				Ano	Sigla	Tempo	Pts.	
2. Joao Manuel Serralheiro				95	BSCN	19:47.08	397	
50m:	34.30	34.30	450m:	-:--:--	850m:	-:--:--	1250m:	-:--:--
100m:	1:14.18	39.88	500m:	-:--:--	900m:	-:--:--	1300m:	-:--:--
150m:	-:--:--		550m:	-:--:--	950m:	-:--:--	1350m:	-:--:--
200m:	2:33.64		600m:	-:--:--	1000m:	-:--:--	1400m:	-:--:--
250m:	-:--:--		650m:	-:--:--	1050m:	-:--:--	1450m:	-:--:--
300m:	-:--:--		700m:	-:--:--	1100m:	-:--:--	1500m:	19:47.08
350m:	-:--:--		750m:	-:--:--	1150m:	-:--:--		
400m:	5:12.43		800m:	10:30.78	1200m:	-:--:--		
FF Cristovao Dinis Monteiro				95	AHBVCR			

Nº 22 1500m Livres Masc. 15 anos

18-10-2008

FINA 2004

				Ano	Sigla	Tempo	Pts.
FF Fabio Ribeiro Noronha				94	AHBVCR		

Nº 22 1500m Livres Masc. 16 anos

18-10-2008

FINA 2004

				Ano	Sigla	Tempo	Pts.	
1. Filipe Franco Norte				93	DNMG	17:32.32	570	
50m:	30.37	30.37	450m:	-:--:--	850m:	-:--:--	1250m:	-:--:--
100m:	1:03.88	33.51	500m:	-:--:--	900m:	-:--:--	1300m:	-:--:--
150m:	-:--:--		550m:	-:--:--	950m:	-:--:--	1350m:	-:--:--
200m:	2:11.95		600m:	-:--:--	1000m:	-:--:--	1400m:	-:--:--
250m:	-:--:--		650m:	-:--:--	1050m:	-:--:--	1450m:	-:--:--
300m:	-:--:--		700m:	-:--:--	1100m:	-:--:--	1500m:	17:32.32
350m:	-:--:--		750m:	-:--:--	1150m:	-:--:--		
400m:	4:30.85		800m:	9:14.72	1200m:	-:--:--		
2. Tiago Lopes Ribeiro				93	BSCN	18:13.91	507	
50m:	33.47	33.47	450m:	-:--:--	850m:	-:--:--	1250m:	-:--:--
100m:	1:09.94	36.47	500m:	-:--:--	900m:	-:--:--	1300m:	-:--:--
150m:	-:--:--		550m:	-:--:--	950m:	-:--:--	1350m:	-:--:--
200m:	2:24.32		600m:	-:--:--	1000m:	-:--:--	1400m:	-:--:--
250m:	-:--:--		650m:	-:--:--	1050m:	-:--:--	1450m:	-:--:--
300m:	-:--:--		700m:	-:--:--	1100m:	-:--:--	1500m:	18:13.91
350m:	-:--:--		750m:	-:--:--	1150m:	-:--:--		
400m:	4:50.75		800m:	9:43.60	1200m:	-:--:--		

Nº 22 1500m Livres Masc. 17 - 18 anos

18-10-2008

FINA 2004

	Ano	Sigla	Tempo	Pts.
1. Joao Pedro Mendes	92	DNMG	17:07.23	613
50m: 29.79 29.79	450m: -:-:-	850m: -:-:-	1250m: -:-:-	
100m: 1:02.60 32.81	500m: -:-:-	900m: -:-:-	1300m: -:-:-	
150m: -:-:-	550m: -:-:-	950m: -:-:-	1350m: -:-:-	
200m: 2:10.90	600m: -:-:-	1000m: -:-:-	1400m: -:-:-	
250m: -:-:-	650m: -:-:-	1050m: -:-:-	1450m: -:-:-	
300m: -:-:-	700m: -:-:-	1100m: -:-:-	1500m: 17:07.23	
350m: -:-:-	750m: -:-:-	1150m: -:-:-		
400m: 4:29.11	800m: 9:05.05	1200m: -:-:-		
FF Miguel Machado Lopes	92	BSCN		