

**Directions to  
LighterLife, Mountfields House, Off Squirrel Way, Epinal Way,  
Loughborough, Leicestershire, LE11 3GE**

**N.B. Sat Nav Notes**

The postcode for the building is LE11 3GE, however, some sat nav systems think that is the postcode for the Epinal Way/Forest Road roundabout! Therefore, I would suggest setting your sat nav for Squirrel Way, Loughborough as there is only one entrance to that road which is the one you need.

**From M1 Junction 23**

From M1 junction 23 head for Loughborough on A512, go straight over the first roundabout, at second roundabout take 3<sup>rd</sup> exit onto Epinal Way (signposted Leicester A6), go straight over the next roundabout, you should see a sign to “Mountfields Conferencing”. Then, immediately after pedestrian traffic lights turn right into Squirrel Way. After approx 50 yds, Squirrel Way bends round to the left and offset on your right you will see some ornate blue/green gates. This is the entrance to Mountfields House rear car Park.

**From Nottingham/Derby (Junc 24 off M1)**

Head towards Loughborough on A6. At First Island on the edge of town (Barclays bank on left hand side) take 3<sup>rd</sup> exit onto A6004 and follow signs to Leicester and A6. At the next island take 1<sup>st</sup> exit, at the next 3 roundabouts take the 2<sup>nd</sup> exit still heading towards Leicester. After 3<sup>rd</sup> roundabout you should see a sign to “Mountfields Conferencing”, then, immediately after the pedestrian traffic lights turn right into Squirrel Way. After approx 50 yds, Squirrel Way bends round to the left and offset on your right you will see some ornate blue/green gates. This is the entrance to Mountfields House rear car park.

**From Nottingham (A60)**

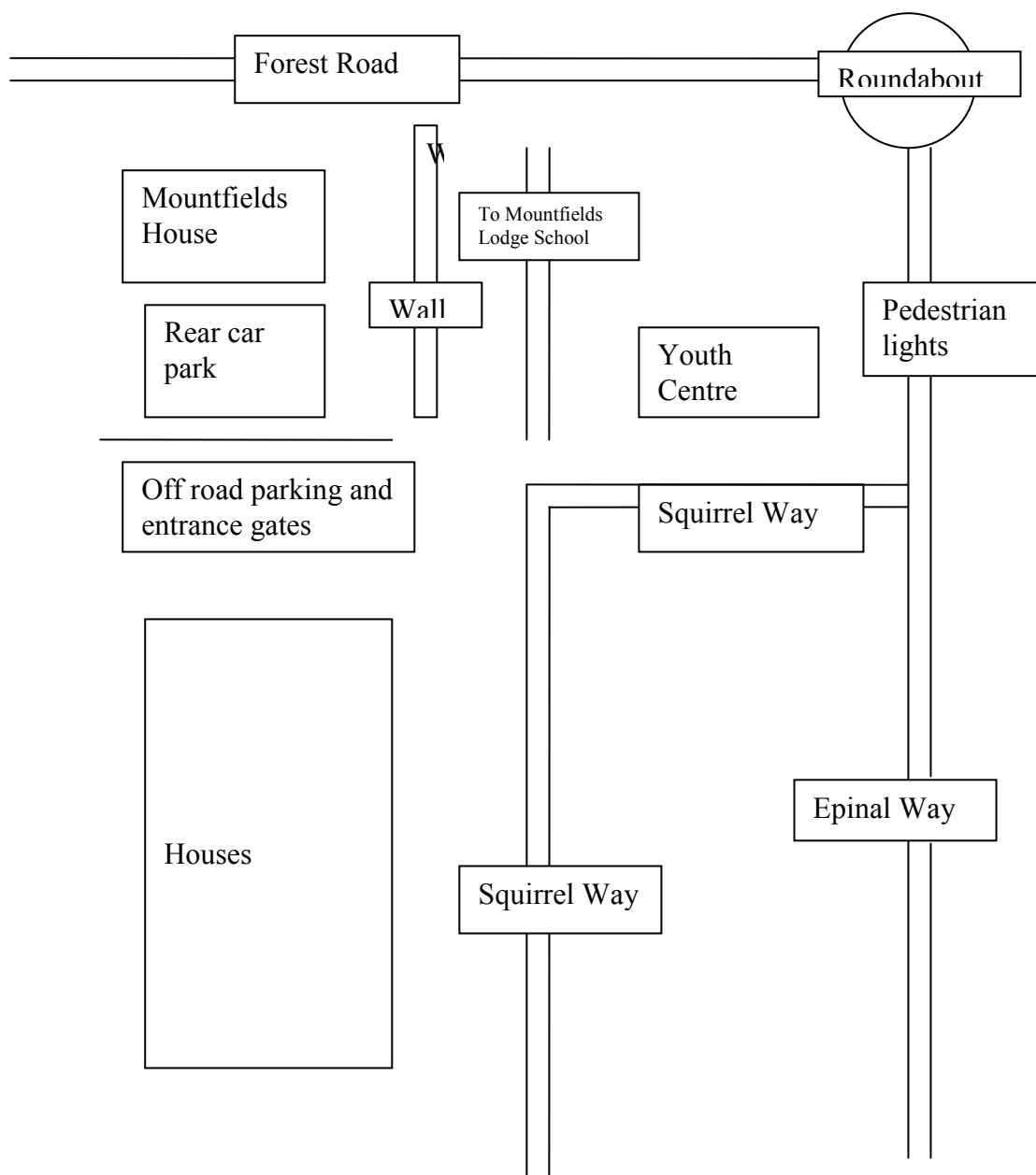
As you enter Loughborough with the Railway Station on your right and Magnet on your left, move into your left hand lane and go straight over the crossroads/traffic lights. Straight over the next set of traffic lights and turn left at the next set of traffic lights. Follow the road round and at the next set of traffic lights be in the middle lane of three to go straight over the traffic lights. Remain in the left hand lane, go through the pedestrian lights and at the fork in the road bear left. At the mini roundabout turn right. At the next big roundabout turn right (Epinal Way). Before you get to the next roundabout, Squirrel Way is on your left shortly after the sign for “Mountfields Conferencing”. After approx 50 yds, Squirrel Way bends round to the left and offset on your right you will see some ornate blue/green gates. This is the entrance to Mountfields House rear car park.

## From Leicester A6

From Leicester A6, at the roundabout on the edge of town (McDonalds takeaway on your right) take 2<sup>nd</sup> exit onto A6004 signposted Derby and M1. Go straight over the next roundabout (still heading towards Derby and M1 along Epinal Way) and shortly before the pedestrian traffic lights you should see a sign to "Mountfields Conferencing" to the left, then, turn left into Squirrel Way. After approx 50 yds, Squirrel Way bends round to the left and offset on your right you will see some ornate blue/green gates. This is the entrance to Mountfields House rear car park.

## Entry into Mountfields House

Once in Mountfields House Car Park please drive round the right hand side of the building where you will find a smaller car park. This is the main entrance. Enter the building through the big wooden doors where you will find the reception area.



NB There is no entry to Mountfields House car park from Forest Road or Mountfields Lodge School