

Newborn Gown Pattern

(to make from a T-shirt)

1. Print pattern pdf file.
2. Join sleeve upper and sleeve lower patterns at mark.
3. Extend gown front and back patterns as noted on pattern. Add 3/4" flare at hem on both sides of front and back pattern (refer to below photos)
4. For easier placement and cutting, retrace gown front and back patterns so they are full pieces and no longer "on the fold"



5. Choose placement on t-shirt and cut. There are many different layouts you can use. Your choice may depend on shirt graphic, shirt size, etc. A long-sleeved gown can usually be easily made from a men's large t-shirt. Be open to including existing seams and hems in your cut pieces. For a gown from a smaller sized-shirt, you might think about making a short-sleeved version.