

TAB-6

CAMPEONATOS NACIONAIS DE JUVENIS

VERÃO - PISCINA LONGA

2011 / 2012

FEMININOS				MASCULINOS					
Juv. (98)				Juv. B (97)			Juv. A (96)		
TAC	25m	MAC		TAC	25m	MAC	TAC	25m	MAC
01:05.00	01:03.67	01:01.75	100 L	00:59.50	00:57.00	00:56.52	00:57.50	00:55.11	00:54.63
02:21.00	02:18.78	02:13.95	200 L	02:10.00	02:06.65	02:03.50	02:06.00	02:02.79	01:59.70
04:56.00	04:50.83	04:41.20	400 L	04:36.00	04:27.00	04:22.20	04:27.00	04:18.28	04:13.65
10:05.00	09:53.54	09:34.75	800/1500 L	18:00.00	17:29.79	17:06.00	17:36.00	17:06.48	16:43.20
04:35.00	04:30.52	*****	4x100 L	04:12.00	04:05.54	*****	04:04.00	03:57.62	*****
09:55.00	09:47.25	*****	4x200 L	09:10.00	08:57.79	*****	08:52.00	08:40.25	*****
01:14.00	01:10.34	01:10.30	100 C	01:08.50	01:04.59	01:05.08	01:06.50	01:02.67	01:03.17
02:41.00	02:35.12	02:32.95	200 C	02:27.00	02:19.40	02:19.65	02:23.00	02:15.61	02:15.85
01:24.30	01:22.06	01:20.09	100 B	01:16.50	01:12.62	01:12.68	01:14.00	01:10.25	01:10.30
03:01.00	02:53.94	02:51.95	200 B	02:47.00	02:38.29	02:38.65	02:42.00	02:33.58	02:33.90
01:12.50	01:11.21	01:08.87	100 M	01:05.50	01:03.73	01:02.23	01:03.00	01:01.32	00:59.85
02:40.50	02:39.16	02:32.47	200 M	02:26.50	02:23.45	02:19.17	02:20.00	02:17.01	02:13.00
02:40.00	02:38.04	02:32.00	200 E	02:28.00	02:22.80	02:20.60	02:25.00	02:19.91	02:17.75
05:40.00	05:29.55	05:23.00	400 E	05:17.00	05:06.18	05:01.15	05:08.00	04:57.50	04:52.60
05:12.00	05:06.36	*****	4x100 E	04:45.00	04:34.00	*****	04:35.00	04:24.27	*****