

TAB-5

CAMPEONATOS NACIONAIS DE INFANTIS

PISCINA LONGA

2011 / 2012

	FEMININOS					
	Infantis B (00)			Infantis A (99)		
	TAC	TAC – 25m	MAC	TAC	TAC – 25m	MAC
100 L	01:11.00	01:09.58	01:07.45	01:07.80	01:06.46	01:04.41
200 L	02:34.00	02:31.64	02:26.30	02:27.00	02:24.75	02:19.65
400 L	05:23.00	05:17.51	05:06.85	05:09.00	05:03.66	04:53.55
800 L	10:58.00	10:45.46	10:25.10	10:30.00	10:17.97	09:58.50
4x100 L	05:00.00	04:55.17	*****	04:45.00	04:40.50	*****
4x200 L	10:45.00	10:36.82	*****	10:16.00	10:07.85	*****
100 C	01:21.80	01:17.78	01:17.71	01:17.00	01:13.17	01:13.15
200 C	02:55.00	02:48.62	02:46.25	02:47.00	02:40.86	02:38.65
100 B	01:32.00	01:29.57	01:27.40	01:27.50	01:25.16	01:23.12
200 B	03:16.00	03:08.30	03:06.20	03:08.00	03:00.55	02:58.60
100 M	01:22.00	01:20.56	01:17.90	01:17.20	01:15.86	01:13.34
200 M	03:03.00	03:01.64	02:53.85	02:51.00	02:49.62	02:42.45
200 E	02:55.00	02:52.93	02:46.25	02:47.00	02:44.95	02:38.65
400 E	06:12.00	06:00.39	05:53.40	05:55.00	05:43.99	05:37.25
4x100 E	05:45.00	05:39.04	*****	05:25.00	05:19.28	*****

	MASCULINOS					
	Infantis B (99)			Infantis A (98)		
	TAC	TAC – 25m	MAC	TAC	TAC – 25m	MAC
100 L	01:05.00	01:02.31	01:01.75	01:02.00	00:59.40	00:58.90
200 L	02:23.00	02:19.42	02:15.85	02:16.50	02:13.00	02:09.68
400 L	05:00.00	04:50.23	04:45.00	04:50.00	04:40.38	04:35.50
1500 L	19:40.00	19:07.11	18:41.00	18:52.00	18:20.44	17:55.40
4x100 L	04:35.50	04:28.54	*****	04:23.00	04:16.15	*****
4x200 L	10:00.00	09:46.63	*****	09:32.00	09:19.37	*****
100 C	01:15.00	01:10.67	01:11.25	01:11.00	01:06.92	01:07.45
200 C	02:41.00	02:32.78	02:32.95	02:33.00	02:25.11	02:25.35
100 B	01:25.50	01:21.21	01:21.23	01:20.50	01:16.44	01:16.48
200 B	03:05.00	02:55.51	02:55.75	02:56.00	02:46.89	02:47.20
100 M	01:14.50	01:12.50	01:10.78	01:10.00	01:08.14	01:06.50
200 M	02:46.00	02:42.44	02:37.70	02:36.00	02:34.38	02:28.20
200 E	02:42.50	02:36.00	02:34.37	02:35.00	02:29.65	02:27.25
400 E	05:43.50	05:31.97	05:26.32	05:30.00	05:18.82	05:13.50
4x100 E	05:15.00	05:02.99	*****	04:57.00	04:45.62	*****